

The Alumnae



The Alumnae



FEBRUARY, 1949

Alumnae Association, St. Luke's Hospital School of Nursing Officers and Members of Board of Directors

1949

		Term Expires
President -----	Mrs. Rosellyn K. Millis	1950
10 N. LaSalle St., Chicago 2	FR anklin 2-0700	
First-Vice-President -----	Miss Elizabeth W. Vickery	1949
1142 South Michigan Avenue, Chicago 5	HA rrison 7-8209	
Second Vice-President -----	Miss Marie Steinke	1950
1500 S. Indiana Avenue, Chicago 5	HA rrison 7-5040	
Treasurer -----	Mrs. Edna Travers	1950
812 E. 49th Street, Chicago 15	OA kland 4-5631	
Recording Secretary -----	Mrs. Rosemary Dace	1949
4643 Lake Park Avenue, Chicago 15	AT lantic 5-6411	
Corresponding Secretary -----	Mrs. Ruth Grant	1950
612 Patterson Avenue, Chicago 13	DI versey 8-8050	
Membership Committee Chairman -----	Miss Shirley Standsbury	1949
1020 Lake Shore Drive, Chicago 11	WH itehall 4-8600	
Relief Committee Chairman -----	Miss Maude Gooch	1950
1518 S. Michigan Avenue, Chicago 5	WE bster 9-3945	
Program Committee Chairman -----	Miss Sarah Zeeman	1950
1500 S. Indiana Avenue, Chicago 5	HA rrison 7-5040	
Nominating Committee Chairman -----	Miss Stella Konecko	1950
1500 S. Indiana Avenue, Chicago 5	HA rrison 7-5040	
Private Duty Committee Chairman -----	Miss Madge Boyington	1949
222 East Chestnut, Chicago 11	SU perior 7-7582	
Public Health Committee Chairman -----	Miss Hettie Gooch	1950
1518 S. Michigan Avenue, Chicago 5	WE bster 9-3945	
Industrial Committee Chairman -----	Mrs. Leone Vetren	1950
8242 S. Yates Avenue, Chicago 17	SA ginaw 1-9864	
Press and Publication Committee Chairman -----	Miss Stasy Mesec	1949
1142 S. Michigan Avenue, Chicago 5	HA rrison 7-8209	

MEMBERS AT LARGE

Miss Dorothy Armstrong -----	SU perior 7-4955	1949
1100 N. Dearborn Street, Chicago 10		
Miss Nora Gaulke -----	HA rrison 7-5040	1950
1500 S. Indiana Avenue, Chicago 5		

Alumnae Pledge



An Assurance of Loyalty

With understanding of and the belief in the
 aims and purposes of the Alumnae Association of
 St. Luke's Hospital School of Nursing, I do sol-
 emnly affirm, that I will endeavor, by my daily
 life and service, to honor always the profession of
 which I am a member.

THE ALUMNAE

Official Organ of

The Alumnae Ass'n. of St. Luke's Hospital School of Nursing, Chicago, Ill.

Volume 47

February, 1949

No. 1

Onward To New And Greater Goals

I wish to thank the Board Members who have served so diligently during this past and my last year as President of our Alumnae Association. All members have given me loyal support, and for this I am truly grateful. They have been more than cooperative in every manner.

The chairmen of Committees and their members have given long hours and faithful service for the betterment of the Alumnae Association.

My two years as president have gone by very quickly, and I am indeed grateful for the trust you placed in me.

As I step out of office to welcome our new president, I trust that every member of the Alumnae Association will give her her most loyal and untiring support.

Let us, as a group of professional women, lead the way to higher goals for the betterment of our Nursing Profession.

MYRTLE F. HULT
(Retiring President)

President's Message

When I see a newly elected president take office, I recall what one member stated at an annual meeting of the Illinois State Nurses' Association. "Anyone can be president but it takes a real person to be a program chairman."

This year's election was a one man campaign—but apparently no one else wanted the job, so I have it. I appreciate the confidence and honor the membership has shown me. It will be my endeavor to serve you to the best of my ability. With an active board such as we have and with the cooperation of the membership, the Alumnae Association should continue to be one of the most outstanding in Chicago. This year we have over 1000 members. Membership should continue to be one of our strong objectives. But after we get these members, we must keep them interested. We, as members, can promote good public relations by keeping every St. Luke's nurse we know informed of what our organization is doing and by urging them to participate in its activities.

This year as never before, we have a challenge before us. Beginning January 1, 1950, it will no longer be necessary for a registered nurse to belong to her Alumnae in order to join the District, State and National organizations. It is up to us to make every St. Luke's nurse want to belong to the Alumnae. Our pioneer nurses had many obstacles to hurdle; they succeeded—so can we. We must have projects and objectives that will keep the interest of our present members and make the new graduate want to become one of us.

Your suggestions and recommendations for the organization will be greatly appreciated by me, my fellow officers and those serving on the Board. We would also appreciate volunteers to serve on committees for the coming year.

May I take this opportunity to thank Mrs. Hult, our retiring president, and the retiring members of the Board for their guidance and untiring effort during the past year.

Rosellyn K. Millis, R.N.
President.

Don't forget about the ANNUAL ALUMNAE BANQUET to be held on May 21st, 1949, at the LaSalle Hotel, Chicago. More information regarding this event will be forthcoming, but do keep this date open!

From the Corridors of St. Luke's

The whirl and rush of the holidays has passed. We all have many pleasant memories, not only of the time that many of us spent with our families, but also of the happenings here at St. Luke's. Our staff party, although well ahead of Christmas, started most of us off on our way towards Holiday plans. We began with a hat-making contest, and now no one can say that nurses are not creative; no one, that is, who saw "The Garden of Eden," "the stove-pipe," and numerous others. The program committee had everyone roaring with their rendition of the "Nurses' Fashion Show." I would highly recommend that the people who did not attend the party contact someone that did for the full details. Our "Schweppe" with its usual decorations and beautiful tree, was kept constantly busy with Christmas parties for the entire season.

Miss Esther Ranney has taken an "Albany leave." What attracts you, Essie??

Miss Kathrine Beuchat, our former obstetrical supervisor, has left the staff. We have heard that she is just resting at home now.

Miss Eleanor Vander Meyde returned to Chicago because of family illness, but we are glad to say that she is back here with us.

Many of our staff had to visit M-13 during the holiday season. We are pleased to report that Virginia Baker, Frances Gedo and Virginia Tracy are all on the mend.

Mrs. Olive (Frost) Richardson has us all envious of the beautiful tan she acquired in Florida while on her honeymoon.

We understand that Miss Mary Shatzka is attempting to change her name. It seems that certain people call her "Shorty." She has tried in vain to convince us that it is not because of her stature but because her last name is too difficult.

Miss Annalee Hewitt has been proudly displaying a miniature bronchoscope which she has earned. Her attempts to find someone to practice on have been unsuccessful.

Miss Margaret Munro has been spending much of her off-duty time cleaning and planning an apartment. Guess why?

It has been reported that Mrs. Frances (Beto) McKinley is leaving the operating room here in February to make her home in Mississippi. We will all miss her.

Miss Donna White is back on the operating room staff here at St. Luke's. We are glad to see you back, Donna.

We are proud to learn that St. Luke's Hospital has been awarded a Certificate of Appreciation from the Surgeon General in acknowledgment of the Hospital's effort in the successful prosecution of World War II, thus reminding us of the wonderful record made by the St. Luke's Unit.

Dr. Claude N. Lambert was recently elected Secretary and Treasurer of the Clinical Orthopedic Society in Detroit. Dr. Howard Wakefield was elected Second Vice President of the American Therapeutic Society. Mr. Leo Lyons, Director of St. Luke's was recently made First Vice President of the American Protestant Hospital Association in Atlantic City.

Edna Groppe, former education director, has been in Mexico for the past six months. She is planning to spend four months cruising about Central America.

CORRECTION:

In the December issue of "The Alumnae", we stated that Miss Madge Boyington had been elected as second vice-president of the First District, Illinois S.N.A. Mary Bulman is in this office. Please excuse this error.

* * *

The editor wishes to make a correction of a statement which appeared in the December issue of "The Alumnae." This statement read as follows: "Miss Lawrie, class of 1896, enlisted as a nurse in the Spanish American War and served in Leiter Hospital in Chattanooga, Tennessee." The Leiter Hospital is located in Chicamaugua, Tennessee. Please accept this correction.

NEW CITIZENS—

Congratulations

Mr. and Mrs. John R. Briggs (Lois Steffens-1947-A) of Winthrop, Iowa, are the proud parents of a baby boy, Richard Dean, born on September 27th, 1948.

Mr. and Mrs. George Hodges III (Ardyce Quass-1947-A) are proud to announce the arrival of a baby boy. The Hodges are residing in Norfolk, Virginia.

A baby girl, Ellen Ann, was presented to Mr. and Mrs. Richard Huizenga (Eleanor Holmes-1941) at the St. Francis Hospital in Lynwood, California, on November 22nd, 1948.

A daughter, Helen Alice, was born to Mr. and Mrs. Harold Widmayer (Margaret Wallick-1935) of Hampshire, Illinois, at the Sherman Hospital in Elgin, Illinois, on November 14th, 1948. The Widmayers also have a nineteen-month old adopted son.

Mr. and Mrs. K. Dressler are the proud parents of a baby girl, Jeanne Ellen, born on June 12th, 1948. Mrs. Dressler is the former Carolyn Temple, class of 1947-A.

Baby girls were presented to Dr. and Mrs. Eugene Whitaker, Dr. and Mrs. Donald Freshwater, and Dr. and Mrs. Lowell Martin during October, 1948.

Mr. and Mrs. Fox (Phyllis Kendall-1946) announce the birth of a baby girl at St. Luke's Hospital on December 13th, 1948.

Mr. and Mrs. J. E. Seebold (Beverly Parsons-1944) are the proud parents of a baby girl presented to them at St. Luke's Hospital on November 20th, 1948.

Mr. and Mrs. Loy (Margaret Williamson-1946) announce the addition of a baby girl to their family. She arrived in August, 1948.

Mr. and Mrs. Moy (Frances Matis-1943) are the happy parents of a baby boy. Mrs. Moy would like to be remembered to all her classmates and St. Luke's Alumnae.

Mr. and Mrs. Robert Bernsten (Margaret Smith-1947-B) announce the birth of a baby girl born at St. Luke's Hospital on January 16th, 1949.

Mr. and Mrs. Kenneth Thornton (Wilma Evelsizer-1947-B) are happy to announce the arrival of a baby girl, Mary Lee, in November, 1948.

WEDDING BELLS

Miss Barbara Retzlaff (class of 1939) and Mr. Wilbur G. Senft were married in July, 1948. They are now residing in Pittsburgh, Pa.

Mr. and Mrs. Marion G. Hermance announce the marriage of their daughter, Marian Dennis (class of 1946) to Mr. E. George Hiscox on December 26, 1948 at Grace Episcopal Chapel, Chicago. Mr. and Mrs. Hiscox are now living in Chicago.

Mr. and Mrs. Henry A. Leimetz announce the recent marriage of their daughter, Grace Shirley (class of 1947-B) to Lt. Gordon Kenneth Valentine on November 20, 1948, in Honolulu, Hawaii.

Mr. and Mrs. C. A. Kunath announce the marriage of their daughter, Nancy Lee, class of 1947-A, to Mr. Marvin E. Nelson on December 31, 1948, at St. Michael and All Angels Church in Berwyn, Illinois.

Miss Mary E. Nunn was recently married in Italy. Miss Nunn was a member of the class of 1947-A.

Miss Eleanor Dro, class of 1940, and Mr. Earle Shore were married on January 2nd, 1949. They are now living in Clayton, Missouri.

Miss Jean Upchurch, class of 1948, and Mr. Raymond Douglas were married in Beardstown, Illinois, on January 29th, 1949. The reception was attended by many of the bride's classmates.

Miss Margaret Munro, class of 1945, and Mr. René Yerke were married on January 29th, 1949, in Chicago, Illinois. They will be residing in Chicago.

Miss Rita Hughes, class of 1945, and Mr. Herman Michaels exchanged marriage vows on January 29th, 1949, in Chicago, Illinois.

ENGAGEMENTS

Miss Shirley Stansbury, class of 1945, and Mr. Robert Thompson will be married in the near future.

Miss Virginia Tracy, class of 1945, and Mr. Victor Caleca have announced their engagement and will be married soon.

Engagement congratulations are in order for Miss Marian Krause (1943), who will be entering the married ranks very soon.

MARCH OF TIME

1895

Harriet Fulmer attended the Inauguration Ceremonies of Governor Stevenson in Springfield, Illinois.

May Draper spent a delightful summer in Bracebridge, Ontario, and she is now living in Toronto, Ontario.

Julia Dawson writes us from Toronto, Canada, and says she enjoys hearing of the many activities around St. Luke's. She hopes that she may be able to visit "the dear old Hospital again some day." Miss Dawson frequently sees and visits with Miss Christina MacLennan.

1896

Kathryn Gruber spent an enjoyable winter in Florida.

1905

Helen Badenoch Orr was a patient at St. Luke's in January.

1906

Ella M. Wood of Kewaskum, Wisconsin, writes to tell us that she has not been in active nursing since she left her night duties on M-13. We all here at St. Luke's remember you well, Miss Woods, as you watched over us in the Infirmary!

1907

Miss Margaret Burleson Robson is in England and enjoying the relief from the constant bombings during the war.

1908

Ann Weir is now comfortably settled in her own home in Santa Barbara, California.

Helen Jones Chambers recently enjoyed a lovely hunting trip and is living in Portland, Oregon.

1911

Pansy Bailey Gallagher sends her greetings for the New Year to all her classmates and friends.

1913

We received a lovely New Year's greeting from Ethel Eagen Hart, who is now living in Toronto, Canada. She writes that she heard from Fern Grubb, (Mrs. Dale C. Weir) who was recently in a motor accident and sustained many injuries. She is recuperat-

ing at 119 Portage Avenue, Three Rivers, Michigan, and would welcome any news.

1915

Attalee Buckingham of St. Louis attended the Winter Session at Teachers' College at Columbia University.

1917

Georgia Jinks Venable of North Manchester, Indiana, recently visited at St. Luke's.

1919

Margaret Wyne recently resigned from her position in charge of the outpatient department of the University of Texas, Medical School, at Galveston. Miss Wyne is now vacationing in Macomb, Illinois.

1921

Mr. and Mrs. Wm. Zinke (Ruth Sackett) enjoyed their annual outing in the Southwest. They spent their holidays taking a clipper from New Orleans to Guatemala and Yucatan.

1922

Ethelyn Peterson is now living in Mexico and is managing an antique shop.

1923

Verna Hancock is a supervisor with the Board of Health in Little Rock, Arkansas.

1925

Alice Philipson Presher is doing Public Health work in Hollywood, California.

Elveta Zimmerlin Hahn is on duty in the Salt Lake City County Hospital.

1928

Olive Frost married Mr. Henry Richardson on December 18, 1948. They spent two weeks at Fort Lauderdale, Florida.

Caroline Stewart is Director of Nurses at the Illinois Eye and Ear Infirmary at the University of Illinois, Chicago.

1929

Mabel Wirsching was married to Mr. W. Holderman in November. They are now residing in San Francisco.

1930

Gladys Zerbel is secretary to the manager of the Hollywood Bowl.

1931

Charlotte White returned to Chicago in November after spending four months in Peiping Union Medical College in China.

Madeleine Powell writes us that she recently had a very pleasant chat with her classmate, Ada Mueller Smith, reminiscing over many good times. She wishes St. Luke's family a very happy and prosperous New Year.

Mrs. Donald B. Knowles (Thelma Thomas) is Convention Co-Chairman of the Woman's Auxiliary to the Illinois State Medical Society which is being held at the LaSalle Hotel in Chicago on May 16th, 17th, 1949.

1933

Ruth McCoy Doggett and son of Ames, Iowa, were visitors at St. Luke's in December, 1948.

Elizabeth McCarthy Butterfield is enjoying a "white" winter in Los Angeles. She is kept very busy at The Cedars of Lebanon Hospital doing private duty.

1934

Phyllis Irvine Dunham is Social Service supervisor at the Mental Hygiene Clinic, Veterans' Administration in Madison, Wisconsin.

Tonnetta Lonning Martin is enjoying her work in Honolulu.

1935

Dr. and Mrs. John Wurster and two children of Pocatello, Idaho, visited St. Luke's enroute to Wisconsin for the holidays. Mrs. Wurster is the former Evelyn Lillge.

Evelyn Hahn Stokesburg and her daughter are now living in Pond Creek, Texas.

1937

Helen Border Hoolahan of Gooding, Idaho, visited St. Luke's in December.

Jennie Neidlinger Redford and three children now live in Fresno, California.

Bernice Neidlinger Wells was a patient in St. Luke's Hospital. The Wells are now living in Kokomo, Indiana.

1938

Lt. Mary E. Reed is stationed at the U. S. Naval Hospital in Corpus Christi, Texas.

Mr. and Mrs. Louis Harmeling (Nami Swem) of San Diego, California, were visitors in Chicago in December

1939

June Kurtz McKinzie was a patient in St. Luke's for a few days. She is, at present, living in Nevada, Iowa.

1940

Olive Fries is attending the Dower University and doing part-time supervisory work in the Psychiatric Department of the Colorado General Hospital.

Elizabeth A. Swanson is still with the Woman's American Foreign Mission Society in Chengtu, Szechwan, China. We received a very newsy letter from her recently depicting a very vivid picture of life in China. She is studying and observing the Chinese and their life in order to learn of their customs and habits, their desires and despairs. This past summer Miss Swanson took a trip to Peking and another to the mountains west of them. Next year she will be leaving Chengtu and will be working in Ipin training student nurses.

1942

F. Enbank is living in Sacramento, California.

Joyce Winkley is doing nursing in Clinton, Wisconsin.

Marian Oetjen is a patient on M-13 at St. Luke's Hospital and is improving.

1943

Charlotte File is on duty at Fitzsimmons Army Hospital in Denver, Colorado.

1945

Jeanne Disosway Guy visited here recently but has now returned to Associated, California.

Grace Wachter Schroeder spent a brief visit here while her husband was on a hunting trip. She has returned to Sturgeon Bay, Wisconsin.

Miss Betty Provancha has returned to Chicago and is visiting her parents. She recently returned from San Francisco, California.

Felecia Bartosek Dickens is on duty in the Polio Center Charity Hospital in New Orleans.

1946

June Piper Schamp is living in Perry, Iowa, and is the only graduate nurse in a thirty-five bed hospital.

Mildred Vernosh of Lena, Wisconsin, is attending the Marquette Medi-

cal College in Milwaukee, Wisconsin.

Jane Daube Norris is in Student Health Service at the Billings Hospital.

1947

Miss Marie N. Oling, Elwood, Illinois, was doing disaster nursing in North Carolina for the American Red Cross in polio. Now she plans to go to work in the Panama Canal Zone. At least she has her typhoid shots and a "plenty sore arm."

Miss Marilyn Osborne is working for the Santa Fe Railroad.

Mrs. Robert A. Thompson (Betty Lindberg) is doing Public Health nursing in Des Moines, Iowa, in the capacity of County Nurse.

Margaret Swanson has returned from an enjoyable stay in California.

Evelyn Rogers is back at St. Luke's doing private duty.

Ginger Rodgers is working in surgery at the Good Samaritan Hospital in Los Angeles, California.

Mrs. Clarence Webb (Maxine Mueller) is back in Chicago and doing office nursing for a pediatrician.

1948

Dorothy Perry is very happy working in V. A. in Dallas, Texas. She has been in Texas since November.

Betty Jo Williams left for Texas with the American Red Cross to serve in polio work. She will be nursing at the Hendricks Memorial Hospital in Abilene.

Welcome New Members of the Alumnae Association

Miss Elaine Koehler	1948A
Miss Frances Ligon	1948A
Mrs. Grace Vicha	1948A
Miss Esther Koets	1948A
Miss Ann O'Conner	1948A
Miss Amelia Malichuk	1947A
Miss Harriet Griffith	1946B
Miss Ruth Marlin	1915
Virginia Lee Postlewaite	1920
Mrs. Clair Bell Hipp Reid	1929
Lois Anne Buchanan	1948-B
Mrs. Wilma Wells Fogarty	1941-B
Verna E. Hancock	1923
Mrs. Dorothy Ladner	1940
Mrs. Ruth Rockey	1930
Mrs. Anna Lang	1947-B
Marian J. Smith	1925-A

Sterling Morton Clinic

On November 29th, 1948, the Sterling Morton Clinic was dedicated at a very impressive afternoon ceremony. Many members of the St. Luke's Hospital family were present at this dedication at which Mayor Martin H. Kennelly was the principal speaker. The invocation was offered by Reverend William T. Travis, Rector of Grace Episcopal Church and Chaplain of St. Luke's. Many new and expanded services will be offered to Chicago upon completion of the new building.

Mr. Sterling Morton and Mr. A. Watson Armour placed the cornerstone thus designating the new structure as the Morton Clinic.

In one inspiring part of his speech Mr. A. Watson Armour said: "St. Luke's Hospital, through its eighty-five years of service, has continually been in the forefront in providing medical care to those in need regardless of race, creed, color or financial ability to pay. . . ." Thus will the Morton Clinic assure the needed increased and enlarged service to the Chicago community.

THE COMMON COLD

Go hang yourself, you old M.D.!
 You shall no longer sneer at me.
 Pick up your hat and stethoscope,
 Go wash your mouth with laundry
 soap;
 I contemplate a joy exquisite
 In never paying you for your visit.
 I did not call you to be told
 My malady is a common cold . .

Ogden Nash

PLEASE SEND ALL
 CHANGES OF ADDRESSES
 TO:

MISS ROSEMARY SCOTT
 5455 SOUTH BLACKSTONE AVE.
 CHICAGO 15, ILLINOIS
 HELP US KEEP YOUR
 ADDRESS RIGHT !!!

Alumnae Association, St. Luke's Hospital School of Nursing

November, 1948

REVISIONS AND BY-LAWS COMMITTEE

Present By-Laws

Article III

Officers and Board of Directors

Section 1. The officers of this Association shall be: A President, a First Vice President, a Second Vice President, a Secretary, and a Treasurer.

Section 2. The officers and twelve directors shall constitute the Board of Directors. The Vice-Presidents and twelve directors shall act as chairmen of standing committees.

Section 3. All officers and directors shall present bills payable, incurred by their authority, to the Secretary before each meeting of the Board of Directors.

Section 6(a). The Secretary shall keep the minutes of the meetings of the Association and of the Board of Directors, and shall conduct the official correspondence.

Section 6(b). She shall notify all officers of their election, notify of appointment and instruct all committees, send notices of all meetings and countersign all papers as directed by the Board of Directors.

Section 6(c). The Secretary shall send to the Secretary of the First District, Illinois State Nurses' Association addressed to First District Headquarters, the names and addresses of all officers immediately upon their election and report to the First District Association as may be required by their Board of Directors.

Section 6 (d). She shall deliver to the President within two weeks after the annual meeting all Association property in her possession and take listed receipt therefore.

Proposed By-Laws

Article III

Officers and Board of Directors

Section 1. The officers of this Association shall be A President, a First Vice President, a Second Vice President, a Recording Secretary, a **Corresponding** Secretary and a Treasurer.

Section 2. The officers and **eleven** directors shall constitute the Board of Directors. The Vice-Presidents and **eight** directors shall act as chairmen of standing committees.

Section 3 (f). All officers and directors shall present bills payable, incurred by their authority, to the **Chairman of the Finance Committee** before each meeting of the Board of Directors.

Section 6(a). The **Recording Secretary** shall keep the minutes and conduct the official correspondence of the Association and of the Board of Directors.

Section 6 (b). She shall be responsible for the safe-keeping of the seal of the Alumnae Association and affix it when ordered by the Board of Directors to papers and documents. She shall sign with the President all official papers when ordered by the Board of Directors.

Section 6(c). **Delete.**

Section 6 (d). becomes Section 6 (c).

Section 7. Becomes Section 8.

Section 6 (c). She shall deliver to the President within two weeks after the annual meeting all Association property in her possession and take listed receipt therefor.

Section 7(a) (NEW). The Corresponding Secretary shall attend to the correspondence of the Alumnae Association. She shall notify all officers of their election or appointment. She shall be responsible for the sending of notices of all meetings of the Association and of the Board of Directors.

Section 7 (b). The Corresponding Secretary shall send to the Secretary of the First District, Illinois State Nurses's Association addressed to First District Headquarters, the names and addresses of all officers immediately upon election, and reports to the First District Association as may be required.

Section 8—Same as Section 7 in present By-Laws.

Article V

Section 3 (d) (NEW). A corresponding Secretary shall be elected in 1949 to serve one year. There after to be elected in the even number years for a term of two years.

In Memoriam

St. Luke's Alumnae Association extends heartfelt sympathy to the family and friends of Agnes Reich Freudenberg, class of 1921, who passed away on November 2nd, 1948, at the home of her sister in Madison, Wisconsin, following a long illness.

St. Luke's Alumnae Association extends deep sympathy to Marie Klein (1931) and Mrs. Ralph Stevens (Anna Klein-1920) in the recent death of their mother on December 17th, 1948, in St. Luke's Hospital.

It is with sincere regret that the St. Luke's Alumnae Association received news of the death of Miss Helen E. Fisher, Class of 1921, on November 22nd, 1948, at the Paradise Valley Hospital in National City, California, where she had been a patient for several weeks. Miss Fisher had spent most of her life in the eastern states after graduation, and for the past three years before her retirement she was in charge

of the infirmary at Bard College, Annandale-on-the-Hudson, New York. After her retirement, Miss Fisher was a resident of La Jolla, California. Funeral service and burial were held in Macomb, Illinois.

St. Luke's Alumnae Association extends deep sympathy to Mrs. Arlouine Price Spring, Class of 1923, in the recent death of her mother.

St. Luke's Alumnae Association extends heartfelt sympathy to Mrs. Hugo W. Wesin (Lavena Zipp-1909) in the recent death of her husband on December 31st, 1948, in Omaha, Nebraska. Mr. Wesin was the retired Vice President of The Cudahy Packing Company in Omaha.

St. Luke's Alumnae Association is deeply sorrowed by the recent sudden death of Dr. Louis Bothman of the St. Luke's Medical Staff, on January 19, 1949.

ANNUAL REPORTS, 1948

President's Annual Report

Meetings: From January 1, 1948, to November, 1948, there were seven regular meetings and nine meetings of the Board of Directors and one special meeting of the Board of Directors.

The Alumnae Banquet was held on May 22, 1948, in the Illinois Room of the LaSalle Hotel.

Membership: Total membership as of December 7, 1947-----1001
Active Members ----- 350
Associate and Non Resident--- 651

Programs: The programs during the past year included:

January 6, 1948—Mrs. Byron T. Wherry reviewed Sterling North's book, "So Dear To My Heart."

February 3, 1948—Student Choral Group presented a program.

March 2, 1948—Private duty committee arranged for a travelogue "Wings Over Latin America."

April 6, 1948—Public Health—Mrs. Schulze from the Health Department of the City of Chicago who spoke on venereal disease control, and Miss Peterson from the Visiting Nurses' Association who told how they cooperate in caring for outpatients.

October 5, 1948—Mr. Herbert De-Young, President, Chicago and Cook County Tuberculosis Institute, spoke on "The Nurse's Role as a Citizen in the Tuberculosis Control Movement." Two classes of student nurses attended the lecture.

Endowed Rooms: The Margaret Edith Johnstone Rooms have been occupied continuously by nurses and outside patients.

A complete new plaque be placed on Main 7 to read: "Margaret E. Johnstone Memorial Rooms Endowed by the Alumnae Association, St. Luke's Hospital School of Nursing."

Journal: Five copies of the Alumnae Journal were published.

Appointments:

Committee	Chairman
Scholarship and Loan -----	Mrs. Bonnie Versteeg
History of Nursing -----	Dorothy Armstrong
History of Nursing Publicity -----	Mrs. Rosellyn G. Millis
Historical Souvenir -----	May Collins
American Journal of Nursing -----	Stella Konecko
Student Nurse Recruitment -----	Elizabeth Vickery
Life Membership -----	Mary Everett

Special Committees: Through the untiring efforts of Mrs. Millis, copies of the History of St. Luke's Hospital School of Nursing are still being sold.

Addressograph: The Alumnae Association purchased an addressograph machine.

Revisions Committee: Revisions to the By-Laws:

Article IV—Section 7—The Publication and Press Committee shall have charge of the editing, printing and circulating of the Alumnae Journal.

Article VI—Section 2—Regular meetings of the Association shall be held on the first Tuesday of October, February, April and June, the time and place to be selected by the Board and due notice sent to members.

Article VI—Section 6—Quorums. Twenty members and two officers shall constitute a quorum for the transaction of business at any Annual Meeting of the Association.

Insignia: Permission was granted to Reverend Travis to have the Alumnae insignia placed on his vestment.

LEGAL ADVISOR: Winston, Strawn and Shaw, our legal advisors, completed the Alumnae Association Income Tax Report for the year, 1947. No charge was made for this service rendered.

Gift to Alumnae Association: Mr. and Mrs. Hunt presented the Alumnae Association with an Airgard Ventilator

which was installed in one of the En-
lowed Rooms.

Contribution from the Alumnae As- sociation:

\$300.00 contribution as a scholarship
for a student nurses' tuition for
three years at St. Luke's Hospital
School of Nursing.

\$106.72—this amount used to absorb
one-half of the cost of the survey
of occupations.

\$50.00 presented at Graduation as the
Harriet Fulmer Award.

\$200.00 was given to the First Dis-
trict for the Week of Free Care
for Naperville Nurses' Cottages.

Delegates to Convention: Miss Mesec
was the paid delegate to represent the
Alumnae Association at the Annual
Meeting held in Rockford, Illinois,
from October 6th to 9th, 1948.

Specific Aims of the Alumnae Associ- ation:

1. Increased membership.
2. Recruitment of students for our
School of Nursing.
3. Maintenance of a high standard
of nursing as is humanly possible.
4. That each new student class en-
tering nurses' training be invited to
attend a program meeting of the
Alumnae Association.

Myrtle F. Hult, R. N.

STATEMENT OF CASH RECEIPTS AND DISBURSEMENTS FOR THE YEAR ENDED OCTOBER 31, 1948 Treasurer's Account

BALANCE, OCTOBER 31, 1947		\$ 1,093.73
Receipts:		
Dues and reinstatements		5,674.03
		\$ 6,767.76
Disbursements:		
Dues — First District Illinois State Nurses Association	\$3,161.00	
Journals — Alumnae.....	550.13	
Sick benefits	200.00	
Week of free care fund	200.00	
Printing, stationery, supplies, etc.	182.85	
Postage	120.75	
Educational program expense	105.01	
Alumnae banquet expense	\$493.20	
Less: Receipts from banquet	117.00	
		376.20
Convention expense	43.10	
Scholarship award	50.00	
Audit fee	30.00	
Survey of St. Luke's graduates	106.72	
Mary K. Hopkins — loan	50.00	
Addressograph machine purchased	361.35	
Hospital expense paid for nurse	140.50	
Addressograph — new plates and filing	44.19	
Bank charges	26.97	
Safety deposit box rental	6.00	
Surety bond	5.00	
Typing membership list	20.00	
Miscellaneous	48.07	
		5,827.84
BALANCE, OCTOBER 31, 1948		\$ 939.92

Savings Account — Custodian Account

BALANCE, OCTOBER 31, 1947		\$ 6,772.20
Receipts		
Pledges to endowed room fund	\$ 853.00	
Interest on bank balances	91.24	
Income from investments —		
Canadian National Railway	\$ 50.00	
New York Central Railroad Company	50.00	
New York, New Haven and Hartford		
Railroad Company	48.07	
United States War bonds	375.00	
Mortgage and Real Estate Corporation ...	5.76	
		528.83
Principal payments —		
Chicago City Railway Company	\$700.00	
New York, New Haven and Hartford		
Railroad Company	835.50	
Mortgage and Real Estate Corporation ..	282.22	
		1,817.72
Sale of History of Nursing	58.75	
Donations to endowed room	70.00	
		3,419.54
		\$10,191.74
Disbursements:		
Committee fee	\$ 20.00	
Miscellaneous	2.31	
		22.31
BALANCE, OCTOBER 31, 1948		\$10,169.43
The above balance is made up as follows:		
On deposit at Continental Illinois National		
Bank and Trust Company of Chicago —		
Savings account No. 195964		\$10,169.43

List of Securities — October 31, 1948

	Par value
HELD BY CONTINENTAL ILLINOIS NATIONAL BANK AND TRUST COMPANY, AS CUSTODIAN:	
Chicago City Company, first mortgage gold bond, certificate of deposit, 5%, dated July 1, 1907, due February 1, 1927, 85% paid	\$ 150.00
New York Central Railroad Company, refunding and improvement mortgage, series "C", 5%, dated October 21, 1921, due October 21, 2013	1,000.00
	\$ 1,150.00
THE FOLLOWING SECURITIES ARE HELD IN SAFETY DEPOSIT BOX:	
United States Savings bonds, series "G", numbers M541212G, M541213G, M41214G, M541215G, M541216G, \$1,000 each, due March 1954	5,000.00
United States Savings bonds, series "G", numbers M2283598G, M2283599G, M2283600G, M2283601G, M2283602G, \$1,000 each, due January 1956	5,000.00
	\$11,150.00

Securities Held for Account of Endowed Room

October 31, 1948

Par value

HELD BY CONTINENTAL ILLINOIS NATIONAL BANK AND TRUST COMPANY, OF CHICAGO:

Cleveland Realty Corporation, 30 shares of capital stock, no par value, received in exchange for Foreman Trust and Savings Bank, as Trustee, first mortgage participating	\$3,000.00	
Less: Liquidating dividends, 1938-41	990.00	
	<u> </u>	\$ 2,010.00
Canadian National Railway Company, guaranteed Gold bond, 5%, dated October 1, 1929, due October 1969		1,000.00

HELD IN SAFETY DEPOSIT BOX:

United States Savings bonds, series "G", numbers M5135524G, M5135525G, \$1,000 each, due November 1, 1958		2,000.00
United States Savings bonds, series "G", numbers M3875130G, M3875131G, M3875132G, \$1,000 each, due July 1957		\$ 3,000.00
	<u> </u>	\$ 8,010.00

Finance Committee

Proposed Budget for 1948

Possible revenue for year:

900 x \$2.50	2250.00	
300 x \$9.00	2700.00	
	<u> </u>	
	4950.00 (dues)	
	2700.00 (First District, I.S.N.A.)	
Actual revenue for year:		
Dues	\$5497.00	
	3069.00 First District, I.S.N.A.)	
	<u> </u>	
	\$2428.00	

Budget Item	Proposed	Actual Expenditures
Officers expense	\$ 100.00	\$ 65.04
Finance committee	2.00	<u> </u>
Revisions and By-laws committee	10.00	<u> </u>
Membership committee	10.00	<u> </u>
Relief committee	2.00	3.54
Program committee	500.00	461.22
Nominating committee	2.00	<u> </u>
Private Duty committee	2.00	<u> </u>
Public Health committee	2.00	<u> </u>
Industrial committee	2.00	<u> </u>
Press and Publications committee	1000.00	737.77
	(addressograph machine)	361.35
Auditor	30.00	30.00
St. Luke's Alumnae	50.00	50.00
Association Award		
Safety Deposit Box	6.00	6.00
Week of Free Care Fund	200.00	200.00
General Survey of St. Luke's Graduates	75.00	106.72

Department of Registration and Education ...	1.00	1.00
Miscellaneous	100.00	36.97
Historical Souvenir committee	2.00	_____
History of Nursing committee	2.00	_____
Scholarship and Loan committee	2.00	_____
Student Recruitment committee	2.00	_____
Biennial delegate	25.00	_____
State Convention delegate	50.00	19.00
American Journal of Nursing committee	2.00	_____
	\$2179.00	\$2078.63
	Respectfully submitted, Ann Lucille Laird, Chairman	

Program Committee

Eight meetings of the St. Luke's Alumnae Association were held during the past year; namely:

November 3, 1947—Mrs. Carrie Belle MacNeil of Presbyterian Hospital spoke on the "Structure Study." The program was arranged by Eve Mor-kill, chairman of the Industrial Nurses' Committee. A social hour followed.

December 2, 1947—A social hour followed the annual meeting.

January 6, 1948—Mrs. Byron Wherry reviewed Sterling North's current best seller "So Dear to My Heart". A social hour followed.

February 3, 1948—The Student Choral Group, under the direction of Mr. Harry Walsh, gave a musical program. A social hour followed.

March 2, 1948—This program was arranged by Miss Madge Boyington, chairman of the Private Duty Section. A movie travelogue entitled "Wings Over Latin America" was shown. A social hour followed.

April 6, 1948—This program was arranged by Miss Hettie Gooch, chairman of the Public Health Committee. Mrs. Schulze, public health nurse, spoke on venereal disease control and Mrs. Peterson spoke on the cooperation of the Visiting Nurses' Association with the out-patient department of the hospital. A social hour followed.

September 7, 1948—A social hour followed our regular business meeting.

October 5, 1948—This program was arranged by Miss Hettie Gooch, chairman of the Public Health Committee. Mr. Herbert DeYoung, chairman of the Tuberculosis Institute of Cook County, spoke on "The Nurse's Role as a Citizen in the Control of Tuber-

culosis." A social hour followed.

Respectfully submitted,
Leone Brandt Vetren,
Chairman

Revisions and By-Laws Committee

The Revisions and By-Laws Committee, Alumnae Association, St. Luke's Hospital School of Nursing, held two meetings during the year 1948.

The following proposed revisions were submitted to the Alumnae Association and accepted:

Article IV

Standing Committees

Section 7.—The Publication and Press Committee shall have charge of the Editing, Printing and Circulation of the Alumnae Journal.

Article VI

Meetings

Section 2.—Regular meetings of the Association shall be held on the first Tuesday of October, February, April and June; the time and place to be selected by the Board and due notice sent to members.

Section 6.—Twenty members and two officers shall constitute a quorum for the transaction of business at any annual meeting of the Association.

The Revisions Committee was requested to submit changes in our present By-Laws providing for another officer on the Board—a Corresponding Secretary. These proposed revisions have been approved by the Board of Directors and will be submitted to the Alumnae Association for their approval as soon as they have been accepted by First District, Illinois State Nurses' Association.

Respectfully submitted:

Mrs. Rosellyn Millis,
Chairman

Public Health Nursing Committee

This committee sponsored the April meeting of the Alumnae Association as the national observance of Public Health Nursing fell in this month. Mrs. Petersen of the Visiting Nurses' Association told us of her work in connection with St. Luke's Hospital and clinic. She was introduced as the "Dream Child" of our own Miss Fulmer who, as Director of the Visiting Nurse Association, 30 years before had envisaged this service to hospitals and clinics through which the Visiting Nurse Association gives home nursing care to hospital and clinic patients.

Mrs. Schulze, a member of the Cook County Public Health Department, a member of our Alumnae Association and mother of one of our St. Luke's student nurses, gave a most interesting account of her work in the Venereal Disease field.

The Press and Publications Committee very generously gave us room in the April bulletin to set forth the work of our graduates in the Public Health field. Eighty nurses were contacted and excerpts from their replies in regard to their work were published. The names of these nurses and the names of the states in which they were working were published and one was impressed by the wide distribution of our graduates in this public health field.

Miss Emily Cardew, Educational Director, provided a timely article on the Integration of Public Health Nursing in the School Curriculum; and one of the student nurses wrote an article regarding her experience in the Visiting Nurse Association.

As this Committee had the opportunity of securing Mr. DeYoung, President of the Chicago and Cook County Tuberculosis Association, as a speaker in October, the Program Committee kindly allowed us to sponsor the October meeting. This chairman was not able to be present, but she heard many enthusiastic comments from members and also from the students who attended this meeting.

This committee knows it has not attained all the objectives it has so hopefully set up for itself, but it will endeavor to keep the Alumnae Asso-

ciation informed regarding the trends in Public Health Nursing and stress the great need for qualified public health nurses.

Respectfully submitted,

Hettie Gooch,
chairman

Industrial Nurses Committee

The regular alumnae meeting usually sponsored by the Industrial Nurses' Committee was omitted this year due to the reduced number of meetings. It has been proposed to hold this meeting early in 1949.

The number of St. Luke's Alumnae members now engaged in industrial nursing is 57.

St. Luke's graduates are becoming increasingly active in the affairs of the Industrial Nurses' Section of First District. The second vice chairman and three chairmen of committees are all St. Luke's graduates with four others serving on committees for the coming year.

Respectfully submitted,

Eve Morkill,
Chairman

Relief Committee

During the year of 1948 the Margaret E. Johnstone Memorial Rooms were used by 58 nurses. The total number of hospital days used was 541.

Sick Benefit of \$50.00 each was given to four nurses and one \$50.00 loan to one nurse.

The following nurses were lost by death during 1948:

Mrs. R. M. Burdon Kearby, Class 1913

Miss Jane Barclay, Class 1913

Miss Caryl Tagge, Class 1947

Miss Elizabeth Bush, Class 1891

Miss Martha Smart, Class 1902

Miss Jessie Lawrie, Class 1896

Miss Grace Middlemiss, Class 1910

Mis Edna Murry, Class 1915

Miss Mabel Thest Carpenter

Respectfully submitted:

Marie Steinke,
Chairman

Nominating Committee

The Nominating Committee presented the following ballot for 1948:

President:

Mrs. Rosellyn K. Millis '31

Second Vice-President:

Miss Marie Steinke '37

Treasurer: Mrs. Edna Travers '26

Nominating Committee:

Miss Stella Konecko '41

Miss Virginia Tracy '46

Industrial Committee:

Mrs. Leone Vetren '39

Relief Committee:

Miss Maude Gooch '06

Miss Virginia Traas '45

Program Committee:

Miss Sally Zeeman '45

Miss Margaret Munro '46

Members at Large:

Mrs. Myrtle Hult '31

Miss Mary Montgomery '47

Respectfully submitted,

Sally Zeeman,
chairman

Secretary's Report

During the year, 1948, the secretary has kept the minutes of seven regular meetings, ten meetings of the Board of Directors and one special meeting of the board. Vouchers were made out for the payment of all bills and letters were written as directed by the Board of Directors. Announcements were sent to all Chicago and suburban members for all regular meetings.

Rosemary Dace,
Secretary

Sale of History of St. Luke's Hospital School of Nursing Books

Since our last annual meeting:

22—Regular editions have been sold

1—Deluxe edition has been sold

Total sale of books to date:

735—regular editions — \$2,011.37

98—Deluxe editions — 512.75

\$2,524.12

Total number of books yet to sell:

1233 regular editions

7 Deluxe editions

Respectfully submitted,

Rosellyn K. Millis,
chairman

Scholarship and Loan Committee

The committee met on November 9, 1948, at the home of the chairman. There have not been any applications for loans this past year.

The committee would like to leave a suggestion to the incoming committee. The suggestion: That a portion of the funds be withdrawn from the Scholarship and Loan account and invested or used in whatever way the committee feels advisable.

Respectfully submitted,

Mrs. Bonnie Versteeg,
chairman

Press and Publication Committee

There have been five issues of "The Alumnae Journal" published during the year of 1948; namely, February, April, June, October and December. We have had 1,000 copies of the February, April, June, and October issues printed and 1100 copies of the December issue published due to the increase in membership.

Respectfully submitted,

Stasy Mesec,
Chairman

Membership Committee

One hundred and sixteen nurses joined the Alumnae Association in the year 1948.

Active 61

Non-resident 30

Associate 0

Active-re-instated 8

Non-resident re-instated 14

Associate re-instated 3

Respectfully submitted:

Shirley Stansbury,
Chairman

History of Nursing Committee

There were no meetings of the History of Nursing Committee this past year.

Respectfully submitted,

Dorothy Armstrong,
chairman

CHAIRMEN AND COMMITTEE MEMBERS

Alumnae Association, St. Luke's Hospital School of Nursing

1949

REVISIONS COMMITTEE

Miss Elizabeth W. Vickery, Chairman
Miss Dorothy Armstrong
Miss Mary Everett
Miss Nancy Allen

FINANCE COMMITTEE

Miss Marie Steinke, Chairman
Mrs. Edna Travers
Miss Stella Konecko

NOMINATING COMMITTEE

Miss Stella Konecko, Chairman
Miss Virginia Tracy
Mrs. Ahlene Groves Salomon

MEMBERSHIP COMMITTEE

Miss Shirley Stansbury, Chairman
Miss Elizabeth Prest
Miss Nora Gaulke

PROGRAM COMMITTEE

Miss Sarah Zeeman, Chairman
Mrs. Rita Ashton
Miss Rosemary Scott
Miss Nora Gaulke

PRESS AND PUBLICATION COMMITTEE

Miss Stasy Mesec, Chairman
Miss Virginia Traas
Miss Marjorie Johnson
Miss Doris Molbo
Mrs. Laura Fitzmorris

RELIEF COMMITTEE

Miss Maude Gooch, Chairman
Miss Virginia Traas
Miss Marie Steinke

PRIVATE DUTY COMMITTEE

Miss Madge Boyington, Chairman
Miss Edith Gustafson
Mrs. Roma Singer

PUBLIC HEALTH COMMITTEE

Miss Hettie Gooch, Chairman
Miss Harriet Fulmer
Mrs. Hilda Schulze

INDUSTRIAL COMMITTEE

Mrs. Leone Vetren, Chairman
Miss Eve Morkill
Miss Dorothy Armstrong
Miss Erminna Gwozdz

STANDING COMMITTEES—CHAIRMEN AND MEMBERS

SCHOLARSHIP AND LOAN COMMITTEE

Miss Dorothy Armstrong, Chairman
Mrs. Bonnie Versteeg
Miss Alice Sanderson

HISTORY OF NURSING COMMITTEE

Miss Dorothy Armstrong, Chairman
Miss Ellen Stewart
Miss Isabel Seblom
Miss Eve Morkill

HISTORY OF NURSING PUBLICITY COMMITTEE*

Miss Doris Rae, Chairman
Miss Stella Konecko

ADDRESSOGRAPH COMMITTEE

Miss Elizabeth Vickery, Chairman
Miss Sarah Zeeman
Miss Rosemary Scott
Miss Virginia Tracy

HISTORICAL SOUVENIR COMMITTEE*

Miss Harriet Fulmer, Chairman

AMERICAN JOURNAL OF NURSING COMMITTEE

Miss Stella Konecko, Chairman
Miss Doris Rae
Miss Phoebe Penn

STUDENT NURSE RECRUITMENT COMMITTEE

Miss Elizabeth Vickery, Chairman
Miss Virginia Tracy
Miss Stasy Mesec

LIFE MEMBERSHIP COMMITTEE

Miss Mary Everett, Chairman
Miss Alice Sanderson
Miss Julia Gabel
Mrs. Bonnie Versteeg
Mrs. Ruth McCarthy
Mrs. Edna Travers
Miss Elizabeth Vickery

*List of committee members is incomplete

of St. Luke's Hospital School
of Nursing
Box 349
Evanston, Illinois

Entered as Second Class Matter at
the Post Office at Evanston, Illinois

The Alumnae



APRIL, 1949

Alumnae Association, St. Luke's Hospital School of Nursing Officers and Members of Board of Directors

1949

		Term Expires
President -----	Mrs. Rosellyn K. Millis	1950
10 N. LaSalle St., Chicago 2	FR anklin 2-0700	
First-Vice-President -----	Miss Elizabeth W. Vickery	1949
1142 South Michigan Avenue, Chicago 5	HA rrison 7-8209	
Second Vice-President -----	Miss Marie Steinke	1950
1500 S. Indiana Avenue, Chicago 5	HA rrison 7-5040	
Treasurer -----	Mrs. Edna Travers	1950
812 E. 49th Street, Chicago 15	OA kland 4-5631	
Recording Secretary -----	Mrs. Rosemary Dace	1949
4643 Lake Park Avenue, Chicago 15	AT lantic 5-6411	
Corresponding Secretary -----	Mrs. Ruth Grant	1950
612 Patterson Avenue, Chicago 13	DI versey 8-8050	
Membership Committee Chairman -----	Miss Shirley Standsbury	1949
1020 Lake Shore Drive, Chicago 11	WH itehall 4-8600	
Relief Committee Chairman -----	Miss Maude Gooch	1950
1518 S. Michigan Avenue, Chicago 5	WE bster 9-3945	
Program Committee Chairman -----	Miss Sarah Zeeman	1950
1500 S. Indiana Avenue, Chicago 5	HA rrison 7-5040	
Nominating Committee Chairman -----	Miss Stella Konecko	1950
1500 S. Indiana Avenue, Chicago 5	HA rrison 7-5040	
Private Duty Committee Chairman -----	Miss Madge Boyington	1949
222 East Chestnut, Chicago 11	SU perior 7-7582	
Public Health Committee Chairman -----	Miss Hettie Gooch	1950
1518 S. Michigan Avenue, Chicago 5	WE bster 9-3945	
Industrial Committee Chairman -----	Mrs. Leone Vetren	1950
8242 S. Yates Avenue, Chicago 17	SA ginaw 1-9864	
Press and Publication Committee Chairman -----	Miss Stasy Mesec	1949
1142 S. Michigan Avenue, Chicago 5	HA rrison 7-8209	

MEMBERS AT LARGE

Miss Dorothy Armstrong -----	SU perior 7-4955	1949
1100 N. Dearborn Street, Chicago 10		
Miss Nora Gaulke -----	HA rrison 7-5040	1950
1500 S. Indiana Avenue, Chicago 5		
Miss Josephine Gilbert -----	HA rrison 7-5040	1950
1500 S. Indiana Avenue, Chicago 5		

Alumnae Pledge



An Assurance of Loyalty

With understanding of and the belief in the aims and purposes of the Alumnae Association of St. Luke's Hospital School of Nursing, I do solemnly affirm, that I will endeavor, by my daily life and service, to honor always the profession of which I am a member.

THE ALUMNAE

Official Organ of

the Alumnae Ass'n. of St. Luke's Hospital School of Nursing, Chicago, Ill.

Volume 47

April, 1949

No. 2

To The Graduating Class of 1949

The completion of three years of nursing education at St. Luke's Hospital School of Nursing opens doors to you, the graduate nurse, to new horizons and new fields of specialization, demands a manifestation of re-devoted service and skill and requires all-important decisions influencing you and your future in the nursing profession.

Whatever your decision, nursing education, industrial, institutional, private duty or public health nursing, may you experience success in your chosen field and the personal satisfaction derived from service willingly given.

Congratulations to you, new St. Luke's graduates—Class of 1949!! We welcome you to the St. Luke's Alumnae Association.

Entered as second class matter June 17, 1941 at the post office at Evanston, Illinois, under the Act of March 3, 1879. Issued five times a year in February, April, June, October and December, at 1033-35 University Pl., Evanston, Illinois. Subscription price 50 cents a year, or included in the annual dues to members.

Education As A Field In Nursing

Nursing and teaching have long been recognized as the two vocations for which women are well suited, and the opportunity to combine these two professions in the teaching of nursing, offers a career which affords deep and lasting satisfaction.

The field of teaching in nursing covers such a wide range of activities that almost any interest can be satisfied. Nurses are teaching at the bedside or in the classroom and laboratory. Nurses are teaching biological, physical, and social sciences. Nurses are teaching the arts and sciences of clinical nursing. But first and primarily they are not teaching **courses** but **students**, and student nurses present an educational stimulation for which we are envied by many workers in general education. The student nurse, by reason of high motivation and interest, is usually a constant source of inspiration to those interested in the guidance of her development to full professional maturity.

For this reason, teaching in nursing should never be thought of as an escape from the realities of nursing. Students are quick to sense the ivory tower surrounding the instructor whose primary interest is not in helping them to solve the practical and vital problems encountered in their daily clinical practice, and much of their motivation is lost.

Therefore, the first and prime essential is that the teacher of nursing be a good nurse, and love **nursing**. Increasing emphasis is being placed upon a rich background of nursing experi-

ence, regardless of the subjects to be taught. This means that the development of teachers in nursing is not a rapid one, but that the preparation for a career in nursing education must be carefully planned and built.

The teacher in any field must have a keen intellectual curiosity, constantly searching out new material, methods and approaches. Her interest in people must be as great, or greater, than her interest in content.

The opportunities in nursing education are expanding. It is estimated that about 25 per cent of each year's graduates should be preparing for teaching, if even currently determined needs are to be met. To meet these needs more universities are offering programs of advanced education to graduate nurses, so that the possibilities of combining professional experience with academic programs are becoming more available. An increasing number of scholarships for interested and capable candidates are being offered.

The interest, enthusiasm and happiness of those engaged in teaching is the best testimony of its satisfactions. In spite of the many demands placed upon the time, energy, and ingenuity of the women engaged in the teaching of nursing, the response is almost universally, "I just can't imagine not teaching."

Emily C. Cardew,
Assistant Director
In Charge of Education

Today's Nursing Opportunities

"The opportunities for nursing in the next decade transcend anything we have ever known. The extent to which they are realized will depend, in large measure, on the nursing profession itself."

Today, more than ever before, there are almost limitless opportunities in the field of nursing open to qualified members of the profession. The choice of the correct position is important to assure the genuine interest in and liking for the job, which is so necessary for success. A job should provide a challenge, new responsibilities, new opportunities for learning, and yet not be

so difficult that the individual, at her present level of experience, is unable to achieve satisfaction by making a positive contribution. A very brief discussion of a few of the possibilities open to graduate nurses follows:

Hospital Nursing—This may mean general duty in a medical or surgical department or in one of the clinical specialties such as psychiatry, orthopedics, obstetrics, pediatrics, or in the operating room. It is an ideal way for a young graduate to develop skill and confidence and gives her a valuable opportunity to enrich her patient contacts and time to

master the many details of superior bedside nursing which she may have missed during her student experience.

Out-Patient Departments and Clinics

—There are openings with infant welfare departments, maternity centers, venereal disease clinics, rapid treatment centers, and in the out-patient departments of many large hospitals. Usually a background in public health nursing is of great value to those interested in this type of nursing.

Public Health Nursing—Most people think of the Visiting Nurses' Association when public health nursing is discussed. There are also opportunities in city, county, and state health departments, as well as with the United States Public Health Service.

Hotels—Most large hotels employ nurses to call on guests who become ill.

Department Stores—A knowledge of first aid and the ability to get along with people under various types of conditions are necessary prerequisites for nurses interested in this type of work.

Schools, Camps and Colleges—The nurse in this type of position always works with a doctor and often is in charge of a small infirmary for sick students. A student who becomes seriously ill is generally sent to a hospital or sent home.

Missionary Nursing—This type of nursing offers the opportunity to travel to interesting places, see new things, and meet many kinds of people.

Doctors' Offices—This type of position often combines secretarial duties as well as nursing responsibilities. The nurse is expected to help with correspondence, prepare papers and reports, order supplies, make appointments, meet patients, and is often required to do simple laboratory techniques.

Steamship or Airline—Nurses in these positions must be able to meet people easily, remain calm in emergencies, and be tactful under difficult situations.

American Red Cross—There are opportunities for volunteers in disaster relief nursing as well as for full-

time employees for teaching and headquarter work.

Frontier Nursing Service—Nurse-midwives are given a six-months program of study and practice before they begin their service. This is an interesting aspect of maternity nursing, and there is a great need for qualified people in this field.

Army or Navy—The Armed Services are asking for nurses at the present time and offer interesting programs of study and great opportunities for advancement.

Indian Service, Alaskan Service, Panama Canal Service—These services are under the Department of the Interior, and nurses are under Civil Service commissions. Experience in the field and courses in public health nursing are usually required.

Children's Bureau—Nurses are employed as consultants by the Department of Labor for this bureau.

Rockefeller Foundation—Well-qualified nurses are employed to carry out research in this country and abroad.

Nursing Administration and Nursing Education—This field has a broad scope and encompasses positions in any number of the fields listed above. A rich background of nursing experience is necessary before positions in administration or education can be fulfilled.

Nursing Organizations—The ANA, NOPHN, NLNE, State and District organization all employ full or part-time professional people for headquarter work.

For an excellent discussion of nursing opportunities with information about employment conditions, qualifications, salaries, etc. see **Careers for Nurses** by Dorothy Deming, published by McGraw-Hill Book Co., Inc.

Capping

On February 11, 1949, capping services were held for the class of 1951-B in Grace Chapel. The St. Luke's Alumnae Association wishes to offer their congratulations to the 1951-B class as they mark their step on the ladder of many achievements to follow in their climb to professional success.

ENGAGEMENTS

Miss Velma Niel, class of 1947, is planning to be married in June, 1949.

* * *

Miss Margaret Greenman, class of 1947, is making tentative plans for a May wedding.

* * *

Congratulations are in order for the following members of the 1947-B class on their recent announcements of marriage: Evelyn Rogers, Betty Schulraff, Lois Matz, Katherine Hollister, Laura Rood.

WEDDING BELLS

Miss Pat Anderson (class of 1947) and Lt. Curtis H. Keeler were married on January 5th, 1949. They are now residing in Biloxi, Mississippi.

* * *

Miss Nancy Kunath (class of 1947) and Mr. Marvin E. Nelson exchanged marriage vows on December 31st, 1948.

* * *

Miss Marian Rae Bollman was married on February 12th, 1949, in Corcoran, California.

* * *

Mr. and Mrs. Scoby Hengen King announce the recent marriage of their daughter, Barbara Ann Wilson (graduating class of 1949) to Dr. Joseph Francis Schoofs on February 28th, 1949, at St. Paul's Catholic Church in Fairmont, Minnesota.

* * *

Miss Phyllis Rand (class of 1948) and Mr. William Charlesworth were married on November 30th, 1948.

NEW CITIZENS— Congratulations

Mr. and Mrs. B. Haddad (Jean Hughes—1947) are the proud parents of a baby girl, Elaine Carol, born to them on January 20th, 1949, in Alaska.

Dr. and Mrs. William S. Jones are the happy parents of a son, William S. Jones III, who arrived on January 23rd, 1949, at the University Hospital, Iowa City, Iowa. Mrs. Jones is the former Rebecca Stimson, class of 1945, and Dr. Jones interned at St. Luke's Hospital in 1944.

* * *

George E. Bull III was born to Mr. and Mrs. George E. Bull (Edith Herbert—1946) on February 25th, 1949, at St. Luke's Hospital.

* * *

Mr. and Mrs. Johnson (Nancy McKesson—1946) are happy to announce the arrival of a baby boy at St. Luke's Hospital on March 8th, 1949.

* * *

A baby girl was presented to Mr. and Mrs. Adam Snow (Dorothy Ackerman—1939) at St. Luke's Hospital on January 20th, 1949.

* * *

Mrs. and Mrs. H. C. Dibble are the proud parents of a baby boy presented to them at St. Luke's Hospital on January 25th, 1949. Mrs. Dibble is the former Evelyn Ruth McHatton of the class of 1943.

* * *

Mr. and Mrs. F. L. Sullivan are proud to announce the birth of a baby girl, Mary Madge, on January 3rd, 1949. Mrs. Sullivan is the former Magdalene Heinl, class of 1929.

* * *

Mr. and Mrs. Gene Baker (Ann Stump—1943) are the happy parents of a baby boy born to them on Christmas day.

* * *

A new baby daughter, Marian, was born to Mr. and Mrs. John D. Speich (Katherine Perman—1946) on December 29th, 1948.

PLEASE SEND ALL CHANGES OF ADDRESSES TO: :

Miss Rosemary Scott
5455 South Blackstone Avenue
Chicago 15, Illinois

HELP US KEEP YOUR ADDRESS RIGHT!!!!

MARCH OF TIME

1895

St. Luke's Hospital School of Nursing and the Alumnae Association wish to express their appreciation to Miss Lillian Rein for the beautiful stole she embroidered for Father Travis. This lovely stole is a truly great symbol of Miss Rein's interest, love and thought in our school.

1898

Miss Ellen Stewart and her sister are spending the winter in California.

1906

Mary R. Boak writes to tell us that her daughter, Eleanor, is now teaching Junior High School in LaCrosse, Wisconsin. Mrs. Boak spent a very enjoyable time over the holidays with her daughter, son, daughter-in-law and grandchildren.

1911

Ann Manuel Benson is enjoying living in Lemon Grove, California.

Bertha Vining has returned to Chicago, having spent the last two years with her sister in Kankakee, Illinois.

1917

F. Blodgett McClelland, who lives in Coconut Grove, Florida, writes "there is something terribly exciting about hurricanes. We were in the center of the last one—hurricanes travel slowly, so there is plenty of warning from the distant roar . . ."

1919

Margaret Wyne and Ethelyn Peterson (1922) motored to Mexico City where they spent two months.

1920

Madge Boyington motored to Tucson, Arizona, where she spent several enjoyable weeks.

Marie Christenson Mabbs now lives on a farm in Fayetteville, Arkansas.

Bernice Harrigan spent several weeks at Palm Beach, Florida.

1925

Ruth Westedt Holmgren is now in her twenty-fourth year as night nurse at the Glidden Memorial Hospital.

1926

Mercedes Behrens Lind worked in the Methodist Hospital in Des Moines, Iowa, during the polio epidemic.

1928

Bertha Van Waters writes to request news about her class-mates. Come on, all you '28 ers, write and let us know what you are doing! Mrs. Van Waters extends an invitation to any St. Luke's graduate living in or near Boston to contact her at Box 99, Framingham, Massachusetts,

1929

Onalee Brace Boege of Lake City, Iowa, has just returned from Alaska where she and Mr. Boege were with the Alaska Native Service. They lived on Seward Peninsula close to the Arctic Circle and were the only white people in the Eskimo village.

1930

Clara Wallrich Cleary, is supervisor in St. Joseph Hospital, Bloomington, Illinois.

Lois Bliss Stephans writes us from Eastbourne, Sussex, England, that her daughter is preparing to enter a training school in England upon completion of her work at her boarding school.

1931

Mildred A. Hughes writes to tell us she is interested in forming a group of nurses to do some kind of creative work as drawing, water coloring, sewing, making hats, etc. If any alumnae member is interested in joining such a group, contact Miss Hughes at 8125 Eberhart Ave., Chicago 19, Illinois.

1932

Agnes Pugh Enderton, who lives in Albany, New York, is a school nurse supervisor.

1934

A note from Tonnetta Lonning Martin from Honolulu, Hawaii, tells us that she and many other residents have been afflicted with the "flu" recently. Mrs. Martin is planning to come back to the United States for three months late this summer and will try to visit her friends at St. Luke's.

1936

Verda Vanderford Major writes that in spite of the unusually cold weather they have had in Pomona, California, that "there's really no place like California."

1937

Alice Potter Cullen has left Salt Lake City, Iowa, and is now living in Denver, Colorado.

1938

Bertha Kraft is with the Arabian American Oil Company Hospital in Sandi, Arabia.

Lois Ebinger was confined in a Des Moines Hospital with mumps.

1940

Dorothy Willits has completed her schooling and has obtained her B.S. degree from Western Reserve University. She is now doing V.N.A. nursing in Cleveland and enjoying it.

1943

Betsy Ripley Carroll is in charge of Central Supply at the University of Kansas Medical Center.

Marion Krause will be visiting friends in Chicago shortly. She is busy making plans for her wedding in the near future.

1944

Maxine Faulkner has an industrial position with Dr. Baxter.

The class of 1944-B recently held a reunion tea at which many members were present: Ruth Wark Heller, Faith Hartley Havard, Frances Cruz Khe-droo, Virginia Fender Arnold, Alice Frieberger, Lenora Fisher, Beverly Parsons Seebold, Helen Munson Kaster, Dorothy Brown Martin, Lillian Drost Rowlands, and Rhodora Jones Cramer.

Lenora Fisher is with the Army at Fort Sheridan, Illinois.

1945

Rosemary Klaus is spending a few weeks in Chicago and has a beautiful Florida tan.

1946

Jean Koeber is a stewardess with the United Air Lines making her headquarters in Denver, Colorado.

1947

Lt. and Mrs. Orman Hicks (Mary Nunn) recently have returned to the United States after having spent some time in Italy.

Marion Ruckel Jones is now residing in Santa Monica, California.

Marie Oling is working at the Gorgas Hospital, Ankon, Canal Zone. She is working in the colored obstetrical ward and finds herself kept busy with her tennis practice and social engagements.

Marion Nash has been working with polio and meningitis cases in Los Angeles, California.

Ginger Rodgers is working in surgery at the Good Samaritan Hospital in Los Angeles, California, and likes it very well.

Dorothy Jane Kernchen spent several weeks in Chicago but is now back in Miami doing private duty nursing.

The 1947-B's held a reunion dinner on March 19, 1949, at the Yonkers Restaurant and had a delightful time meeting old friends and reminiscing. Those present were: Marjorie Johnson, Helen Albert, Lois Matz, Rosemary Rychley Cohn, Florence Wolf, Eleanor Vender Meyde, Eve Sorenson, Katherine Hollister, Louise Benn, Agnes Wiersma Verduin, Jean Adkin, Isabelle Gottschalk, Evelyn Rogers, Betty Custer Michals, Donna White, and Stasy Mesec.

In Memoriam

St. Luke's Alumnae Association extends heartfelt sympathy to Miss Esther Ranney (Class of 1945) in the recent death of her father, Willett Brewer Ranney, on February 9th, 1949.

St. Luke's Alumnae Association extends deep sympathy to Mrs. Adolph Holmgren (Elizabeth Westedt—1925) in the death of her husband. Mr. Holmgren passed away in DeKalb, Illinois, in March, 1949.

St. Luke's Alumnae Association extends sincere sympathy to Mrs. J. F. Henken (Ethel Roose—1919) in the recent death of her father, who passed away in March, 1949.

St. Luke's Alumnae Association extends heartfelt sympathy to Mrs. Neo C. Johnson (Erma Holmgren—1913) in the death of her mother on June 4th, 1948.

From The Corridors of St. Luke's

It doesn't seem fair to discuss vacations in the middle of winter, but Miss Pearl Witmack has recently returned from Arizona with a lovely tan and many tales of good times. Miss Gloria Massey and Miss Patricia Crowley are busy consulting time tables to find the best method of getting to Florida to bask in the sun for their vacations.

It is good-bye and good luck to Miss Virginia Hoopes, who will soon be found nursing in Green Bay, Wisconsin.

We can be justly proud of Miss Elizabeth Vickery, Class of 1945, who has been busy posing for pictures for the Red Cross Fund Drive posters. We understand that she has been seen on several television programs lately. Congratulations, Poster Girl of 1949!!

Miss Esther Ranney can be found convalescing on a Florida beach for several weeks. Please, Essie, don't forget to return in April.

We understand that several of the nurses are going to school and several more are planning on lessons which are not academic. Miss Dorothy Spencer has taken up modeling and Miss Virginia Simmons and Miss Marjorie Johnson are plotting on becoming golfers.

Miss Doris Molbo has left the nursing arts department, but she can now be found on M-14 where she is assistant head nurse. Congratulations, Doris.

Nora Gaulke, Sarah Zeeman, Elnore Kuhlman, Mar Mae Ebinger, and Nancy Wiebe represented St. Luke's Hospital recently in a special television program sponsored by the Illinois State Nurses' Association celebrating Diamond Jubilee Week, marking the 75th year of professional nursing in the United States. Miss Josephine Gilbert assisted with the arrangements for this program in which our nurses wore the St. Luke's Hospital School of Nursing collection of historical costumes.

Our own Dr. George H. Coleman received a beautiful plaque for his

twenty-five years of service as secretary of the Institute of Medicine of Chicago.

Dr. Louis E. Schmidt, Senior Consulting Urologist on St. Luke's Medical Staff, celebrated his 80th birthday on January 8th at a dinner given for him at the Drake Hotel by his friends and associates. We all wish him the very best of good wishes!

Miss Grace M. Counts, formerly Field Director with the American Red Cross Service, recently assumed the Directorship of the new Department of Medical Social Service here at St. Luke's. Good Luck, Miss Counts.

The new Morton Clinic Building on Indiana Avenue will have its first clinics on March 21st. This has been a long-awaited dream come true.

Your Roving Reporter.

The following excerpt was taken from the monthly publication of the St. Luke's Hospital School of Nursing students' bulletin "The Hamper" which we all should read with some thought.

The Uniform

Have you ever stopped to consider the dignity, customs and ideals associated with a nurse's uniform. It seems that we who wear the coveted possession are less apt to remember the significance of our attire.

Did you ever notice the sparkle and sometimes the tears of gratefulness that appear in an individual's eyes as a "girl in white" enters the room? Stop and think back to the events that have made you proud of your possession and then take a moment to think of all the neglect you have also endowed on this prize of honor.

Remember the time you smoked and did other unlady-like gestures in your uniform. You never thought you were being neglectful, did you, when in reality, you were shattering the ideals of those who hold your uniform in esteem.

Think twice before you do or say anything because remember there are those watching you all the time. In other words, the uniform has the eyes!!

Alumnae News

At the February, 1949, Alumnae Board Meeting, Miss Madeleine McConnell, Director of Nurses, St. Luke's Hospital, spoke to the board members regarding the steps and progress made in fulfilling plans for an affiliation program in nursing education. This news was eagerly accepted and the following statement has been officially made ready for publication:

"Plans are under way to establish a five-year program in Nursing Education in connection with the University of Illinois leading to a diploma and the degree of B.S. in Nursing. Details of this program should be available for announcement in the very near future. In the meantime inquiries concerning the program may be directed to the office of St. Luke's Hospital School of Nursing, or to the Chicago Undergraduate Division, University of Illinois, Chicago."

ALUMNAE MEMBERS: Do Not Forget Graduation Week!!! Homecoming Tea on May 19th, 1949; Graduation of the 1949 Class on May 20th, 1949; ALUMNAE BANQUET on May 21st, 1949. Let us all plan to see old friends and classmates and meet the future members of our Alumnae Association!

Endowed Rooms—

Every member of the Alumnae Association is invited to belong to the Endowed Rooms by the payment of \$50.00, which entitles one to four weeks free care every year with three more weeks, if run consecutively, at a rate of \$3.00 per day. Make your payments to the Alumnae Treasurer, Mrs. Edna Travers, either in full or in part.

There are several students in our School of Nursing at present who are daughters of St. Luke's graduates. They are: Jean Mercedes Lind, Dolores Burke, Patricia Russell and Betty Lou Marshall.

Suggested Plans for Life Membership in the Alumnae Association

Many requests have come to the Alumnae Board in the past for some plan whereby a member could pay dues in advance, so that if the request for yearly payment was lost, or forgotten, she would not lose her status and have to be reinstated. Payment of dues for more than one year in advance has never been feasible because of the complicated bookkeeping involved for the treasurer.

Since the acceptance by Illinois (1948 annual meeting) of the ANA request to eliminate membership as a requirement for active membership admission to ANA and State organizations our own alumnae association has been faced with the question of what will become of it. How are we to fulfill the alumnae pledge made so many years ago and preserved to the best of our ability in the succeeding years.

One of the reasons for this recent development is that, nurses will not and many times cannot, become members in good standing in the district when coming in from other states. All alumnae associations are not as active as ours and have no well-organized boards; no presidents or treasurers to whom they may pay dues; or their schools may be out of existence. These nurses are permitted to work but pay no dues; the organizations need the membership of these nurses.

The committee to study life membership in the association presents the following suggestions which were submitted to the alumnae membership at the February meeting and invites your further comment on the plan.

Graduates of the years previous to 1900, who have been members in good standing in the association for the last five years, shall automatically become life members. This will include approximately 20 members.

Graduates of 35 years (1900 to 1914)
shall pay \$15.00

Graduates of 30 to 35 years (1914-1919)
shall pay \$22.00

Graduates of 25 to 30 years (1919-1924)
shall pay \$29.00

Graduates of 20 to 25 years (1924-1929)
shall pay \$36.00

- Graduates of 15 to 20 years (1929-1934)
shall pay \$43.00
Graduates of 10 to 15 years (1934-1939)
shall pay \$50.00
Graduates of 5 to 10 years (1939-1944)
shall pay \$57.00
Graduates of 0 to 5 years (1944 thru
1949) shall pay \$65.00

Privileges Enjoyed By Those Having Life Membership:

1. The amount may be paid over a period of one year.
2. Endowed room membership is maintained.
3. Alumnae Journal received continuously.
4. Membership is consecutive (no reinstatement necessary).
5. Dues are less than by the year.

Advantages To The Association:

1. Saving in time and money because there would be less handling of bills and file cards.
2. Funds obtained can be invested to better advantage since the income is assured.

Mary Everett, Chairman.

Blue Cross Service Guild—

Every Alumnae member is invited to join this Guild by the payment of \$5.00 annually. This fund gives free nursing care to critically ill nurses up to the sum of \$200.00 as well as the payment of any blood transfusions which may be necessary.

Welcome New Members of the Alumnae Association

Martha Malster
Ruth Joanne Merrill
Catherine Sterns
Dolores Knicely
Catherine Keefe
Charlotte Lutz
Frances Oliver
Avonne Welty
Rachel Prescott
Carol Witt
Bette Sovinski
Helen Johnson
Phyllis Lind
Lorraine Nicolai
Palmaleo Rennie
Lois Schroyer

The Alumnae Association is planning to have all "The Alumnae" publications bound for the school of nursing and The Alumnae Association; but we have been unable to locate the following copies: February, 1948, and December, 1939. If any Alumnae member has either copy in her possession and would care to contribute it to this end, plans could be completed for the binding. Please send these copies of the "Alumnae" to Miss Stasy Mesec, 1142 S. Michigan Ave., Chicago 5, Ill.

Song for the Saddest Ides

Hayfoot, strawfoot, forward march!
Stiffen your backbone up with starch!
Strut like Hercules or Hector!
Ready for the Income Tax Collector!

Give three cheers and give them thrice!
Roar like lions, or maybe mice!
Rush like lighting, or maybe glue,
To the Dept. of Internal Revenue.

Left foot, right foot, heel and toe.
One little drink and off we go.
Fresh from the tub in our Sunday
raiment.
Wee hands clutching the quarterly
payment.

Citizens? Resident? Married? Single?
Living together, or don't you mingle?
Blessed events? Is so, please state
Change of status, its nature and date.

Royalties? Rents? Commissions, Fees?
If none, explain their absence, please.
And let there be no legal flaw
In Deduction Authorized by Law.

Salaries? Wages? Sale of Property?
Here comes the Notary, hippety-hop-
pety!
Raise your hand and take your oath
To tell the truth or bust. Or both.

Boomelay boom on the big brass
drum!
Where is the money coming from?
You must borrow and I must beg,
And the last to pay is a rotten egg.

Presto! Changeo! Hullabaloo!
Where does the money vanish to?
It's used in research, Children Dear,
For ways to increase the tax next
year!

Ogden Nash.

Scholarships and Loan Funds

Nursing, like the practice of medicine, is the career of a profession. Professional competence is based upon a keen desire to be of service to humanity, a sound general education, a specific education in the knowledge and skills peculiar to the given profession, expert service fortified by continuing education throughout the professional career, and a bond of interest and concern for the welfare and development of professional members.

Nursing education must give consideration to the development of the individual as a helpful member of society as well as helping the students to be good nurses.

A career in nursing is dependent upon a sound basic professional education such as that offered at St. Luke's. There are 1245 schools of nursing meeting the minimum requirements set by law in our states and territories; the National League of Nursing Education sets optimum requirements, 109 of the above schools are accredited by the League; our school is one of the five schools of nursing in Illinois which are accredited by the League. At present many of our students come to us with from one to four years of college and upon graduation from our school are enabled to continue in advanced nursing education to prepare for positions of responsibility.

Distinguished careers have been carved by many St. Luke's graduates. Numbered among them are: Miss Harriet Fulmer, class of 1895, pioneer in Public Health Nursing, for many years held the position of director of nursing in the Cook County Public Health Service; Miss Margaret E. Johnstone (1895) director of nurses at St. Luke's 1901-1915; Miss Adda

Eldredge (1899) president of the American Nurses' Association as well as recipient of the Saunders Award for Distinguished Service; Mrs. L. L. Vandervort (1899) chief nurse Unit 14 in World War I. Some of our present leaders are: Miss Mabel E. Binner (1911) director of Children's Memorial Hospital, Chicago; Miss Ella Best (1915) executive secretary, American Nurses' Association; Miss Nell V. Beeby (1919) editor of the American Journal of Nursing; Miss Henrietta Froehlke (1922) director, School of Nursing and Nursing Service, Presbyterian Hospital, Chicago; Miss Edna Plambeck (1924) chief nurse, Veterans' Administration Hospital, San Fernando, California; Captain Elizabeth Breitung, ANC (1932) stationed in Japan; Miss Olive Brower (1939) Public Health Nurse in Nenana, Alaska.

St. Luke's is proud of her graduates and offers opportunities to qualified young women who want to enter a distinguished profession. Several scholarships are available covering full tuition to students with superior qualifications; there is also a provision for loan funds for students who meet the requirements of the school. The next class enters St. Luke's Hospital School of Nursing February 9th, 1949.

The classes of 1923 and 1948 started a School of Nursing Endowment Fund in June. Contributions may be made to this fund and sent to Mrs. Germaine Febrow, Public Relations, St. Luke's Hospital, Chicago, Illinois, and marked **FOR SCHOOL OF NURSING ENDOWMENT FUND**. If the contribution is given as a memorial, a card will be sent to the family as well as to the contributor.

Two good friends, Father Kelly and Rabbi Levi, sat opposite each other at a banquet where roast ham was served. After Father Kelly had helped himself liberally, he turned to his friend and said: "Rabbi Levi, when are you going to become liberal enough to eat ham?"

"At your wedding, Father Kelly," retorted the rabbi.

A doctor fell in a deep well
And broke his collarbone
The Moral: Doctor, mind the sick
And leave the well alone!

It's the average maiden's hope
To marry a man with a heart —
A dreamy romantic dope
Who is also sufficiently smart —
In business matters to clear
A hundred thousand a year.
W. E. Farbstein

American Nurses' Association

You, as an active member, are also a member in good standing of the American Nurses' Association. Many nurses often ask the question, "What does the American Nurses' Association do for me or for my professional standing?" Perhaps one or several of the purposes of the American Nurses' Association below may clarify some of the questions in your mind.

- 1). Promote the educational and professional advancement of nurses in every proper way.
- 2). Elevate the standard of nursing education.
- 3). Establish and maintain a code of ethics among nurses.
- 4). Distribute relief among such nurses as may become ill, disabled, or destitute.
- 5). Disseminate information on the subject of nursing by publications in official periodicals or otherwise.
- 6). Bring into communication with each other various nurses throughout the United States of America.
- 7). Succeed to all rights and property held by the American Nurses' Association as a corporation duly incorporated under and by virtue of the laws of the State of New York.

The national platform of the American Nurses' Association is formulated by groups of nurses in various fields of the profession and activated through nurses in every district, state, and national headquarters offices. Some of the aspects of this platform are listed below.

- 1). Expansion of the role of the American nurses in world affairs.
- 2). Increased participation of the nurse in national affairs.

- 3). Provision for the rapid expansion of nursing services to meet the needs of the American people.
- 4). Furtherance of the public's health through promotion and protection of the welfare of the professional nurse.

Wanted:—A Souvenir

Do you have any articles of interest which might be added to the souvenir collection of the Alumnae Association?

Miss Harriet Fulmer is the ever-resourceful chairman of the Historical Souvenir Committee and is offering a prize of five dollars for any article or souvenir which is accepted by the committee.

The collection, becoming more valuable and more interesting with the latest additions, is growing, but we would like to add to it regularly. The articles in the collection will be displayed at the Homecoming Tea and Open House, and we hope to have sufficient space to have some of the articles displayed all of the time.

One of the more recent additions to the Souvenir collection is a scrap book of letters from foreign nurses who received financial aid for uniforms during the war years. Miss Hettie Gooch has compiled these letters in book form and has presented them to the Historical Souvenir Collection.

If you have any suggestions or contributions of interest to the Alumnae or to the School of Nursing, please contact one of the following committee members:

Miss Elizabeth Vickery

Miss Mae Collins

Miss Henrietta Froehlke

Mrs. Rosellen Millis

Mrs. Horace Hunt

Miss Nell Beebe

Mrs. Hilda Schulze

Miss Madeleine McConnell

Miss Harriet Fulmer

PHARMACOLOGY DIGEST

By

Louis Gdalmán

STREPTOMYCIN

HISTORY

Streptomycin followed hard on the heels of penicillin, which was discovered by the British biologists, Dr. Alexander Fleming and Dr. Howard W. Florey. Penicillin has proved a great boon to humanity because of its amazing effectiveness against those Gram-positive organisms that have long plagued the human race. But, unfortunately, penicillin had proved ineffective against equally dangerous bacteria that react negatively to this staining procedure devised many years ago by the Danish physician Dr. H. C. Gram. So, under the impetus of the penicillin development, literally tens of thousands of molds and similar microbial organisms were tested by microbiologists in hundreds of laboratories throughout the world. The first promising lead was reported by Dr. Selman A. Waksman, who, since 1939, had been working at the Rutgers University Experimental Station on the anti-bacterial activity of materials obtained from the metabolism of various soil organisms, principally molds and fungi. His first experiments produced a mold metabolite, called streptothricin obtained from *Actinomyces lavendulae*, which was found to be effective when used against Gram-negative bacteria. When clinical studies by pharmacologists proved that the new material was too toxic for medicinal use, Dr. Waksman continued his research among other members of the *Actinomyces* family. In January 1944 he and his colleagues at Rutgers found that surface cultures of the micro-organisms, *Streptomyces griseus*, produced an antibiotic that was even more effective against Gram-negative bacteria, and since even the very first impure preparations were of such low toxicity, it promised a very favorable therapeutic index.

Chemists and biologists, who had spearheaded much of the feverish research and development of penicillin, welcomed the opportunity to begin their laboratory work on the new antibiotic in April, 1944. Small quantities of streptomycin were obtained from surface cultures and tested by collaborators in many laboratories and hospitals throughout the country. Early clinical results were very encouraging, including those from Dr. W. Feldman and Dr. H. C. Hinshaw of the Mayo Clinic, Rochester, Minn., who stated that in their preliminary tests streptomycin seemed to be effective against certain types of tuberculosis in animals. In the fall of 1944, the pharmaceutical industry marshalled all its available manpower and resources to produce larger samples for further study and testing.

The first material was obtained from surface cultures in the laboratories, but early in 1945, through the combined efforts of the microbiologists and engineers, Streptomycin was being produced more effectively from submerged cultures in a pilot plant employing the deep fermentation tanks previously used for the experimental production of other material. Considerable material was now available, not only for clinical testing, but also for intensive chemical research on methods of purification and study of behavior under conditions of large scale production.

In June, 1945, clinical researchers from military and civilian laboratories all over the country met to compare and discuss their findings. From this meeting came the firm conviction that the new antibiotic could effectively combat urinary tract infections caused by Gram-negative micro-organisms and likewise such diseases as influenzal meningitis and tularemia both of which annually claim many human lives. The early work on experimental tuberculosis in guinea pigs had been definitely confirmed and when translated to human trials, streptomycin alone or as an adjunct to other established methods of treatment gave great promise of arresting certain types of this disease.

So significant were these conclusions that two months later August, 1945, a large pharmaceutical company started a large-scale plant construction, and was in commercial production nine months later. By November, 1946, this plant was producing over 200,000 grams per month. Today, this one plant produces in the neighborhood of 800,000 grams per month and is steadily climbing. However, in early 1947, the main problems for the chemists was the study of molecular structure and methods of isolation and purification. Simultaneously, the microbiologists were at work trying to improve the fermentation processes by using more nutritive broths that would cut down on fermentation time.

Next came a problem that was peculiarly in the province of the biochemical engineer. Clinical research and process development cannot always proceed simultaneously. Once the medical investigations are under way no change can be made in the manufacturing process unless careful, tedious microbiological assays, toxicity and other animal and chemical tests prove that such variations will not in any way effect the clinical behavior of the resulting product. Therefore, it was necessary to hold up production of clinical material in order to work out a plant problem or, to delay development in order not to handicap the vital investigations of the clinicians. Yet all—microbiologist, chemists, and engineers—were working toward the same goal, namely, maximum production of the best product at lowest cost and the earliest possible date.

From the start it was recognized that neither the streptomycin hydrochloride nor sulfate could be purified as highly as desirable, yet the need for production was so pressing that the project could not wait for further research on purification processes. In the laboratory, it had been possible to produce a crystalline calcium chloride—complex salt of streptomycin which, by all chemical tests was practically the equivalent of pure streptomycin. Clinical tests proved it to be superior to even the best hydrochloride that could be produced on a large scale. The biochemical engineers succeeded in developing a practical and economical process. This product, streptomycin-calcium chloride complex, has been available commercially since July, 1947. By virtue of improved techniques and mass production, the cost to the physician of streptomycin has been reduced from the original \$25 per gram to its present price of less than \$3 per gram. Today, a new derivative of Streptomycin is produced by reduction with hydrogen, called **Dihydrostreptomycin**. The advantage of this new product is that it possesses a markedly lower neurotoxicity, can be given in larger doses, and for more prolonged periods of time. It is now commercially available.

CLINICAL INDICATIONS

1. Streptomycin is recommended in the treatment of:

HEMOPHILUS INFLUENZA INFECTIONS:

Meningitis — Endocarditis — Laryngotracheitis

Urinary tract infections — Pulmonary infections

MENINGITIS due to susceptible strains of:

Escherichia coli — Proteus vulgaris — Freidlanders' bacillus

B. lactis aerogenes — B. pyocyaneus — Salmonella

BACTEREMIA due to susceptible strains of:

Escherichia coli — P. vulgaris — A. aerogenes

B. pyocyaneus — K. pneumoniae

URINARY TRACT INFECTIONS due to susceptible strains of:

Escherichia coli — P. vulgaris — Friedlander's bacillus

A. aerogenes — Ps. aeruginosa

TULAREMIA

2. Helpful in the following diseases, but position not definitely defined:

PNEUMONIA due to Friedlander's bacillus

Tuberculosis, in selected cases as an adjuvant to conventional therapeutic methods.

3. The following infections if caused by predominantly streptomycin-sensitive organisms:

PERITONITIS — ENDOCARDITIS — LIVER ABSCESS

CHRONIC PULMONARY INFECTIONS — EMPYEMA — CHOLANGITIS

PREPARATION OF SOLUTIONS

Dissolve aseptically entire content of vial in known volume of sterile, pyrogen-free distilled water or physiologic saline solution and use appropriate aliquot of this solution for the desired dose. Solutions thus prepared may be stored at room temperature under aseptic conditions for 1 week without significant loss of potency. Solutions having a pH lower than 4 or higher than 7 are less stable. Solutions should not be autoclaved.

METHODS OF ADMINISTRATION

1. Intramuscular and Subcutaneous Injection:

Only clear solutions, free from undissolved particles, should be used parentally. Intermittent intramuscular injection is method of choice, though subcutaneous injection is also well tolerated. Use solution having a streptomycin concentration no greater than 250 mgm per cc. Inject intramuscularly into gluteal, thigh, and deltoid muscles in rotation.

2. Intravenous Injection:

Intravenous administration is not recommended for routine use.

3. Intrathecal Injection:

Effective concentrations in cerebrospinal fluid may be obtained only by intrathecal injection. Only clear solution, free from undissolved particles, should be used intrathecally. Inject solutions containing 50 to 100 mg. in 5 to 10cc sterile solution. Concomitant intramuscular injections are necessary for effective blood concentrations.

4. Intrapleural or Intraperitoneal Injection:

Dissolve 0.5 to 1 Gm. in 20 to 50 cc. of sterile isotonic saline solution. Retain solution at site of lesion for minimum of 6 to 8 hours. Irrigations are ineffective.

5. Administration by Inhalation:

Dissolve 500 mg. in 10 cc. of physiologic saline solution. Nebulize and have patient inhale intermittently over a 24-hour period, using 1 cc. every 2 to 2½ hours. May be combined with intermittent IM injections if required.

6. Oral Administration:

May be employed to reduce bacterial flora of intestinal tract, as in preparation of patients for operation on large intestine. Dissolve small amount of water or mix with milk, orange juice, ect. Ineffective in systemic infections.

7. Topical Applications:

Solutions containing 25 to 50 mg. per cc. are recommended. Higher concentrations (to 100 mg. per cc.) are tolerated by some tissues.

DOSAGE

Since bacterial fastness may develop rapidly, drug concentration several times that to which the pathogen has been found susceptible in vitro should be attained as rapidly as possible in the critical fluid.

1. Tularemia:

480 mgm. to 1 Gm. daily, IM, in doses of 60 to 125 mg. every 3 to 4 hours for 5 to 10 days. For pulmonary or pleural infections, or cases with continuous fever without localizing signs, 2 Gm. daily for 10 days longer.

2. Meningitis

Intrathecal injections of 50 to 100 mgm. once daily for 7 days, with concurrent IM injections of 1 to 2 Gm. daily in doses of 125 to 250 mg. every 3 hours for 7 to 10 days. Blood, throat, and spinal fluid cultures should be made daily so that if a complicating infection occurs which is more susceptible to some other therapeutic agent, appropriate therapy may be instituted.

3. Urinary Tract Infections:

Streptomycin does not replace adequate surgical drainage and elimination of infective foci. Alkalinization of urine increases effectiveness of streptomycin, except in infections due to *Proteus vulgaris*; alkalinize cautiously when there is a tendency to calculus formation. Inject 1 to 3 Gm. of streptomycin daily, IM, in doses of 125 to 375 mgm. every 3 hours for 5 to 7 days. Higher dosage indicated in fulminating infections, especially with concomitant bacteremia.

4. Bacteremia due to Susceptible Gram-negative Bacilli:

2 to 4 Gm. daily, IM, in doses of 250 to 500 mg. every 3 hours for 7 to 12 days.

5. Peritonitis due to Gram-negative Bacilli:

2 to 4 grams daily, IM, in doses of 250 to 500 mg. every 3 to 4 hours for 5 to 10 days; in some cases concomitant intraperitoneal injection of 0.5 to 1 Gm. daily is advisable.

6. Tuberculosis:

Exact place of streptomycin in tuberculosis therapy not yet determined. However, critical clinical studies indicate that it possesses unique value as a suppressive agent. Not a substitute for established methods of treatment but a supplement to conventional therapy in selected cases. Large dosage over prolonged period of time causes vestibular disturbances which may be expected to disappear subjectively in a few weeks or months. Dosage regime satisfactory for all cases, not yet determined, but following schedules are now being employed by responsible investigators:

- a. 1 to 2 Gm. daily, IM, in doses of 170 to 500 mg. every 4 hours for 3 to 4 months.
- b. 2 GM. daily, IM or Subcut., in doses of 1 Gm. every 12 hours for 4 months.
- c. 1 to 2 Gm. daily, IM or Subcut., or doses of 500 mg. to 1 Gm. every 12 hours for 2 months. After 2 weeks rest, similar course is instituted.
- d. 1 to 2 Gm. daily, IM or Subcut., in doses of 500 mg. to 1 GM every 12 hours for 2 weeks, alternated with 2 weeks rest periods as long as indicated.
- e. In tuberculous meningitis, concomitant intrathecal administration of 100 to 200 mg. in 1 to 5 cc of cerebrospinal fluid or sterile physiologic saline solution every 24 to 48 hours for 2 to 6 weeks.

7. Chronic Pulmonary Infections due to Mixed Bacterial Flora:

Give parenterally or by aerosol inhalation. 1 to 3 Gm. daily, IM, in doses of 125 to 275 mg. every 3 to 4 hours for 7 to 10 days; or intermittent inhalation of 500 mg. over a 24 hour period, using concentration of 50 mg. per cc. of solution.

8. **Endocarditis:**
2 to 4 Gm. daily, IM, in doses of 250 mg. to 500 mg. every 3 to 4 hours for minimum of 3 to 4 weeks.
9. **Pneumonia due to Friedlander's bacillus:**
2 to 3 Gm. daily, IM, in doses of 250 to 500 mgm. every 3 to 4 hours for 5 to 10 days.
10. **Empyema:**
Local injection may sterilize pleural cavity, but must be combined with other accepted methods of treatment. $\frac{1}{2}$ to 1 Gm. daily, injected directly into pleural cavity and retained concurrent IM injection of 1 to 3 Gm. daily in doses of 125 to 375 mg. every 3 hours.

TOXICITY

Streptomycin is capable of producing side reactions of varying severity. Most of those reported have been transient and not serious, although in some cases, it has been necessary to reduce the dose or discontinue administration. Should allergic reactions occur during streptomycin therapy, desensitization may be attempted or one of the accepted antihistamine drugs may be tried. If desensitization is necessary, this may usually be accomplished by first discontinuing the drug, then injecting small enough amounts to evoke no allergic reaction and gradually increase the dosage as tolerance develops. If the allergic manifestations are eliminated by either of these procedures, treatment may be resumed cautiously.

Casts in the urine have been noted occasionally during streptomycin therapy. Since the tendency to formation of casts appears to be greater when the urine is acid, this may be minimized or prevented by alkalinizing the urine.

When patients receive streptomycin for periods longer than 2 weeks, most develop vertigo, which may be slight or of short duration, or severe. When this symptom is severe, substantial relief is usually experienced in about 1 week after onset even though drug therapy is continued. Thereafter, only sudden movement causes dizziness in most cases, and even this symptom usually disappears in from 2 to 4 months; within that period the patient may be expected to make a satisfactory functional compensation for the equilibrial disturbance though objective tests may not become normal in all cases.

A small number of patients experience some impairment of hearing, often preceded by a constant, low-pitched, roaring tinnitus. This is more apt to occur if streptomycin is administered to patients in whom renal function is impaired, resulting in delayed excretion and unusually high blood levels. Other circumstances likely to produce this auditory reaction are intrathecal administration of large doses over extended periods. If the dosage is decreased or the drug discontinued at the appearance of tinnitus or impairment of hearing, no permanent severe auditory defect is likely to occur.

In every case in which streptomycin is to be given in high dosage for a prolonged period, the patient should be warned of the possible occurrence of such symptoms, and audiometric determinations should be made and recorded before treatment is begun, and periodically throughout the therapeutic course.

(To be continued)

Louis Gdalan, Asst. Director Pharmacy, St. Luke's Hospital
Chemistry Instructor, School of Nursing

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Alumnae Association, St. Luke's Hospital School of Nursing

1949

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OF ST. LUKE'S HOSPITAL SCHOOL
of Nursing
Box 349
Evanston, Illinois

The Alumnae



JUNE, 1949

Alumnae Association, St. Luke's Hospital School of Nursing Officers and Members of Board of Directors

1949

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Miss Nora Gaulke	HA rrison 7-5040	1950
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1500 S. Indiana Avenue, Chicago 5		

Alumnae Pledge



An Assurance of Loyalty

With understanding of and the belief in the
 aims and purposes of the Alumnae Association of
 St. Luke's Hospital School of Nursing, I do sol-
 emnly affirm, that I will endeavor, by my daily
 life and service, to honor always the profession of
 which I am a member.

THE ALUMNAE

Official Organ of
The Alumnae Ass'n. of St. Luke's Hospital School of Nursing, Chicago, Ill.

Volume 47

June, 1949

No. 3

Spirit Of Nursing

The "Spirit of Nursing" is not merely a theme of a speech or a phase to be tossed lightly about in discussing the problems of nursing; it is the difference between a really good nurse and a mediocre one. It is not only training in the scientific skills of nursing; it is the "spirit," that intangible feeling of sympathy, understanding, and help that makes the difference.

A nurse is not a pair of hands well trained in procedures or a pair of feet swiftly carrying her about on an endless round of tasks. She is first and last, a human being, caring for less fortunate fellow men. She learns her procedures on Mary Chase, the faithful dummy, but she practices them on individuals who are entirely dependent on her for their immediate wants and needs, their comfort, and most of all, understanding. The patient is not a normal individual; he has been removed from his usual surroundings of family and friends. He has been thrown into an entirely different situation where he is lost and uncomfortable. Things are strange, and he needs time and help — understanding help — to fit into the hospital routine and to adjust himself to a new and bewildering situation. He is sensitive to the attitude as well as the ability of those caring for him. It is important, we know, that all of the patients are cared for and that procedures are carried out correctly and on schedule; but it is much more important to remember that the patient needs your sympathy, kindness, and understanding as well.

Entered as second class matter June 17, 1941 at the post office at Evanston, Illinois, under the Act of March 3, 1879. Issued five times a year in February, April, June, October and December, at 1033-35 University Pl., Evanston, Illinois. Subscription price 50 cents a year, or included in the annual dues to members.

Trends in Nursing

At an open meeting for nurses at Thorne Hall on March 28th, Miss Lucille Petry, Chief, Nursing Division, U.S. Public Health Service, gave an informative and inspiring talk on "Trends in Nursing Today."

Miss Petry first analyzed the problems which are confronting the nursing profession today, often referring to Dr. Esther Brown's report, "Nursing for the Future" with which we are all familiar. "First," Miss Petry stated, "we must analyze the needs of the people for nursing service." Under this category, nurses must provide expert care in the hospital; the nurse must be familiar with and well-versed in the new types of treatments and medical services. Due to early ambulation, the hospital stay has become much shorter and therefore, the nurse must look to rehabilitation problems, psychological and psychiatric care, stressing of positive health aspects and patient participation in his own care."

In analyzing the needs of the people, we find problems of public health, service for rural areas, increasing the number of hospital beds, home care of the chronically-ill and adequate preparation of the increasing personnel. Job analyses and surveys give us an over-all picture of how great these problems have become in recent years.

Professional services and education must be planned to adequately meet the needs and demands of the public to insure better health programs for the populace. Fewer and larger schools of nursing, the training of auxiliary workers with schools for practical nurses, basic diploma schools, university affiliation schools, better and more advanced professional programs for nursing health teams, all fall under the planning which is being undergone by our professional organizations.

We, as an integral part of our great profession, must cooperate to the best of our ability in keeping well-versed as to the proceedings and plans of our organizations and in the active participation in carrying them out. Remember, above all, the patient is our first interest and his health must be safeguarded and maintained.

As I Saw Convention

Since I was asked to write about the meetings of the National League of Nursing Education Convention held in Cleveland from May 2 to May 6, I have thought a great deal about what I should write. To cover all of the meetings, the programs, and plans which evolved would require a small book, and I am sure the editor and the readers would not enjoy a whole issue of "The Alumnae" devoted to my writings. Thus, I shall tell you about two meetings which I think should be of interest to all.

Dr. Martin Cherkasky, Home Care Executive, Montefiore Hospital, New York City, spoke to the convention delegation on "Planning for Home Care of the Sick." This program was started at Montefiore Hospital in 1947 and provides for the home care of the chronically-ill patient. In this program there is a careful selection of the patient. Quoting Dr. Cherkasky, "to return home must be in the best interests of the patient." There must be adequate facilities in the home to take care of the individual and of prime importance is love and affection by the family for the patient; this factor is appropriately called "tender, loving care."

When home, the patient is seen within the first twenty-four hours, and there is a doctor on call seven days a week. Simple procedures, for example, blood transfusions, may be done at home. All equipment is furnished in the home which can be accommodated, i.e. if a gatch bed is required, it is brought to the home. Nursing care at home is provided by the Visiting Nurse Association of New York City. Occupational and physical therapy is also provided. The total cost in the home care plan for the patient is \$2.82 per day which includes the fee for medicine and visiting nurses.

The aims of the home care plan are: 1) To provide for more bed space in the hospitals for individuals who really need to be hospitalized or the acutely ill; 2) A person does not suffer the indignity of being hospitalized and 3) the patient's progress is more favorable in his own environment with the love and care his family can give him.

Mr. C. I. Sterling, Jr., Director of Health and Sanitation, The Institute of Inter-American Affairs, Washington, D.C., discussed "The Role of the Nurse in a Cooperative Health Program in Latin America." This program was started in 1942 in Rio de Janeiro to improve health conditions in Latin America. Sumner Wells, President Roosevelt, and others started this program; the United States was to give financial aid to any Latin American country breaking ties with the Axis at this time. The United States appropriated funds to start this program, and after it was under way, the Latin American countries paid one-third of the cost. The United States pays only 20% of the cost today. At the present time this program reaches 23,000,000 inhabitants in Latin America, approximately one-sixth of the total population. The program costs \$13,000,000 per year.

The purposes of the program were to give large scale demonstrations of medical care and health training and train personnel to carry on this important work. In starting this program, there were many nursing problems encountered. There was one graduate nurse to every 38,000 inhabitants. In Latin American countries the nursing profession had no professional standing, i.e., nurses were considered as servants and the general public did not fully appreciate the role of the nurse. Salaries for the nurses were poor and education for the women was not adequate enough to permit them to enter into nurses' training. Another factor not to be overlooked is that most of the girls are married at seventeen and have children. Even with the shortage of eligible women for nurses' training, the program was started. Women with adequate education and interest were sent to the United States for their training and also in-service training was developed. It was found that the women sent to the United States for training required a period in which to readjust to

their home country on return; many of them married while in the States; and some of them liked the United States so well they did not wish to return to their homes. However, even with these difficulties encountered in the training of Latin American women, the program has been steadily developing. Today, there are schools of nursing in Latin American countries supported by the National Government, and there are also training schools associated with universities. At the present time there are 28 American nurses in Latin America and working with them are 192 Latin American nurses who have had special training in public health nursing, clinical and teaching experience. Mr. Sterling stated that the life expectancy in Latin American countries is less than forty-five years of age. With the progress this program has made in the past seven years, perhaps in the future, with continued planning and training, why shouldn't our Latin American neighbors enjoy a life expectancy comparable to ours?

The theme of this 53rd Convention of the National League of Nursing Education was "Systematic Investigation and Planning for Nursing." In the preceding paragraphs I have told you a little of the planning in two programs. However, the planning was carried out in many other phases of nursing which I shall just mention: planning nursing education to meet changing needs, accreditation, contributions of the department of measurements and guidance to planning in nursing education, new patterns for clinical curricula, leadership techniques, and federal legislation.

I wish to state in closing that the whole convention was truly inspiring, due to the spirit, enthusiasm, and integrity of the women present; and it makes me proud to be a member of this great nursing organization.

Sarah H. Zeman, R.N.

PLEASE SEND ALL CHANGES OF ADDRESSES TO: :

Miss Rosemary Scott

5455 South Blackstone Avenue

Chicago 15, Illinois

HELP US KEEP YOUR ADDRESS RIGHT!!!!

MARCH OF TIME

1898

Miss Ellen Stewart has returned from a delightful holiday of several months in California.

1899

Ada Eldridge is planning to spend July and August at Cobalt Lodge, Cobalt, Conn.

1906

Miss Maude Gooch visited Nance McKay on her farm near Baltimore, Maryland, then went on to New York for Miss Attalee Buckingham's graduation from Columbia University. Miss Gooch spent four days at Williamsburg, West Virginia.

1910

Louise Liers made her rounds taking care of sick Clayton County residents in her new automobile which was presented to her by her many community friends in recognition of her contributions. Miss Liers was once obstetrical supervisor at S.L.H. and has been doing obstetrical work since her graduation. She estimates that she has attended the birth of nearly 7,200 babies. She became the manager of the Lenth Hospital in Elkader, Iowa, twelve years ago and has worked among the poor and needy of the county. Miss Liers says she is going to take care of the "May mothers-to-be" before she retires. She may then go east to visit friends before returning to "Singing Waters" for a rest. The residents of the community made this presentation to Miss Liers on "Louise Liers Day."

1912

Edith Bender is now in charge of the Central Supply Department in the Theda Clark Memorial Hospital in Neenah, Wisconsin.

1914

Eve Morkill, International Harvester Company, and Dorothy Armstrong (1937), Peoples' Gas Company, attended the Conference on Industrial Health held in Detroit, Michigan, from April 5th to 9th, 1949. There were industrial nurses present from thirty-one states, Hawaii, South America and Canada with a total nurse registration of 580. An outstanding contribution to the conference was a masterly review by Miss Lucille Petry, R.N., Chief Nurse, U.S. Public Health Service, of Dr. Esther

L. Brown's book, "Nursing for the Future."

Vera Warner (1914 — Mrs. Alexander McVittie) was hostess at dinner in Detroit for her old classmate, Eve Morkill. Vera has an attractive home and a beautiful garden in Redford, a suburb of Detroit.

1919

Loretta Springer Knochel of Lincoln, Illinois, writes us that she has been back in active duty since the death of her husband in 1942. She is doing supervisory work in pediatrics at the Lincoln State School, caring for mentally-defective children.

1920

Madge Boyington returned from Washington after a six-weeks' stay with her sister.

Lila Hudson resigned her position in V.N.A. in Rock Island, Illinois, after 27½ years of service.

1922

Mrs. Bina E. Davies Glynn is working in Geriatrics and finds that although seeing progress in her patients come slowly, her work has much personal satisfaction.

1924

Janice Consalus Lambert motored to Tuscon and then called on Mildred Pringle (1915) in Scottsdale, Arizona.

1928

Laura Turley Rocke is now living in Portland, Oregon, and is doing private duty.

1932

Capt. E. Breiting is now stationed at the Beaumont Veterans' Hospital in El Paso, Texas.

1937

Alice Potter Cullen is doing private duty work at the New Rose Memorial Hospital in Denver, Colorado.

The following members of the class of 1937 were present at the home of Esther Rich Bohnhoff for a reunion following the Homecoming Tea: Dorothy Eagan Brown, Grace Bell Kayser, Mary Stahl Karling, Margaret Freckleton Barger, Thelma Corby Clark, Wanda Stagen Tieman, Ida Gindele, Marie Steinke. We all know a very gay time was had by all present, and we hope more members of the 1937 class will get together at this time next year.

1939

Those of the class of '39 who were present at the Tea or Banquet in celebration of their tenth year anniversary were Leona Brandt Vetren, Gerda Varming Krehbiel, Dorothy Ackermann Snow, Lucille Mansell Sandberg, Crystal Lind Boisvert, Marie Foss Milton, and Jane Bradshaw Wanless.

1943

Frances Beto McKinley is now living in Laural, Mississippi.

Helen E. Stetson Smith completed her work at the University of Colorado for her B.S. degree in nursing and her certificate in public health nursing on March 14, 1949.

1944

Lt. Louise Larwill of Camp Kilmer, New Brunswick, N.J., is scheduled to sail for Bremerhaven in the near future. She has been to New York on several occasions to see the countryside and to enjoy the theater and movies. Happy Landings and Bon Voyage, Lt.!

1945

Miss Dorothy Godin is doing general staff work in the George Washington University Hospital, Washington, D. C.

Miss Rosemary Claus visited in Chicago for several weeks and is now back in her beloved Florida.

Virginia Fender Arnold is visiting her family in Orlando, Florida. She and her husband are planning to spend the summer at their camp in Colorado and will be making plans for their tour of Europe this fall.

1947

Mr. and Mrs. J. Cummings (Virginia Walker) are now living in Los Angeles, California, after having spent over a year in Sweden.

1948

Patricia Blatt has resigned her position at St. Luke's Hospital and is planning to work in Hawaii. We all wish her the best of luck and a pleasant trip.

Betty Jo Williams left Chicago in April to spend two months in Indian Service on the Rosebud Reservation in South Dakota.

Connie Tocque returned from England on May 12, 1949. She visited London and Edinborough, Scotland, over the Easter holiday.

WEDDING BELLS

On March 26th, 1949, Mr. Luther Smith of Dayton, Ohio, and Miss Helen Stetson, Class of 1943, were married. Mr. and Mrs. Smith are now residing in Ponca City, Oklahoma.

* * *

Mr. and Mrs. William Maurice Vander Water announce the marriage of their niece, Laura Louise Rood, to Dr. William Stewart Allerton on April 30th, 1949, at the Grace Episcopal Chapel in Chicago. The lovely afternoon ceremony took place at 4:30 p.m., and many of Mrs. Allerton's classmates as well as hospital staff attended the wedding. Mrs. Allerton is a member of the 1947-B class, and Dr. Allerton was formerly on the resident staff of St. Luke's Hospital in the field of neuro-psychiatry. Dr. and Mrs. Allerton are planning to make their residence in Baltimore, Maryland, after spending their honeymoon in the West.

* * *

Mr. and Mrs. William F. Retza announce the marriage of their daughter, Eleanor Ann (class of 1948) to Mr. Edward Anthony Zietz, Jr., on April 14th, 1949, at the Grace Episcopal Chapel in Chicago.

* * *

The following excerpt was taken from a Hanford, California, newspaper: "Widespread interest is attached to the forthcoming marriage of Marian R. Bollman of Chicago, Illinois, to Fred Salyer of Corcoran, who will recite their Nuptial vows Saturday at 4 p.m. in the Church of the Saviour in Hanford.

"Miss Bollman, the daughter of Mr. and Mrs. H. Gordon Bollman of Chicago, came to California in October, 1947, with her parents on a vacation trip and met Salyer through a mutual friend. California climate and people appealed to her so much she located in San Bruno in March, 1948, and obtained a position with Eitel-McCullough Company in their medical department as the nurse in charge of the department.

"Miss Bollman is a graduate of Stephens College for Girls of Columbia, Mo., and St. Luke's Hospital School of Nursing in Chicago.

"Salyer was graduated from Cor-

coran High School with the class of 1942 and was flight instructor for the army, training pilots for combat. He now is a director and vice-president of the Salyer Land Company, Inc., and a partner in Salyer Farms Company.

"Reception following the ceremony will be held at the Kings County Country Club in Hanford.

"The bridal couple will honeymoon in Santa Barbara and will live in Corcoran."

Mr. and Mrs. Fred Salyer were married on February 12, 1948, as previously announced in this bulletin.

NEW CITIZENS— Congratulations

Mr. and Mrs. Rollin Hoggatt (Helen Curry—1940) are proud to announce the arrival of a baby girl, Ruth Helen, on April 5th, 1949, in Petersburg, Indiana.

* * *

Mr. and Mrs. Sidney Pilzner (Betty Montas—1932) are the proud parents of a baby boy, Gary Lee, born to them on April 13th, 1949, in San Mateo, California.

* * *

Dr. and Mrs. M. S. Maynard (Margaret Davis—Class of 1941) are happy to announce the arrival of twin girls, Susan Kay and Sharon Rae, born on January 2nd, 1949, in Grand Rapids, Michigan.

* * *

Mr. and Mrs. Pokorny of San Diego, California, are the happy, new parents of a baby boy, Jimmie, born to them on March 18th, 1949. Mrs. Pokorny is the former Louise Most, Class of 1940.

* * *

A baby boy, Stephen Kent, was born to Mr. and Mrs. Samuel L. Chollar, Jr., at St. Luke's Hospital on April 3rd, 1949. Mrs. Chollar is the former Mary Stansborough, Class of 1948.

* * *

Mr. and Mrs. Irvin Swanson (Peggy Ewart—1945) are happy to announce the addition of a son to their happy family of three. Thomas Irvin was born on March 31st, 1949.

* * *

A baby boy made his debut at St. Luke's Hospital on April 11th, 1949. He is the new son of Mr. and Mrs.

Keippel. Mrs. Keippel is the former Sally Mankowski, Class of 1938.

* * *

Mr. and Mrs. Bosworth are the proud parents of a baby girl presented to them on March 28th, 1949, at St. Luke's Hospital. Mrs. Bosworth (Marilyn Neuman) was a member of the class of 1944.

* * *

Dr. and Mrs. Heller are the proud parents of a baby boy born at St. Luke's Hospital on April 27th, 1949. Mrs. Heller is the former Ruth Wark, class of 1944.

* * *

Mr. and Mrs. Davison are happy to announce the arrival of a baby girl born at St. Luke's Hospital on May 4th, 1949. Mrs. Davidson is the former June Schaffenburg, class of 1947.

* * *

Reverend and Mrs. Calhoun (Betty Powers, class of 1943) are happy to announce the arrival of a son, Jeffrey Edward, born to them on April 2nd, 1949, in Tracy, California.

* * *

Mr. and Mrs. Ross Eagan are the proud parents of a baby boy born to them on May 16th, 1949. Russell Nelson was born in Columbia Hospital, Washington, D.C., and weighed 8 lbs. 14 oz. Mrs. Eagan is the former Shirley Nelson, class of 1944.

Shop Has Birthday

The tenth anniversary of the St. Luke's Hospital Shop was celebrated on April 8, 1949 from 3-5 p.m. as the Shop Staff held open house.

There were many messages of congratulations and best wishes showered upon the Shop during the day. At least 500 friends were present for the party. The pink and white birthday cake with its ten candles was the center of interest.

The Shop Committee and the Shop Staff wishes to convey the following message to its many loyal friends: "The Shop wishes to express its gratitude to the Medical Staff, the St. Luke's Family and its many friends for their good wishes on its Tenth Anniversary. Our first decade of existence has been made pleasant and successful through your support and interest. We hope that in the next ten years, the Shop may continue to be of service to you all."

In Memoriam

St. Luke's Alumnae Association extends sincere sympathy to Mrs. Frederick H. Deknatel in the recent death of her husband at their home in La Grange, Illinois, after a long illness. Services were held in the Emmanuel Episcopal Church in La Grange. Mr. Deknatel had been president of the Mackie-Lovejoy Manufacturing Company of Chicago for more than fifty years. He was one of the early residents of Hull House and a founding member of the City Club of Chicago. Mrs. Deknatel was the former Wilfreda Brockway, class of 1900.

* * *

St. Luke's Alumnae Association extends deep sympathy to Mabel Madden, Class of 1913, in the recent death of her mother on April 18th, 1948, in Napanee, Ontario, Canada.

* * *

St. Luke's Alumnae Association ex-

tends sincerest sympathy to the friends and family of Ann Pearse, class of 1895, who passed away on April 8th, 1949, at the King Bruwaert House in Hinsdale, Illinois.

* * *

St. Luke's Alumnae Association extends sympathy to Miss Helen Gianutsos, Class of 1946, in the recent death of her mother in April, 1949.

* * *

St. Luke's Alumnae Association extends deep sympathy to Miss Clara Gemuenden, Class of 1922, whose sister passed away in April, 1949.

* * *

St. Luke's Alumnae Association extends sincere sympathy to Fern Richardson Nicholson, class of 1925, in the recent death of her mother, Mrs. Jane Richardson, who passed away at her home in Watseka, Illinois, on May 12th, 1949, after a four-year illness.

Hospital Day Reception

On May 12th, 1949, from 3:30 to 5:30 p.m., an impressive Hospital Day Tea was held in the Ryerson Lounge of the Schweppe Memorial Building of the St. Luke's Hospital School of Nursing. All members of the hospital family were represented among the many guests present.

The Student Choral group, under the direction of Mr. Harry Walsh, gave several beautiful renditions as the attentive audience enjoyed each selection. Tea and refreshments were served preceding the presentation of service pins and certificates in the Quarter of a Century Club.

Mr. A. Watson Armour, President of the Board of Trustees, Dr. Guy V. Pontius, and Mrs. Gordon Lang made the following presentations of Certificates in the Quarter of a Century Club: Dr. E. K. Findlay, Dr. James A. Gough, Dr. T. L. Hansen, Mrs. Stanley Keith, Miss Josephine Gilbert and Miss Elsa Rudolph. Sixty-five service pins were presented to other members of the personnel.

The Board of Trustees, Medical Staff, Woman's Board, Women's Auxiliary and all members of the personnel were guests of Mr. A. Watson Armour at this reception on the fifth annual observance of National Hospital Day.

Baccalaureate Services

At 11:00 a.m. on Sunday, May 15th, Grace Episcopal Church was the scene of a solemn, yet beautiful Baccalaureate Service held for the graduating members of the class of 1949. Forty-eight new graduates, members of the Senior Faculty and guests were present to hear the Grace Episcopal Church Choir and Rev. Turton Travis deliver his meaningful and inspiring address, the text of which dealt with the passage "Ye have not passed this way before."

Rev. Travis stressed strongly that love of one's vocation enables one to hear opportunity's knock on any portal. There are many portals obvious to all about us which open outward, but the portals which open inward are those that give meaning to life. These

inward portals are opened only by you, the individual and include the intellect, the heart, and the soul. The nurse must have these portals open to all mankind in order to give service with affection, emotion, sympathy and understanding for we must never neglect doing a small thing for a fellow man; "While we have the opportunity, let us do good for all men."

Preceding the Baccalaureate Service, a Senior Breakfast was given for the graduates by the Senior Faculty. The breakfast took place in the Schweppe Memorial Building and the Chapel Services climaxed this memorable day for the class of 1949.

Homecoming Day

The St. Luke's Alumnae Association and nursing staff once again reunited at the Annual Homecoming Day Tea on May 19th, 1949, from 3 p.m. to 5 p.m. in the Ryerson Lounge of Schweppe Memorial Building.

Although the weather was inclement, a surprisingly large number of the Alumnae and members of the 1949 graduating class were present.

Tea and lovely refreshments were served throughout the afternoon, and each and every guest present was impressed with the lovely table centerpiece and the beautiful spring motif displayed in the flowers seen about Schweppe.

Miss Harriet Fulmer, chairman of the Historical Souvenir Committee, had her valuable collection on display; and the guests found these souvenirs interesting and memorable.

Many of the Alumnae members were impressed by the great number of new additions and improvements around the hospital and grounds; and the new Morton Clinic Building was the scene of much favorable comment and discussion.

The formal ceremony was opened by Miss Madeleine McConnell, Director of Nurses, who welcomed the guests as well as announced the plans for the new five-year affiliation program for the student nurses with the University of Illinois. Miss McConnell then introduced Miss Sally Zeeman, who represented our president, Mrs. Rosellen Millis; Miss Zeeman congratulated the graduating class. In her address, Miss Zeeman briefly

mentioned the many projects undertaken by the Alumnae Association in the past year.

Miss Gharyl Frye, president of the 1949-B Class, proudly made the traditional presentation of the school banner to Miss Barbara Campbell, president of the 1950-B Class, next in line for graduation.

Miss Mae Collins represented the class of 1899 and delivered a short congratulatory message to the new graduates; Miss Rhoda Wickwire, representing the 25-year class (1924), presented Miss McConnell and the School of Nursing with a gift to be added to the Endowment Fund.

The Senior Class gift, a lovely typewriter, was then presented by Mrs. Jean Young, President of the 1949-A class, for use by the students to follow in the School of Nursing.

The formal ceremony was closed with a short blessing by Rev. Wm. T. Travis, Rector of Grace Episcopal Church.

Many of the Alumnae, both young and old, chatted pleasantly, reminisced, and made plans to meet again at the next Homecoming Day Tea, leaving with a warm feeling of friendships renewed.

Commencement Day

The culmination of "Graduation Week" in the School of Nursing was the Commencement Service on Friday, May 20th, 1949, in St. James Episcopal Church, Chicago, Illinois. Sixty-two student nurses received their diplomas from Mr. A. Watson Armour, President of the Board of Trustees, and Miss Madeleine McConnell, Director of Nurses. Reverend William T. Travis officiated in the awarding of the badges to the graduates.

Dr. A. C. Ivy, Ph.D., Vice President of the University of Illinois in charge of Chicago Profession Colleges, delivered the address "Paradise Hunters." He stressed that happiness comes from peace of mind and good will toward our fellow man which is manifested by faith, hope, and charity.

The high point of the evening was the announcement of the special awards which was done by Miss Madeleine McConnell. The President of the Board of Trustees Award to one of the two most outstanding nurs-

es in medical and surgical nursing: Mrs. Jean Borsom Young; The Mrs. Charles H. Morse Award to the most outstanding "all-around" nurse: Miss Beverly Jane Zwick; the Martha Huggitt McCullough Memorial to the most outstanding nurse in "bedside nursing:" Miss Elnor Jean Kuhlman; The Charles H. Schweppe Memorial Award to the most outstanding nurse in psychiatric nursing: Miss Lorraine Barbara Ferro; The Mrs. John W. Gary Award to the most outstanding nurse in obstetrical nursing: Miss Mar Mae Ebinger; The Medical Staff Award to one of the two most outstanding nurses in medical and surgical nursing: Miss Lois Dorothy McCoy; The Harriet Fulmer Award to the nurse with the highest scholastic standing: Miss Mar Mae Ebinger; The Woman's Board of St. Luke's Hospital Award to the most outstanding nurse in pediatric nursing: Miss Muriel Helen Moss; The Woman's Board of St. Luke's Hospital Award to the most outstanding nurse in operating room nursing: Miss Hope Josephine Wilhelm; The Margaret McFadon Willing Memorial Award for outstanding citizenship: Miss Mar-ian Ilene Gerken.

Following the services, Schweppe House the scene of much gaiety and congratulatory celebration.

Spring Banquet

On Saturday evening, May 21st, 1949, the St. Luke's Alumnae Association held its annual spring banquet at the Century Room of the La Salle Hotel. Guests of honor were members of the Classes of 1899, 1924, and 1949.

This lovely evening of festivities was made very impressive by the appearance of the graduating class in formal attire, a beautiful sight to behold. Following the introduction of the Board of Directors and guests of honor seated at the Speakers' Table, everyone fully enjoyed the dinner climaxed by ice cream cake dessert, which was decorated with the traditional St. Luke's blue cross. Miss Elizabeth Vickery, toastmistress, made the introductions and gave a very inspiring address of welcome to all the guests present as well as welcoming the new graduates into the Alumnae ranks.

Miss Mae Collins, guest of honor from the class of 1899 — the "50-Year Class, spoke to the group in a very charming, informal manner bringing to mind conditions and amusing situations in her days of "training."

Miss Helen Benjamin, guest of honor from the "25-Year Class" (1924), told the group many interesting tales about her 23 years in nursing in India. She reminisced about the activities of her classmates and said she was very anxious to get back to her "dear, old India" once again. She stressed that true cooperation depends almost wholly on our attitudes and trust in our fellow man.

Guests of honor from the graduating class of 1949 were Miss Laura De Long, 1949-A, who spoke to the guests on the topic of looking to the future and Miss Gharyl Frye, 1949-B, who hoped that all the new graduates would take an active interest in their Alumnae Association future by contributing and helping to carry out its ideals.

Miss Madeleine McConnell, Director of Nursing, reminded everyone present that strong leadership in nursing is needed at present more than ever before. She also refreshed all memories by reminding the guests that St. Luke's has always taken a position of prominence in medicine and nursing as evidenced by the many St. Luke's Alumnae now who are our present leaders.

Mrs. Edna Travers, Treasurer, spoke briefly on the subject of one of the goals of the Association: striving to increase our membership. She invited the graduating class members to join their Alumnae Association, stating that they needed us as well as we needing them and their youthful zest and ideals.

Miss Sally Zeeman, Chairman of the Program Committee, read to the group the regrets she had received from members who were unable to attend the Banquet. Mrs. Rosellen Millis, President of the Alumnae Association, wired that she was very sorry she was unable to attend but hoped everyone would have a very enjoyable time and congratulated the classes of 1899, 1924, and 1949. Following are some excerpts from the many regrets received:

Miss Julia Dawson, class of 1895: "Many thanks for the invitation to the Spring Banquet of St. Luke's Hospital School of Nursing. I deeply regret that I am unable to accept. I have a very happy memory of the last Banquet I attended three years ago. I do hope to be with you next time. My very warmest good wishes to your guests, the Class of 1949."

Emma D. Self, Class of 1892: "I always keep in touch with the training school and am so pleased to learn of the important posts being filled by our graduates in many parts of the world. My heartiest congratulations to the Graduating Class of 1949."

Ada Reitz Crocker: "My thoughts will be with you but because of the great distance, I shall be unable to be present. Please remember me to my many former associates and best wishes to members of the graduating class."

Marie W. Taylor, class of 1895: "Thank you for the invitation to the commencement exercises and regret very much that owing to poor health I will not be able to make such a long journey, but will be with you in spirit."

Lynnette Vanderwort: "Let me assure you that it is distance and not old age that keeps me from accepting your cordial invitation to attend the Banquet. My special greeting to you and to the honored guests attending; special greetings, too, to those members of unit 14, who are attending. May each of those present reach the fifty-year old mark."

Miss Violet Nesbitt, class of 1899, writes us from New York that she is unable to attend the banquet as she is caring for her sister who has been ill. She is semi-retired after many years of service and still has an active interest in the many activities of our school and the Alumni Association. Miss Nesbitt tells us that she has many diaries, kept while in service in France, and, if any nurse would be interested, she would be happy to send one on. She can be reached at 446 West 20th St., New York, N.Y.

Miss Julia Dawson, class of 1895, writes us from Toronto, Ontario, that she was unable to attend the homecoming events. "My warmest good wishes are extended to all the nurses and friends who will enjoy the day

together. It is such a happy event"

Miss Mabel Burnham, class of 1899: "I regret very much not being able to attend the Alumnae dinner. I really am not well enough but would like you to send me an account of all your good times. I have been to so many of them. Will think of you all on that occasion."

Mrs. Mary E. Ruddock, class of 1912: "I am very sorry to tell you that it will be impossible for me to attend the Annual Spring Banquet. I had looked forward this spring to seeing you all and meeting some of my classmates, also all of the new and wonderful buildings in and around St. Luke's. The Canadian government is short on U. S. funds, and so we are allowed \$150.00 per year; that doesn't take us far. I feel sure that next year will be a better year for all of us, and I hope that I shall be seeing Chicago and all of the people I love." Mrs. Ruddock is living in Vancouver, B. C.

Miss Annette Van Gorder, class of 1940, has just begun working at the Sycamore Municipal Hospital "which has 28 beds and is much slower pace than Main 15." She says, "Give my best to all of the gals."

Mrs. Dorothy Schuette Chamberlain (1945-A) writes that she will not be able to be present at the banquet as she is very busy caring for her 9-months' old son. "Give my regards to all of the 45'ers."

Miss Rose Stettler, class of 1924, is sorry that she was unable to attend the banquet as she is busy running some experimental work on multiple sclerosis. She says "Have lots of fun, lots to eat and a lovely time. I shall be thinking of you all."

Miss Esther Jensen (1948) sends her regrets. She is attending the School of Public Health at the University of Michigan. "My best wishes for a successful evening, with greetings to the classes of 1899, 1924 and 1949."

Margaret Mathis, 1921-C: "I am congratulating the new class as well as the former ones. Please give my best regards to all, especially class members of 1921-C. I should like very much to hear from any of them. I know everyone there will be proud of St. Luke's always."

Margaret A. Bulkley, class of 1908: "Please give my cordial greetings to the class of 1949 and any of the older nurses who may remember me. I am still working with the Suffolk County Health Department, Islip, Long Island, New York.

Mrs. Marion Schempp Haar, class of 1941: "My very best wishes to all of the Alumnae and most sincere congratulations to the class of 1949." Mrs. Haar has been working in a doctor's office and everyone has been busy and shocked since the Palm Sunday tragedy in Marion, South Dakota.

Margaret Quigley Casselman, class of 1934: "Will you please extend good wishes for me, to all members of the Alumnae and congratulations to the graduating class."

Wire received from Barbara Janata: "Please convey regrets that I can't be with my classmates at the Spring Banquet. Congratulations to the classes of 1899, 1924, and 1949."

Wire received from Nell V. Beeby: "Affectionate greetings to all, especially old gals, and best wishes to new graduates."

Adda Eldredge, class of 1899: "It was with the deepest regret that I finally sent the telegram declining your invitation to the Fiftieth Anniversary of the Class of 1899 and to its sister classes, 1924 and 1949. Hail to all three classes and to the Alumnae as a whole. I presume Miss Collins will be the only one there and will speak for the class — but she will not give the praise due to Mae D. Collins!"

After the above regrets were read, Mrs. Rosemary Dace, Secretary, read the roll as each class called proudly stood and received an ovation.

The rest of the evening was spent chatting, reminiscing, and just relaxing and enjoying the comfort of old friends, hoping to meet again next year.

Around the Corridors

It is evident that spring has arrived and summer is on its way. Window screens have been cleaned and put into place. The window frames on Scheppe House have received a new coat of green paint and conversations have turned to cotton dresses, bathing

suits, golf clubs and vacations. We have even seen evidence of a few slight, but obvious, sunburns.

We regret that we have to say "good-bye" to so many of our staff. We want to wish Miss Laura Rood (Mrs. William Allerton) the very best of luck in her new career. Miss Patricia Blatt is leaving for Hawaii, and we will expect to hear all about the life in the islands, Pat. Miss Lois Schroyer is returning home to nurse in Michigan. Miss Harriet Berger is going to work on her Master's degree and Miss Jean Sollitt is planning a trip to Europe. The best of luck to all of you.

Spring has brought many architectural changes, including the completion of moving the clinic into the new Morton Clinic Building. On May 4th, the new sound-proof cafeteria was opened to employees, house staff and guests. The new cheery atmosphere is due to the attractive flowered drapes and canary yellow walls. We almost expect to hear soft dinner music pour forth as we sit down to enjoy our meals.

We understand that Miss Madeleine McConnell, Miss Josephine Gilbert and Miss Sally Zeeman had an interesting time at the League Convention in Cleveland recently.

We had many visitors here at St. Luke's while the annual Tri-State Hospital Assembly was being held at the Palmer House from May 2nd through the 4th. Many St. Luke's people shared in this educational meeting.

Dr. Carl A. Johnson was recently in charge of the Chicago Heart Association clinical meeting held at St. Luke's on April 20th. A large group of medical men were present, and among the St. Luke's men present were Drs. Howard Wakefield, N. C. Gilbert, Carl A. Johnson, L. Nalefski, Robert Gilbert, and David Barnum.

Miss Mary Carpenter, Director, Department of Education, Royal College of Nursing, London, England, and Mrs. H. N. White of the European Hospital, which is affiliated with St. Luke's, of Port Moresby, New Guinea, were recently visitors here at St. Luke's.

Members of the St. Luke's Medical Staff Ophthalmological Department

have made a memorial fund in tribute to the late Dr. Louis Bothman, Senior Ophthalmologist. The money raised will be used to purchase equipment for the Department of Ophthalmology.

Will be with you all again in October. I hope each and every one of you has a very enjoyable summer and will let me know all about your vacations.

Your Roving Reporter

Alumnae News

If any member of the Alumnae Association has not as yet obtained her copy of "The History of St. Luke's School of Nursing" please contact Miss Doris Rae at 1400 S. Indiana Avenue, Chicago 5, Illinois. We feel that each and every graduate of St. Luke's as well as many of their friends will find this lovely book a truly fine addition to their libraries.

* * *

Miss Alice M. Sanderson, Chairman of the Year Book Committee, would like to ask the cooperation of the entire membership in assisting to compile information regarding each and every graduate in order to publish a new up-to-date edition. One member from each class has been called upon to be responsible for obtaining the correct addresses and spelling of names for her classmates. If you are called upon to assist in this mammoth task, please extend your helpful hand.

* * *

All members of the Alumnae Association were asked for suggestions for the betterment of their association to be written on the reverse side of their Notice of Dues. The following responses were received:

Miss Hattie Gooch, class of 1908—

- "1. Scholarships to graduate nurses for advanced nursing education.
2. Some form of recognition of new members.
3. Working for Endowment of School of Nursing."

Miss Margaret Mary Mathis, Class of 1921—

"Am thrilled to hear our school is now a University School. Hope you

can arrange a chapter of **Alpha Lau Delta** for graduate and student members. Alpha chapter or mother chapter is U. of California at Berkeley, Calif. — could write there for information as to applying for a chapter. Minneapolis has a chapter — very active. It stimulated interest in standards of nursing and gives a nurse prestige. I am a charter member of **Zeta** chapter, U.S.C. Have been past president. Would like to have St. Luke's have first chapter there."

Mrs. Curvin H. Michael, class of 1923 —

- "1. Liability Insurance for all nurses in districts throughout the state.
2. Straight 8-hour duty for all nurses in Illinois.
3. \$215.00 minimum salary in the State for staff nurses."

Miss Frances B. Scoville, Class of 1917 —

"Cards to be carried designating that nurses are a member of her Alumnae and not just a slip of paper issued as a receipt."

Miss Benie Duffitt, class of 1918 —

"With the expanding of the U. S. Social Security Program, are the Alumnae Associations representing their groups of graduate nurses? Is there any other program of retirement under way?"

The editor feels that these suggestions certainly provide food for thought! How about the rest of the membership? What do **you** think of the above ideas and do **you** have any other suggestions to offer which would make **your** Alumnae Association function better for each and every member??

New Members

Anna Mary Reiss	Lois Bliss Stephens
Ann O'Connor	June P. Brundage
Edith Stewart	Ada Thayer Keith
Beverly J. Fiege	Constance Tocque
Marilyn Daege	Barbara Johnson
Harriet Holton	Shirley Birch
Arleen Erickson	Mary J. McBurney
Eleanor A. Retza	Ramona Borovicka
Jane Chapplear	Ann Reed
Zoe Harpster	Naomi Frevert
Patricia Blatt	Constance Camp
Josephine Dinner	

A Students Impression of Education

The National League of Nursing Convention in Cleveland, Ohio

On May 2nd and 3rd, Miss Doris Mills and myself were privileged to attend the National League of Nursing Education Convention in Cleveland, Ohio. Our two days there were very full, enjoyable ones, as well as educational ones.

We were greatly impressed by the graduates and students present from various parts of the country. It was indeed a wonderful experience to meet them and share their spirit in the advancement of nursing education.

The Business Meetings of the League were stimulating and informative. The student meetings left us with a deep sense of gratitude for the interest the graduate nurses now take in the students' problems and requests.

Our first meeting was held at the Statler Hotel, Monday morning. The topic discussed was **City and State Nursing Organizations**. Three students participated in this: one from Minnesota, one from Colorado, and our Chicago Association of Student Nurses' President, Miss Dorothy Wooden of Presbyterian Hospital.

Following this meeting, we adjourned to the Euclid Ballroom for a very delicious luncheon for student nurses only. The speaker was Dr. Louis J. Karnosh, M.D., Clinical Professor of Neurology at Western Reserve University, Cleveland, who spoke on the **Psychophysical Structure of Personality**. Dr. Karnosh held the attention, and we were all sorry that his speech was so short.

As guests at Mather Hall at Western Reserve Frances Payne Bolton School of Nursing, Miss Mills and I were treated like royalty. The campus was beautiful, as those of you who have seen it know. The students were very friendly, and it was late in the night when we finished comparing notes.

On Tuesday afternoon, we attended a symposium on Pediatric Nursing at the Western Reserve University Hospitals. Five very capable participants made this one of the highlights of the convention. Their topics were: **The Child's Emotional Needs Upon Admission to the Hospital; Manifestations and Allaying of Fears in the Hospitalized Child; An Overall Plan to Aid in Emotional Adjustment of**

the Hospitalized Child; Sex Instruction for Children; and Relationship of the Pediatric Nurse and Community Resources in Mental Health. Following this, a conducted tour through the Babies' and Children's Hospital here left us with a deeper understanding and appreciation for the importance of the nurse in the life of a child.

After time out for dinner in the beautiful dining room at the Nurses' Residence, we packed our bags, pulled out our compasses, and hoped we would arrive safely at St. Luke's Hospital, Cleveland, for a final expedition before returning home.

At St. Luke's we were guests at a Student Council meeting and a Senior Class meeting. We were then shown through the hospital and beautiful new nurses' home, the latter which compares very favorably with our own Schweppe. We made many new friends during the evening, and left for the Terminal with new, interesting ideas and reports for our Cooperative Government Association.

Wednesday morning, two very worn and bedraggled wanderers returned home — tired but proud to be members of the nursing profession, possessing a deeper appreciation and understanding of its problems, its goals, and its significance in the world today.

Marian Gerken, 1949-B
President, C. G. A.

1949 Aims and Projects

Alumnae Association

St. Luke's Hospital School of Nursing

1. Membership Drive — encourage reinstatement of former members — secure new members.
2. Completion of 1950 Year Book.
3. Active participation of membership in Alumnae meetings and activities.
4. Formulate a plan of Life Membership for members.
5. Encourage members to participate in Alumnae, District, State and National organizations.
6. Interest Student Nurses to attend Alumnae Meetings.
7. Bind back issues of the Alumnae Journals for the Alumnae and Student Nurses' Library.
8. Publicity — to urge nurses to use our Loan Fund for advanced education.

Blue Cross Service Guild
TREASURER'S REPORT FOR YEAR 1948

Bal. on hand Mar. 1, 1948 (Checking Acct.)		\$ 829.87
Receipts:		
Dues for 1948	\$370.00	
Dues for 1949	170.00	
New Membership fee	2.00	
Donations	14.50	
	\$556.50	\$1386.37
Disbursements:		
Apr. 1948 Mr. S. Kisco(Hosp. exp. for F. Kisco)	\$ 52.20	
R. Reschke (Nurs. Serv. rendered to E. Gustafson)	20.00	
Aug. \$500.00 transferred to Savings Acct. 1948	500.00	
Sept. 1948 S. Stonis (Nurs. serv. ren- dered to E. Travers)	70.00	
B. Zuro (Nurs. serv. rendered to E. Travers)	50.00	
	\$692.20	\$ 694.17
Savings Acct. Con. Ill. Nat. Bank:		
Bal. on hand Mar. 1, 1948		\$4149.05
Int. on Savings July, 1948	\$ 25.93	
Trans. from Ck. Acct.	500.00	
	\$525.93	\$4674.98
Donations:		
M. Boyington	\$ 9.50	
B. Duffill — (Memory of Jessie Lawrie)	5.00	
	\$14.50	
Bal. on hand Mar. 1, 1948		\$4978.92
Bal. on hand Mar. 1, 1949		\$5369.15
Gain		\$ 390.23

Edna E. Travis, Treasurer

PHARMACOLOGY DIGEST
By Louis Gdalmán
A U R E O M Y C I N

Since the discovery of the sulfonamides there has been an increasing desire upon the part of research investigators to discover if chemotherapeutic agents can be developed which will attack not only the common bacterial invaders, but also the more elusive parasitic invaders, the rickettsial and viral-like infections. Complete success in this direction has not yet been achieved, but may be said to be gradually coming into view. The conquest of true viruses may be achieved by discovering new antibiotics that are effective against rickettsiae, weak viruses and virus-like diseases, and antibiotics that will be effective against many or all viruses. This intermediate step has been achieved with the discovery of aureomycin. Its isolation and clinical testing was carried out by the research group at Lederle Laboratories Division, American Cyanamid Company, Pearl River, N.Y.

Aureomycin Hydrochloride is a yellow, crystalline antibiotic obtained from the mold *Streptomyces aureofaciens*. It is a potent antibiotic against many Gram-negative and Gram-positive organisms, as well as highly specific against rickettsial infections. It is also effective against primary atypical pneumonia, an infection of unknown etiology. Aureomycin should be used against infections

that have become resistant to penicillin, streptomycin, or sulfonamides, and in patients who exhibit severe and uncontrollable sensitivity to these drugs. The precise indications for its use, in comparison with other antibiotics, have not been established.

Toxicity

Laboratory and clinical studies indicate that, for all practical purposes, aureomycin is not toxic in therapeutic dosage, except for occasional nausea. This does not exclude the possibility of allergy although no cases have been reported in the literature. On intramuscular injection there may be local irritation associated with variable degrees of pain from moderate to severe and lasting from several minutes to several hours.

Indications

Infections in which aureomycin appears to be an effective therapeutic agent:

A. RICKETTSIAL DISEASES

1. Rocky Mountain Spotted Fever: This disease is caused by *Rickettsia rickettsii*, the vector being the common tick. Aureomycin appears to be specific for this organism. It has been found that this drug possesses marked effectiveness against the rickettsiae of spotted fever, typhus fever, scrub typhus fever, and Q fever in chick embryos.

2. Q Fever: This is an acute infectious disease of the rickettsial type caused by *C. burnetti* and prevalent particularly on the west coast of the United States and Canada. Workers reported a series of patients treated orally with aureomycin, with prompt decline of fever in most cases. Oral daily dosage varied from 2 to 5 grams. Cases running a febrile course for many days before treatment required a correspondingly longer period of treatment; whereas cases that had been febrile for only a few days required a correspondingly brief period to restore the temperature to normal.

3. Typhus: It has been shown in the laboratory that aureomycin is specific for the entire group of typhus rickettsiae, including those causing Rocky Mountain spotted fever and murine typhus. Several clinical cases, as yet unpublished, showed prompt and favorable response.

4. Rickettsialpox: This relatively new disease, an outbreak of which has recently occurred in New York City, appears to be controlled by Aureomycin. Clinical work is anticipated in this field.

5. Lymphogranuloma Venereum: Aureomycin appears to improve markedly acute ulcerative and inguinal forms of lymphogranuloma venereum. Chronic cases with advanced perirectal and similar changes require various adjuvant measures, including surgery. Research workers, who have made an intense study of this drug in lymphogranuloma venereum, have concluded that this antibiotic is a specific form of therapy for the "virus," as well as being highly effective against the secondary bacterial invaders.

6. Psittacosis (Parrot Fever): It has been shown in experimental animals that aureomycin possesses marked therapeutic activity against the entire group of psittacosis — lymphogranuloma viruses. Clinical cases have not as yet been reported, since the disease is relatively rare.

Primary Atypical Pneumonia

In certain instances the clinical syndrome of primary atypical pneumonia has appeared to respond dramatically to aureomycin.

B. Bacterial Infections

1. Acute Brucellosis: This infection is frequently transmitted from animals to man, and appears to yield promptly to treatment with aureomycin. Research workers concluded that following oral administration of aureomycin in patients having proven acute and chronic brucellosis, due to *Brucella melitensis*, the immediate therapeutic results were far superior to those obtained with any other specific therapy.

2. Infections caused by Penicillin-resistant, Gram-positive cocci: Whenever it has been determined that an infection is caused by one or more Gram-positive cocci that are resistant to penicillin, either clinically or in vitro, it is advisable to administer aureomycin. In particular, preliminary reports give

indications of aureomycin being useful in stubborn and resistant staphylococcic infections.

3. Infections caused by the Coli-Aerogenes group of bacteria: Aureomycin is useful in infections caused by coli-aerogenes group, including those of the urinary tract, and peritonitis, with or without bacteremia.

4. Infections in which Aureomycin has been found useful, but its value has not been clearly defined: Salmonella Infections (including Typhoid Fever): Laboratory and unpublished clinical data indicate that this drug may be effective in these infections in large doses. Additional research is in progress. Infections caused by Gram-positive cocci, other than those that are Penicillin-resistant: The value of aureomycin in these instances compared to that of other antibiotics, has not been precisely determined.

5. Infections in which Aureomycin should not be used since it is ineffective: Aureomycin has not been found useful in any virus infection, except those of lympho-pathia venereum and the ornithosis group. It has been established that the drug is not effective in infections caused by *Proteus vulgaris* or by *Pseudomonas aeruginosa*.

6. Ocular infections in which Aureomycin appears to be an effective therapeutic agent: It has been reported that aureomycin borate is effective in 0.5 per cent concentration in staphylococcic, pneumococcic, and influenzal conjunctivitis. It is also effective in infections caused by the *Diplobacillus* of Morax-Axenfield and Friedlander's bacillus. Several eye infections that are thought to be viral-like in nature respond to aureomycin; inclusion conjunctivitis, follicular conjunctivitis, and herpes simplex corneae.

Oral Administration

The object in administering Aureomycin is to obtain immediate high concentrations of the drug in the blood and tissues. Oral therapy is usually preferable, is promptly absorbed, and the results are uniformly consistent.

Dosage

Severe Infections: This category includes all cases of rickettsial infections and Q fever. The dosage should be 50 to 100 mgm. per kilo per day given orally. Considerably larger doses have been used without untoward results. For example, cases of typhoid fever and salmonella infections have received from 300 to 500 mg. per kilo per day.

Moderate infections: Ordinarily all other infections except above bacterial infections, including primary atypical pneumonias, should receive from 25 to 50 mg. per kilo per day orally. The above daily dosages are suggested for, periods of from 5 to 14 days as judged by clinical response. The dosage may be reduced to the lower range within a few days, provided definite therapeutic effects occur. The drug should be administered every 4 hours for the first 24 hours, then every 6 hours.

Ophthalmic Administration

Ophthalmic infections may be controlled by the use locally of an ophthalmic solution made by adding 5 cc of distilled water only to 25 mg. of aureomycin contained in a dropper bottle. If this solution is kept under refrigerator conditions, it will remain stable for approximately two days. Combined local and oral therapy is preferred in *Diplobacillus* ulcers, Friedlander bacillus ulcers, and in general where there is severe infection.

Dosage: One or two drops should be placed in the affected eye, or preferably in both eyes, every two hours, or oftener, depending on the severity of the infection. Very severe infections may require days of treatment, whereas other cases may be cured by instillation with much less frequency for 48 hours.

(To be Continued)

CHAIRMEN AND COMMITTEE MEMBERS

Alumnae Association, St. Luke's Hospital School of Nursing

1949

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Miss Dorothy Armstrong
Miss Mary Everett
Miss Nancy Allen

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Miss Marie Steinke, Chairman
Mrs. Edna Travers
Miss Stella Konecko

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Miss Stella Konecko, Chairman
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Mrs. Ruth McCarthy
Mrs. Edna Travers
Miss Elizabeth Vickery

*List of committee members is incomplete

of St. Luke's Hospital School
of Nursing
Box 349
Evanston, Illinois

THE POST OFFICE AT EVANSTON, ILLINOIS

The Alumnae



OCTOBER, 1949

Alumnae Association, St. Luke's Hospital School of Nursing Officers and Members of Board of Directors

1949

		Term Expires
President	Mrs. Rosellyn K. Millis	1950
10 N. LaSalle St., Chicago 2	FR anklin 2-0700	
First-Vice-President	Miss Elizabeth W. Vickery	1949
1142 South Michigan Avenue, Chicago 5	HA rrison 7-8209	
Second Vice-President	Miss Marie Steinke	1950
1500 S. Indiana Avenue, Chicago 5	HA rrison 7-5040	
Treasurer	Mrs. Edna Travers	1950
812 E. 49th Street, Chicago 15	OA kland 4-5631	
Recording Secretary	Mrs. Rosemary Dace	1949
4643 Lake Park Avenue, Chicago 15	AT lantic 5-6411	
Corresponding Secretary	Mrs. Ruth Grant	1950
612 Patterson Avenue, Chicago 13	DI versey 8-8050	
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1020 Lake Shore Drive, Chicago 11	WH itehall 4-8600	
Relief Committee Chairman	Miss Maude Gooch	1950
1518 S. Michigan Avenue, Chicago 5	WE bster 9-3945	
Program Committee Chairman	Miss Sarah Zeeman	1950
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Press and Publication Committee Chairman	Miss Stasy Mesec	1949
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MEMBERS AT LARGE

Miss Dorothy Armstrong	SU perior 7-4955	1949
1100 N. Dearborn Street, Chicago 10		
Miss Nora Gaulke	HA rrison 7-5040	1950
1500 S. Indiana Avenue, Chicago 5		
Miss Josephine Gilbert	HA rrison 7-5040	1950
1500 S. Indiana Avenue, Chicago 5		

Alumnae Pledge



An Assurance of Loyalty

With understanding of and the belief in the aims and purposes of the Alumnae Association of St. Luke's Hospital School of Nursing, I do solemnly affirm, that I will endeavor, by my daily life and service, to honor always the profession of which I am a member.

THE ALUMNAE

Official Organ of

The Alumnae Ass'n. of St. Luke's Hospital School of Nursing, Chicago, Ill.

Volume 47

October, 1949

No. 4

"IF" For Women

If you can bear the burden laid upon you
And never yield to worry or despair;
If you can keep your calm when all about you
Is all but that, and yet new ventures dare;
If you can keep your faith 'mid all life's trials,
And find it brighter as the years go by;
Or when your strength is small and insufficient,
Have no self-pity or rebellious sigh;
If you can love so that you're glad to suffer;
If you can work and yet not be a drudge;
If you can bear the sharp words sometimes spoken
And never hold within your heart a grudge;
If you can be what wives should be to husbands,
And to your children all that mothers mean;
A sweet companion in all kinds of weather.
A loving friend who's always brave, serene.
If you can see the things you hoped for slipping
And yet not quit your running in the race,
Knowing full well that He who counts the mileage
Cares how you try and for the way you face;
If you can look away down the long, long future
And know each effort find its just reward,
That He who gave you life knows all its struggles,
And what they meant to you, for He is God;
If you can be a faithful loving neighbor,
A friend who weighs each spoken word with care;
If you can see the handicaps of others,
And judge their virtue with a heart that's fair;
If you can learn to love each race and color,
And even those who oft seem strange and queer,
You'll gain the heights set for you by the Master,
And—which is more—you are a woman, dear.

Emma Bancroft Yinger
(Suggested by Kipling's "If")

“NURSING FOR THE FUTURE”

Our School of Nursing has always had as its objective the meeting of the needs of society for nursing care. This dynamic age in which we now live places additional responsibilities upon the nursing profession. Dr. Esther Lucile Brown, author of “Nursing for the Future,” called upon a “workshop” composed of 19 graduate nurses throughout the country, with Lawrence K. Frank, director of the Caroline Zachry Institute of Human Development as chairman, for a definition of the Professional Nurse of the Future.

“It is the opinion of this group that in the latter half of the twentieth century, the professional nurse will be one who recognizes and understands the fundamental (health) needs of a person, sick or well, and who knows how these needs can best be met. She will possess a body of scientific nursing knowledge which is based upon and keeps pace with general scientific advancement, and she will be able to apply this knowledge in meeting nursing needs of a person and a community. She must possess that kind of discriminative judgement which will enable her to recognize those activities which fall within the area of professional nursing and those activities which have been identified with the fields of other professional or nonprofessional groups.

“She must be able to exert leadership in at least four different ways: (1) in making her unique contribution to the preventive and remedial aspects of illness; (2) in improving those nursing skills already in existence and developing new nursing skills; (3) in teaching and supervising other nurses and auxiliary workers; and (4) in cooperating with other professions in planning for positive health on community, state, national, and international levels.

“To understand the characteristics and aptitudes which are needed by the effective professional nurse, it is necessary to visualize her in action against the backdrop of a rapidly changing and increasingly complicated civilization. In past eras nurses, like other groups, have often been expected to fit into traditional niches in a relatively static situation. In that kind of society the nurse might fill her place satisfactorily if she were a passive, obedient, and unquestioning individual. In a rapidly changing world the nurse's activities will require that she be alert and self-directing. The professional nurse must be able to evaluate behavior and situations readily, and to function intelligently and quickly in response to their variations. She must recognize physical symptoms of illness which are commonly identified with organic changes. She must also recognize those heretofore less considered manifestations of illness such as anxieties, conflicts, and frustrations, which have a direct influence on organic changes and are now thought to be the result of an incompatible interaction between a person and his environment.

“Nurses in their longer contacts with individuals have more opportunities to observe behavior and to listen to expressions of thought under varying conditions than do physicians whose contacts are necessarily intermittent and brief. For this reason the nurse must be able to direct her actions and her verbal expressions on the basis of a sound understanding of human relationships. If the nurse does not have this quality of understanding and cannot use it to deal effectively with persons, she may contribute to illness or counteract the efforts of other professional workers.”

Miss Madeleine McConnell, Director,

School of Nursing and Nursing Service

"Going Out" Services

On Wednesday evening, September 7th, 1949, thirty-five young women were accepted into the graduate nurse ranks in a very impressive "Going Out" ceremony held in Grace Chapel with Reverend Travis officiating.

The services were opened with the appropriate hymn "Onward, Christian Soldiers" followed by a message to the graduates by Reverend Travis, who wore the St. Luke's stole. The tradi-

tional conferring of Prayer Books to the group of women in white followed by the group recitation of the Florence Nightingale Pledge left the congregation with many a misty eye. The graduates climaxed the services by the singing of the school hymn, "O Master, Let Me Walk with Thee."

The St. Luke's Alumnae Association extends most hearty congratulations to this group of young women in successfully fulfilling their three-year program.

MARCH OF TIME

1902

Mary Kinzie Hopkins writes to tell us she is in a beautiful home for old people in Wilmette, Illinois. She is doing private duty and is the only R. N. there belonging to the First District. Mrs. Hopkins sends her best regards to all her friends at "dear old St. Luke's."

1903

Mabel McClenahan has resigned her position at the William Woods College in Missouri and is now Director of the Student Health Service at Knox College in Galesburg, Illinois.

1905

Helen McNab and Salome Dyson of San Diego, California, spent 3 weeks at Green Lake, Wisconsin.

1908

Margaret Bulkley of the Islip Long Island Health Department visited in Chicago during the month of August.

1910

Mabel Shannon left for her home in Canada in July.

Nelle McClintock is now making her home in Yakima, Washington.

1913

Lula Dilge has resigned her position at St. Luke's and will now reside in Hamilton, Ohio.

Pearl Evans Jones writes that she has moved two miles out in the country in Oskaloosa, Iowa, and is enjoying life in the lovely environment.

1914

Eve Morkill has been hearing from many of her classmates and contributes the following bits of news:

Erie Hammerstrom (Mrs. Geogore Auger) lives in PawPaw, Michigan. She is a widow with one son who is married. She has had arthritis for years and writes that she has "graduated to a wheelchair where most of my time is spent." She would love to hear from any of her classmates and others who may remember her. She is very much alone as her son lives in Kalamazoo.

Margaret Mahan is retired and lives in Sarasota, Florida.

Ann Dickey (Mrs. Hobart Harden) lives in Fort Wayne, Indiana. She has two sons practicing law in Wyoming; one is married and has two children.

Zelma Caldwell (Mrs. Robert R. Weisman) lost her husband a year ago. She writes from her home in New York City and hopes to join us for a reunion some day. She has a summer cottage at Bayville, Long Island.

Louise Evans is doing private duty in Dallas, Texas, and is living in her sister's home. She says "the heat here is terrific, but I can put up with it rather than the Chicago winters."

Kate Seymour has been in the hospital in Bakersfield, California, for nearly two years with angina and hypertension.

Bertha Grace Lee (Mrs. Frank Buehler) writes from Highland, Indiana, that she has three adorable grandchildren, eight, six, and four and a sixteen-year old dog that they have had since he was six weeks old. He is adorable, too, Grace says.

Anita Eddy (Mrs. Sydney Hoffman) writes that they have moved to Long Beach, California, where her husband has bought a printing plant. She says they love California, and she is busy all the time between the garden and her house duties. Their daughter, Katherine (St. Luke's—1942), is still in the army and a younger daughter is training in an Eastern hospital.

Dorothy Capes (Mrs. Robert Bartholomew) is a busy housewife in Santa Anna, California. She has four children, two new daughters-in-law, one new grandchild, and another expected. She says there is nothing she would like better than to go all through St. Luke's and the school to see all the changes but doubts if she ever will.

Kathryn Hiatt (Mrs. K. Thomas) lives in Pomona, California, with her mother. She works with an E.N.T. doctor, and they do some surgery every day so Kathryn is still at her old love: O. R. work.

Mildred Weissmiller is spending her vacation on the Eastern seaboard and is visiting her friends in New York City, traveling by air.

Eve Morkill flew out to the Canadian Rockies in August and from there went on to the Pacific Coast.

1917

Madeleine McConnell flew to California in August and visited her sister, Mrs. Wilson, in Pasadena.

1918

Lucy Verity Younger of Menasha, Wisconsin, motored East and visited in Boston and the Cape Cod country.

Hilda Plummer Martin is giving anaesthesia for the New York City Department Hospitals.

Edith Robinson Bentley and family motored to California this summer.

Della Blackburn Olvald of Los Angeles, California, retired in 1944 from the school board of health after twenty-one years of service.

Emily Fox of Hollywood, California, resigned her position as medical record librarian in Children's Hospital, Los Angeles, after twenty years of service. She still serves on the Board of Associates.

Katherine Brown Langthorne is a school nurse in Westchester County, New York.

Agnes Evans Wood of Jackson Heights, New York, does staff and special duty at the Roosevelt Hospital, New York.

Elsa Rudolph spent her vacation in Hennet, California.

Edna Lowe of Haverhill, Massachusetts was a patient in St. Luke's during the summer.

1919

Nell V. Beeby has succeeded Mary M. Roberts in the capacity of Editor-in-Chief of the American Journal of Nursing publication. The St. Luke's Alumnae Association as well as the School of Nursing wishes to offer Miss Beeby the most hearty congratulations and success in this most honored position.

1920

Mabel Meeker spent the summer in Charlevoix, Michigan.

1921

Edna Hanson Rothe of Pelham, New York, visited St. Luke's during the summer. She is doing staff nursing in the New Rochelle Hospital in New York.

Mary Everett and R. McCarthey took a trip East in August.

Beatrice Blodgett spent the summer at home this year.

1922

Helen M. Walkenshaw (Mrs. Shelley E. Keiser) lost her only son in January in an automobile accident. He had just returned from two-years' service in the Pacific. They live in Dunlap, California.

1924

Miss Josephine Gilbert and Miss Elsa Rudolph (1918), Assistant Directors of Nursing, were presented with Elgin wrist watches, suitably inscribed, for twenty-five years of service at St. Luke's. This presentation was made by the Nursing Council at a luncheon held in Schweppe House on June 7, 1949.

Helen Benjamin returned to her hospital in Nellore, India, on October 7th after a long visit in the States.

Frances Zemlika of Pasadena, California, visited her sister in Merrill, Wisconsin, and stopped at St. Luke's for a visit.

Myrtle Newton Vincent is working in the pharmacy of the Northwestern Hospital in Minneapolis, Minnesota.

1928

Elsie and Lucy Gruenhagen visited their home in South Dakota in August.

1930

Lois Bliss Stephens writes from Eastbourne to tell us how much she enjoys receiving news from all her St. Luke's friends. She receives her Journals regularly but much delayed, but after twenty years in various foreign countries, Mrs. Stephens is used to the slow delivery of mails and frequent non-arrivals.

1931

Alyce Oleson of Oakland, California, was a patient in the hospital during this past summer.

Mrs. Esther Peterson Wilfield of St. Petersburg, Florida, visited St. Luke's in July.

1932

Ruth Werner is in the Educational Department at the Ohio State University Hospital in Columbus, Ohio.

Capt. Elizabeth Breitung writes us from the William Beaumont General Hospital in El Paso, Texas, and says she really enjoys the desert country. She has been spending her weekends visiting near-by points of interest: White Sands, New Mexico, Carlsbad Caverns, Cloudcraft, and Ruidosa.

The following contributions were made by Viola Good, who is working in the Out-Patient Department in St. Luke's—

Mrs. Norman Haley (Ruth Van Tassel) writes from Ketchikan, Alaska, to say that before moving to Ketchikan in June of this year, they lived in Juneau. She says she has not been east of Seattle since 1945.

Mrs. Mark Adams (Esther Wurtz) is living in Winamac, Indiana. She has recently started to work in a small private hospital there after having been away from nursing for many years.

Gertrude Billings spent 12 years on one case in Milwaukee, Wisconsin.

Helen Grasskopf is with the USPHS in the Division of Hospitals in Washington, D.C.

Cynthia Hennessey is with the Veterans' Administration in Danville, Illinois.

1933

Ida Gindele spent her August vacation in San Francisco, California. She visited Augusta Heldt DeMotte in Long Beach.

Mrs. Lois Ricket Robertson of Rushford, Minnesota, and Mrs. Helen Border Hoolahan of Salt Lake City, Utah, were recent visitors at St. Luke's.

1933

The following bit of Information was taken from a letter received from Mary Anne Harrington on May 10, 1949:

"Up until a month ago, this ship (U.S.S. Repose) had been tied up at Tsingtao, China, for the purpose of serving the Western Pacific Fleet—Besides giving the men regular hospital care when necessary, we had a large Obstetrical Department set up for their families who were allowed to live ashore till last December when they were evacuated back to the States—However, last month life became rather like regular war time service again. We had to dash down to Shanghai and pick up all the British wounded from the Battle of the Yangtze River. There were over a hundred badly wounded men, and we also took over two hundred American Nationalists who were fleeing from the Interior. We were anchored out in the mouth of the Wangpoo, on the Yangtze River for over ten days, since the Communists would not assure us safe passage up the river to Shanghai.—

"We have only fifteen doctors, twelve nurses and of course, our corpsmen, so we were very busy.—Right now we are on our way to Japan to take the rest of the Evacuees up there where they will disembark. From Japan we either go back to Tsingtao, provided it hasn't fallen to the Communists, or go over to Okinawa where some of our Fleet is now stationed.—

"All in all, I have enjoyed this China duty very much, obviously this hasn't been the most pleasant time to be out here, and yet it has been a wonderful opportunity to see the Orient, and seeing new countries and places is one of the fascinations of Navy Nursing."

1938

Kathryn Portz Knight has been a patient in the South Bend Memorial Hospital with poliomyelitis. Felicia Bartosek Dickens and Beverly Fiege, St. Luke's Alumnae, have been caring for Mrs. Knight during her illness. Mrs. Knight would enjoy hearing from any of her classmates or friends here at St. Luke's.

1939

Barbara Harned Meyer of Witchita, Kansas, was a visitor at St. Luke's.

Alma and Ruth Havens are now living in Banning, California.

1940

Alice Brown, who is night supervisor at the Hartford Memorial Hospital in Havre de Grace, Maryland, and Annette Van Gorder, who is doing general duty at the Municipal Hospital in Sycamore, Illinois, were recent visitors at St. Luke's.

1941

Zella Messner is superintendent of the Brookings Municipal Hospital in South Dakota.

Stella Konecko motored to California in June.

1943

Helen Stetson Smith is with the Kay County Health Department in Ponca City, Oklahoma.

1944

Erma Page has been cited for her work in caring for the survivors of a train-auto accident near Cumberland, Maryland. Miss Page, nurse-stewardess on the Shenandoah, a Baltimore & Ohio passenger train, won the Federation for Railway Progress employee's courtesy award for September. At the scene of the Cumberland accident, Miss Page gave first aid to the survivors and cared for them until they were placed in ambulances.

Lt. Louise Larwill writes much interesting news from her post in Berlin. She says that during the blockade lights were on only a couple of hours in the morning and four or five hours in the evening. Now that the blockade has been lifted, black market prices are dropping, rail and motor travel have opened, and lights are on 24 hours a day. Lt. Larwill is studying

French, German, and piano. She is working in a former German hospital amid many trees and flower-bordered walks, and is living in an apartment with a roommate. The apartment consists of a living room, dining room, kitchen, bath, and two bedrooms completely furnished. We all wish you the best of luck in your ventures, Lt. Larwill!

1945

Helen Colberg entered Murray College in Jacksonville, Illinois, in September.

Esther Ranney, Elizabeth Vickery, and Marian Ledyard spent their vacations in Muskegon, Michigan, acquiring a lovely tan.

Rosemary Claus returned to her home in Miami, Florida, in August, after spending the summer here in Chicago visiting her family.

Mrs. Virginia Arnold and her husband have returned from their boys camp in Colorado and are planning a trip to Europe.

1946

Mildred Vernosh is entering Marquette University for a pre-medical course.

1947

Laura Rood Allerton is on duty at the Union Memorial Hospital in Baltimore, Md. Mabel Swanson Torkelson is working in the nursery at the Northwestern Hospital in Minneapolis.

Dorothy Hinton Colberg is now doing staff duty in the Hollywood Presbyterian Hospital in California.

Dorothy Jane Kernchen spent her vacation in Cuba this summer. She is working in Miami, Florida.

Jean Bulow is in Europe visiting France, Switzerland, Denmark, and the Netherlands with Jean Sollitt.

Betty Baker is a patient in the Milwaukee General Hospital in Wauwatosa, Wisconsin. She has had polio for several weeks and would enjoy hearing from her classmates and friends. We all wish you a speedy recovery.

An angry kangaroo suddenly yanked its offspring from its pouch and smacked it across the snoot, exclaiming bitterly: "I'll teach you to eat crackers in bed."

The Morton Clinic

Since its early inception, the Morton Clinic has been built on the premise that all people in need of medical care, regardless of race, creed, color or ability to pay, will be given such care by St. Luke's to the fullest extent of our capacity. Naturally, this care must be restricted to those who cannot afford a private physician.

Patients are referred to the Morton Clinic from many different sources—the staff doctor, the other doctors in the community, social agencies, other clinics, or self referral—because he has “heard of St. Luke's” or “a friend told me”, and “I don't feel well”. Regardless of where they may come from, patients always start at the same place: Clinic Admissions.

Clinic Admissions, in a sense, is the front door of the clinic's medical care. The interview by the Admissions Clerk is always the first step towards care at the clinic.

After eligibility for clinic care has been determined, the patient is directed to the proper clinic. Here he is registered and assigned to the proper doctor. He will then remain under this doctor's care until referral elsewhere or discharged.

The clinic clerks and nurses know from experience that the new patient is ill at ease, apprehensive. Therefore, the first step, even before the patient is seen by the doctor, is to help the patient in clinic adjustment.

The patient has the natural apprehension of the sick person. He is in a completely foreign atmosphere. Strange and often disquieting influences are at work to disrupt his normal composure. The kind and gentle approach of the nurses and clerks is invaluable in patient orientation. Their effective management of the patient is a vital factor in the care that patient will receive. Curt discourteous attitudes must be avoided at all costs. The extent to which this is accomplished is a mute tribute to the work of these people.

If the doctor feels it necessary for our patient to be seen in another department of the clinic, he will refer this patient. This is most often done when additional highly specialized

care is required to meet the patient's needs. In this way the doctor and all clinic personnel combine their specialized efforts to care for the patient.

Often the most difficult task for the individual to understand is “how am I related to the care that patient receives?” There is no greater truth than the statement, “regardless of your job or your direct relationship to the patient, you contribute, ultimately, by all your actions, directly or indirectly to his care.”

How clinic personnel accomplish their task is directly dependent on the individual's efforts. An unkind, discourteous act, an uncompromising attitude, a slipshod job all detract from the effectiveness of the care. The warmth, kindness, friendly and compassionate attitude adds beyond measure to the task ahead. There is no job that is not worth doing cheerfully and well. It is often made great by the manner in which it is done. How well we appreciate this fact is shown in the manner in which we approach and accomplish our daily tasks.

The Degree Program In Nursing

(The following material was taken from the bulletin distributed by the University of Illinois regarding the new university affiliation for a degree in nursing.)

A new program leading to a Bachelor of Science degree in Nursing has been established by the University of Illinois to meet the need for a more attractive educational program for young people seeking a career in the nursing profession. The program will begin with the fall semester, 1949, in affiliation with several Chicago schools of nursing.

Nursing offers opportunities for an interesting, varied, and rewarding career. An ever-broadening number of fields is open to young people in the nursing profession—in hospitals, in public health, in government, in industry, and in teaching and administration. Few professions offer comparable opportunities for public service.

The new curriculum is designed to provide an educational program based

upon a background of general culture and upon the social, physical, and biological sciences. It will stress a clear understanding of the fundamental principles underlying the care of the sick and the prevention of disease, it will develop the art and skills necessary for the care of the sick, and it will promote an understanding of the social and psychological problems affecting health.

The Cook County, Michael Reese, Presbyterian, and St. Luke's Schools of Nursing are now affiliated with the University of Illinois for this program. Each of these nursing schools is accredited by the National Nursing Accrediting Service. And it is expected that other schools of nursing which qualify will apply for affiliation.

The program will be under the direction of a chief administrative officer of nursing education. This officer will be assisted by a coordinator appointed by the University of Illinois. As advisors to the director and the coordinator will be an administrative coordinating committee made up of representatives of the University and of the affiliated schools.

ADMISSION REQUIREMENTS FOR PRE-NURSING CURRICULUM: Students entering the pre-nursing curriculum must meet the requirements for admission to the College of Liberal Arts and Sciences, general curriculum, and the requirements for the respective courses in the curriculum. Notice that the language requirement may be waived if you rank in the upper 50 per cent of your high school graduating class. These requirements are listed in detail in the University of Illinois Bulletin of Undergraduate Study and in the Catalog of the Chicago Undergraduate Division.

PLEASE SEND ALL
CHANGES OF ADDRESSES
TO:

MISS ROSEMARY SCOTT
5455 SOUTH BLACKSTONE AVE.
CHICAGO 15, ILLINOIS

HELP US KEEP YOUR
ADDRESS RIGHT !!!

Engagements

Miss Beulah Landis, class of 1937, is wearing a lovely engagement ring and is planning to be married in the near future.

* * *

Miss Marjorie Johnson, class of 1947-B, and Mr. Charles William Mid-
daugh are planning to be married in the near future.

Wedding Bells

Dr. and Mrs. Floyd M. Tracy announce the marriage of their daughter, Virginia Ruth, to Mr. Vito A. Caleco on Saturday, June 11th, 1949, at the Second Presbyterian Church in Chicago, Illinois. The reception was held in Schweppe House. Mrs. Caleco is a member of the 1946-B class.

* * *

Mr. and Mrs. Frederic Arthur Charles Tocque announce the marriage of their daughter, Constance Madeleine, to Mr. Orvin Albert Lockman on Saturday, June 11th, 1949, at the Church of the Mediator in Chicago, Illinois. Mrs. Lockman is a member of the 1948-B class.

* * *

Mr. and Mrs. Elmer R. Schinbeckler announce the recent marriage of their daughter, Barbara Joan (Class of 1949-A), to Mr. Herbert William Schnabel on June 4, 1949, at Grace Chapel, Chicago, Illinois. The reception was held in Schweppe Residence.

* * *

Miss Velma Ellen Neill (1947-B) and Mr. Donald S. Marshall exchanged marriage vows on June 1, 1949, in Aurora, Illinois. Mr. and Mrs. Marshall are now residing in Oswego, New York.

* * *

Miss Jean Duncomb (Class of 1947-A) and Mr. Richard K. Van Stone were married on May 28, 1949, in Denver, Colorado, at which place they will make their residence.

* * *

Mr. and Mrs. William M. Welty announce the marriage of their daughter, Avonne June, class of 1948-B, to Mr. Richard Francis Hooker which took place on June 10, 1949, at the Grace Episcopal Church in Grand Rapids, Michigan.

Miss Betty Lou Schluraff, class of 1947-B, and Mr. Richard James Brund were married on June 18, 1949, in the Grace Episcopal Chapel in Chicago. The reception followed in Schweppe Residence.

* * *

Mr. and Mrs. Julius H. Nicolai announce the marriage of their daughter, Lorraine Helen, class of 1948-B, to Mr. Henning A. Anderson on June 25, 1949, in River Hills, Wisconsin.

* * *

Miss Mary Louise Lucas and Mr. Harry Hamilton Campbell, Jr., exchanged nuptial vows on July 9, 1949, at the First Presbyterian Church, Evanston, Illinois.

* * *

Mr. and Mrs. Hugo C. Kraud announce the marriage of their daughter, Bette Joan, class of 1949-B, to Mr. Arthur R. Griswold on August 7, 1949, at The Methodist Church in Monticello, California.

* * *

Mr. and Mrs. John Matz announce the marriage of their daughter, Lois Kathryn, class of 1947-B, to Mr. Myron Grover Chapman on June 25, 1949, in Chicago, Illinois.

* * *

Miss Shirley Ann Dyker and Mr. Allan Ramsay were married on August 20, 1949, at the Crescent Fort Rouge Church in Winnipeg, Manitoba, Canada. Mrs. Ramsay is a member of the 1948-A class.

* * *

Mr. and Mrs. Henry A. Sterns announce the marriage of their daughter, Catherine Ann, class of 1948-B, to Dr. Calvin J. Maginel on August 13, 1949, at the Trinity Evangelical Lutheran Church in Kaukauna, Wisconsin.

* * *

Miss Lenora Fisher, class of 1944, and Captain Gilbert Richard Hall were married on July 23, 1949, at the St. Andrews Episcopal Church in Grayslake, Illinois.

* * *

Mrs. Marian Greenman announces the marriage of her daughter, Margaret Ann, class of 1947-A, to Mr. Kenneth MacLeod on June 25, 1949, at the Church of the Mediator in Chicago.

Miss Ruth Boswell, class of 1944, and Mr. Lorenzo Williams were married in February, 1949, in Milledgeville, Georgia. Mrs. Williams plans to continue her work in public health. Mr. and Mrs. Williams are living on a farm in Georgia and are enjoying the country side very much.

* * *

Miss Marion Elizabeth Krause, class of 1943, and Mr. William R. Funk were married on August 6, 1949, in Wisconsin Rapids, Wisconsin.

* * *

Miss Carol Witt, class of 1948, and Mr. Robert Taylor exchanged nuptial vows at the Grace Chapel in Chicago, Illinois, on September 3, 1949.

* * *

Miss Alyce La Delle Oleson (class of 1931) of Oakland, California, and Mr. David DeKalb Bowman were married on September 3, 1949, in Reno, Nevada.

* * *

Mr. and Mrs. Chas. Oliver are happy to announce the marriage of their daughter, Frances Katherine (class of 1948-B), to Dr. Peter Noppe on September 23, 1949, at the Thorndyke Hilton Chapel in Chicago.

NEW CITIZENS— Congratulations

Mr. and Mrs. John Albers are the happy, new parents of a baby boy, Steven John, who was born on June 4, 1949. Mrs. Albers is the former Lois Schneeweis of the 1948-A class.

* * *

Dr. and Mrs. William Miller, (Carol Kleiser—1948-B Class) are proud to announce the arrival of a new daughter, Jean Carol, who was born on July 13, 1949.

* * *

A baby boy was born to Mr. and Mrs. Frederick F. Keller (Mary Wark—1947) on July 31, 1949. Mr. and Mrs. Keller are residing in El Centro, California.

* * *

Mr. and Mrs. Murray A. Heine (Janet Conroy—1947) are proud of their new addition to the family: a baby daughter, Christine Ellen, born to them on June 20th, 1949, at the Johns Hopkins Hospital in Baltimore, Maryland.

Mr. and Mrs. Donald W. Roe are proud to announce the birth of a baby girl, Susan Marie, born on August 2, 1949, at the Corwin Hospital in Pueblo, Colorado. Mrs. Roe was the former Virginia Bojewicz, class of 1947.

* * *

Patrick Lewis made his appearance on May 6, 1949, at the Corwin Hospital in Pueblo, Colorado. His proud parents are Mr. and Mrs. John L. Butler (Doris Wittbecker—1947).

* * *

A baby boy was born to Mr. and Mrs. Geweke on May 15, 1949, at St. Luke's Hospital. Mrs. Geweke is the former Mary Thompson of the class of 1939.

* * *

Mr. and Mrs. Davison were presented with a baby girl at St. Luke's Hospital on May 4, 1949. Mrs. Davison was the former June Schaffenburg, class of 1947.

* * *

Mr. and Mrs. Jennings are happy to announce the birth of a baby boy born on July 19, 1949, at St. Luke's Hospital. Mrs. Jennings is the former Irene Ernest, class of 1944.

* * *

A baby girl was born to Mr. and Mrs. Alexander (Betty Eaton—Class of 1944) on July 22, at St. Luke's Hospital.

* * *

Mr. and Mrs. Price are proud to announce the arrival of a baby daughter born on July 25, 1949, at St. Luke's Hospital. Mrs. Price is the former Audre Lance, class of 1944.

* * *

A baby girl was born to Mr. and Mrs. Mentz (Mildred Conver, Class of 1944) on August 11, 1949, at St. Luke's Hospital.

* * *

Mr. and Mrs. Cohn are happy to announce the arrival of a baby girl on August 23, 1949, at St. Luke's Hospital. Mrs. Cohn is the former Rosemarie Rychly, Class of 1947.

* * *

Mr. and Mrs. Ahlfield are the proud parents of a baby born on August 27, 1949, at St. Luke's Hospital. Mrs. Ahlfield is the former Peggy Cavanaugh, Class of 1944.

A baby girl was presented to Mr. and Mrs. Gindele (Elizabeth Anderson—class of 1937) on September 1, 1949, at St. Luke's Hospital.

* * *

Mr. and Mrs. Mervin E. De Motte (Augusta Heldt—class of 1936) announce the addition of a baby girl, born on July 20, 1949, at Long Beach, Sandra, to their family. Sandra was California.

On September 7, 1949, a baby boy was born to Mr. and Mrs. Johnson (Joan Ryan—Class of 1946) at St. Luke's Hospital.

* * *

A daughter, Peggy Lou, was born to Mr. and Mrs. Lou Makousky in The Dalles, Oregon, on August 9th, 1949. Mrs. Makousky is the former Marge Groth of the class of 1944.

* * *

Mr. and Mrs. Moison are the proud new parents of a baby girl born to them at St. Luke's Hospital on September 2, 1949. Mrs. Moison is the former Constance Mergie Kullstrand, class of 1945.

Dr. and Mrs. Charles Fisher are happy to announce the arrival of a baby daughter, Nancy Ann Fisher, born on March 12, 1949, at the Wesley Memorial Hospital in Chicago. Mrs. Fisher is the former Margaret Waldo, class of 1943.

* * *

A baby girl was born to Dr. and Mrs. Charles Drucek this past summer. Mrs. Drucek is the former Alice Finch, class of 1940.

* * *

Mr. and Mrs. Fons are happy to announce the arrival of a baby boy born to them on July 12, 1949. Mrs. Fons is the former Venita Hansen, class of 1945-B.

* * *

Mr. and Mrs. Lambert (Doris Bruhn—1945) are the proud parents of a baby boy born on September 20, 1949, at St. Luke's Hospital.

A college student in "Diet and Disease" course defined constipation as "the infrequent removal of the lower portion of the bowel."

In Memoriam

St. Luke's Alumnae Association extends heartfelt sympathy to Catherine Ann Nyhan and Marie Nyhan Cawley (Class of 1944) in the recent death of their father at St. Luke's Hospital, in July, 1949.

* * *

St. Luke's Alumnae Association extends deep sympathy to the family and friends of Mrs. Margaret Schwarz, who passed away on July 14th, 1949, at her home in Hamilton, Ohio. Mrs. Schwarz was a member of the Class of 1913 and started the Surgical Supply Service at St. Luke's Hospital.

* - * *

St. Luke's Alumnae Association extends sincere sympathy to the family and friends of Janet Cline Doherty, class of 1934, who passed away in California last spring after a long illness.

St. Luke's Alumnae Association extends deep sympathy to the family and friends of Miss Ann Ambridge, who passed away in Milwaukee, Wisconsin, on May 20th, 1949, after a long illness. Miss Ambridge was a member of the class of 1898.

* * *

St. Luke's Alumnae Association extends sincere sympathy to Mrs. Florence Laney in the recent death of her husband, Robert, on August 9, 1949. Mrs. Laney is the former Florence Pompeo, class of 1945.

* * *

St. Luke's Alumnae Association extends heartfelt sympathy to Miss Sally Yeomans, class of 1945, in the recent and unexpected death of her sister.

I. C. N. Conference

Many nurses have returned from Stockholm, Sweden, with glowing reports of their travels in connection with the 50th anniversary Interim Conference of the International Council of Nurses.

Many significant actions took place at this conference regarding the future welfare of nurses in general. Some of the resolutions made follow:

The Grand Council resolved not to change ICN present membership eligibility until such time as a review can be made of the relationship with trade unions:—associations must be self-governing, non-political and composed of registered professional nurses.

The Educations Committee will prepare a brief statement concerning laboratory equipment necessary for teaching nursing arts and sciences.

The executive secretary of the ICN is to make the great need for uniforms, equipment, food, etc., known to countries who can help. To minimize delay in meeting these needs, the country approached is to reply by return mail if unable to help so that another country may be approached without delay.

Experiments in nursing education are to be conducted and reported in

1953 at the meeting in Brazil. These experiments are to be started as soon as the delegates return to their respective countries.

An effort will be made to strengthen the position of the staff nurse and the head nurse.

Additional studies will be made of government support as that given during the war.

The reasons for the increased demand for nursing service should be given to national associations.

Nurses should always be included in planning and research in hospital building and construction.

More detailed reports on the convention will be forthcoming in many nursing publications which we shall be looking forward to reading.

Welcome New Members of the Alumnae Association!

Mrs. Hobart Harden	1914-B
Mrs. Wilda Gray	1929-B
Mrs. Dorothy Gray	1930
Dorothy Mennecke	1948-B
Mrs. Gregorine Auger	1914-B
Mrs. Helen Young	1948-B
Dorothy Marie Foy	1948-B
Evelyn Stubbs	1934-B

From the Corridors of St. Lukes

I can hardly believe that the vacation period is almost over. It is fortunate that some of the staff have yet to go, for hearing about other vacations helps to keep alive the pleasant memories of our own vacations.

Wisconsin and Michigan seem to have been very popular places for Miss Marion Ledyard, Miss Esther Ranney, Miss Virginia Simmons, Miss Sally Zeeman, and Miss Doris Rae; these are only a few of the people who have spent enjoyable (we've heard!) vacations there.

We have been receiving interesting cards from Miss Jean Bulow, who is still pedaling a bicycle through France and Switzerland on an extended vacation. She has promised to share all her adventures with us as soon as she returns.

Miss Stella Konecko told us on her return that California makes an ideal vacation land, and Miss Madeleine McConnell, who even more recently returned, agrees with her.

Miss Allison Myers has many stories to tell about her marvelous camping trip in the Smokies. Congratulations are also in order for "Sonny" as she has been appointed an assistant supervisor in M.O.R.

Miss Kathleen Mortell is one of the fortunate people who is just now packing her suitcase for Alabama.

It has been true this summer, just as in the past, that we have had to say goodbye to many of our friends. Mrs. Doris Postelwaite Elghammer has left to be with her husband in his forthcoming residency in Minnesota. Miss Helen Colberg, former head nurse on Main 15, is entering MacMurray College in Jacksonville, Illinois. Miss Dorothy Spencer and Miss Elaine Koehler have gone East to New Haven, Connecticut. Miss Mary Montgomery, formerly of the Nursing Arts Department, is going into Geriatric Nursing. Miss Florence Wolf has left the Pediatric Department. Miss Mary Erhardt, assistant supervisor in M.O.R., has left with the sounds of wedding bells in the near future. The best of luck to all of you in your new jobs.

Schweppe House was the scene of a great amount of activity in September. The first event was "Going Out" Services for thirty-six members of the 1949-B class; and second was the teeming activity created by seventy-four new students. Good luck to both groups.

Schweppe House points with pride to two newly acquired possessions. The first is a wedding book to record all of the wedding receptions held here. The second is a dream fulfilled, for Mrs. Charles Glore, a former patient, gave us a television set. Needless to say, we hardly have space in the party room as the television set is quite popular.

The changing scene has returned old friends to replace those that have left. Miss Catherine Nyhan is now head nurse in Pediatrics; Mrs. Audre Price Lantz, Miss Jane Cornwall, Mrs. Florence Pompeo Laney, and Miss Margaret Swanson have all joined the staff.

It is difficult these days differentiating between the students and graduates when they are out of uniform. So many of the graduates have followed the "back to school" trend since our affiliation with Illinois began, and the conversations in the "Shop" revolve around, "What classes are you taking?" Miss Emily Cardew, former Educational Director, has become the co-ordinator of Nursing Education and Assistant Professor of Nursing at the University of Illinois, with offices at Navy Pier, Chicago. In this new position Miss Cardew will be responsible for coordinating the new program leading to a bachelor of science degree in nursing.

We would also like to announce some of the latest appointments: Miss Naomi Frevert as head nurse on Main 15; Miss Dorothy Foyond and Miss Esther Sanchez have entered the Nursing Arts Department; Mrs. Mary Beth Coleman Curth is assistant head nurse on Main 12.

Grace Harnsberg Young, of the Educational Department, and Dr. Guillermo Mateo were married on July 2, 1949, in Chicago. Mrs. Mateo is now the Educational Director here at St. Luke's.

Dr. and Mrs. Harry E. Mock, Sr. and Dr. Nelson F. Fisher were hunting Big Game in Africa this past spring and summer. Dr. and Mrs. William H. Hazlett have returned from Alaska, where they bagged three Kodiak bears.

The life of our own St. Luke's nurse was depicted in a radio show, "It's Your Life" in June. The show was done by the Chicago Industrial Health Association and was called "A Day in the Emergency Room of a Large Hospital." Other programs of this nature will be given in the near future, so watch your newspaper for announcements.

News about some of our doctors: Dr. Paul Greeley was recently elected to the American Surgical Association. Dr. George K. Fenn was re-elected as President of the Chicago Heart Association. Dr. William Baker attended the American Urological Society meeting in Los Angeles. He is a National Committee member for the North Central Section, comprising thirteen midwest states. Dr. Ralph Blocksma, Plastic Surgeon on St. Luke's Dispensary Staff, left Chicago in March to serve as medical missionary in Lahore, Pakistan, India. He is reported to be the only plastic surgeon in India. He has partial charge of the United Christian Hospital in Lahore and teaches plastic surgery at King Edward University Medical School. Dr. Ray Anderson, St. Luke's resident, has received first prize from the Chicago Surgical Society for his paper on "Experimental Appendicitis." Dr. and Mrs. S. Sinclair Snider were killed in an airplane accident near South Bend, Indiana, on June 15, 1949. Dr. Snider was Associate Pediatrician and had been on the St. Luke's staff since 1937. Mrs. Snider had been a member of the St. Luke's Women's Auxiliary since 1940. The St. Luke's Family and Alumnae Association extend their deepest sympathy to their two children, Sally and Alvin.

The treatment was for a birthmark on the scalp. Radium had been used. Mother brings the baby in for inspection and makes this remark: "Baby's hair is getting curlier." The doctor said, "How come." Mother said, "Because of the radium. It gives her a short wave."

A Fond Farewell—

On September 3rd, 1949, Mr. Paul Hesse, who has been with St. Luke's Hospital for the past forty-four years, resigned his position as accountant.

Never in the history of St. Luke's Hospital has an employee been so admired by both the lay and nursing staff. The Nursing Office and secretaries served coffee and cake in his department on Thursday, September 1st. A lovely gold watch and radio were presented to Mr. Hesse by his many friends at St. Luke's as a small token of their admiration and devotion to him. On Friday evening, September 2nd, the Accounting Department entertained Mr. Hesse and his sister at the Old Heidelberg for dinner. On Saturday morning there was a constant line of employees wishing Mr. Hesse good luck and saying goodbye to a loyal and staunch friend.

The St. Luke's Alumnae Association wishes him much happiness in his leisure and "Godspeed", Mr. Hesse.

Correction!

In the June Alumnae it was stated that Edith Bender was at present in charge of the Central Supply at the Theda Clark Memorial Hospital in Neenah, Wisconsin. The editor wishes to correct that erroneous statement: Edith Bender is now assistant to the nurse in charge of the Central Supply Room at the Theda Clark Memorial Hospital in Neenah, Wisconsin.

THE ONE FLAW

Let us all sing of the hospital care
Of today that is truly a treat.
Of the radio, telephone, filtered fresh
air,
And the menu of good things to eat.
Of the plumbing and fixtures and furniture, too,
Of the peace and the quiet and calm;
Of the doctors and nurses who serve
me and you,
Of their words that are soothing as
balm.
Ah, yes, they are perfect, these havens
of rest,
With their records unblemished and
chaste;
But, Lord, how the patients want
nightgowns that reach
To a point further down than the
waist!

James A. Brussel

PHARMACOLOGY DIGEST

By

Louis Gdalmán

BACITRACIN Antibiotic (topical) -----

Description: A new antibiotic from cultures of *Bacillus subtilis* obtained from the drainage of a chronic osteomyelitis wound.

Action and Uses: Exerts a profound antibacterial action against many gram positive pathogens including common streptococci and staphylococci; also destructive for certain gram-negative organisms. The spirochete of syphilis and the *Endamoeba histolytica*; of low allergenicity on topical application. For use in pyogenic lesions, infected wounds, infectious conditions of the skin and of external ocular infections. Has been found of value in the treatment of mixed pyogenic infections and in those where one or more pyogens are resistant to penicillin.

Administration: Topically, may be injected by local infiltration into the base of pyogenic lesions; for irrigation of infected wounds; as ointment in the treatment of many infectious conditions of the skin and of eye infections.

Caution: Never parenterally for systemic use.

Supply: BACITRACIN—Ointment for surgical and dermatologic use, containing 500 units per gram

BACITRACIN—Ophthalmic Ointment containing 500 units per Gm.

BACITRACIN—Powder—Sterile vials 20cc containing 2M units, 10M units; 50cc containing 50M units.

d-DESOXYEPHEDRINE Central Nervous system stimulant

Action and Uses: Like amphetamine, a potent stimulant of the central nervous system, elevating the mood and counteracting sleepiness without producing marked peripheral pressor effects. For use in the treatment of physically depressed states; may be used in post-surgical and post-infectious depressions but not in depressive psychopathic states. Relief is more marked in physical fatigue than in mental fatigue.

Administration: Orally in doses from 20 mg to 40 mg daily in divided doses according to patient response. A test dose of 5 mgm is advisable until the tolerated dose is found.

Contraindication: Hypersensitivity to ephedrine-like compounds or those who manifest anxiety, hyperexcitability or undue restlessness; cases of coronary disease or other conditions where vasoconstrictives are contraindicated; hypertension.

DOMEBORO POWDER Astringent

Contains aluminum sulfate and calcium acetate for the preparation of basic aluminum acetate (Burow's solution with a pH of approximately 4.1). For use as a wet dressing in all acute inflammatory conditions of the skin such as dermatitis, athlete's foot, insect bites, poison ivy, varicose eczema, swelling, bruises, infections, traumatic injuries; as a cleansing douche for feminine hygiene.

Supply: Domeboro Powder.

COBIONE Hematopoietic

Description: Saline solution of crystalline vitamine B 12, each cc containing 10 micrograms.

Action and Uses: The antipernicious anemia factor of liver in pure crystalline form exhibiting high hematopoietic activity and no known toxicity. For use in Addisonian pernicious anemia with or without neurological manifestations, in nutritional macrocytic anemia, certain cases of macrocytic anemia of infancy, topical and nontropical sprue.

Administration: Intramuscularly, in doses according to the needed and response of the patient.

Supply: Cobione—Ampuls 1cc—10 micrograms.

INOSITOL Vitamin B Therapy

Description: Each capsule contains 0.5 Gm i-inositol

Action and Uses: A member of the vitamin B complex, exerts a well defined lipotropic action, preventing fat deposition in the liver and reducing the blood cholesterol and cholesteryl ester levels in the presence of hypercholesterolemia. For use in acute and chronic hepatitis, the prophylaxis and treatment of cirrhosis.

Administration: Orally, One or two capsules 3 or more times daily.

METIONE GRANULATED Methionine Therapy

Description: a granular form of methionine especially suited for pediatric use, one teaspoonful equivalent to 0.2 Gm Methionine.

Action and uses: Supplies a specific lipotropic factor to the diet. For use as a dietary aid in the treatment and prevention of napkin dermatitis due to the excretion of ammoniacal urine.

Administration: Orally, for infants up to 1 year, 1 teaspoonful daily; for children 1 to 2 years, 2 teaspoonfuls daily. Treatment is continued until the dermatitis disappears.

Supply: Mettione Granulated—Bottles of 30 Gm.

MOSIDAL—Antinauseant, travel sickness therapy

Chemical name: Ethyl-beta-methylallylbarbituric acid

Action and uses: Exerts a protective and therapeutic action against motion sickness in human beings. For use in the prevention and treatment of nausea produced by the motion of automobiles, trains, or ships.

Administration: Orally, started 24 hours before exposure to motion; 0.15 Gm. immediately after breakfast and a second dose of 0.15 GM. immediately after the evening meal.

Caution: Total daily dose should not exceed 0.45 Gm; treatment should not be continued for more than 5 days at a time.

Contraindication: Impaired liver function.

Supply: Mosidal—Tablets 0.15 Gm.

DIPHENAN **Anthelmintic**

Description: Crystalline p-benzylphenylcarbamate supplied in a flavored chewing wafer, containing 0.5 Gm; relatively non-toxic and free from gastric irritation.

Action and Uses: Hydrolyzes in small intestine and liberates p-benzylphenol which destroys oxyurids. For use in the treatment of pinworm infestation.

Administration: Orally, to be chewed before swallowing. Adults, 1 to 2 chewing wafers; infants up to 18 months, $\frac{1}{4}$ wafer; children up to 10 years, $\frac{1}{2}$ wafer; older children, 1 wafer. All dosages are given 3 times daily, after meals for 1 week. For infants and young children wafer may be powdered and mixed with a spoonful of jam. Give purgative at end of course of treatment. Measures for elimination of ova (enemas, ointments, general hygiene) should be rigorously observed.

Supply: Diphenan, 0.5 Gm. wafers—Tubes of 20.

DRAMAMINE **Motion sickness therapy**

Chemical name: b-dimethylaminoethyl benzohydryl ether 8-chlorotheo-pryllinate

Action and Uses: Considerable antihistaminic potency; of low anti-spasmodic effect; low toxicity. A compound thought to be uniformly effective in the prophylaxis and treatment of motion sickness; for use in relieving the nausea, vomiting and dizziness of motion sickness.

Administration: Orally, 100 mg before each meal and before retiring; in a few instances, 800 mg per 24 hours may be required. Prophylactically, 100 mg 4 times daily beginning on embarkation and continued for 4 days or longer during rough weather. Therapeutically 100 mg before each meal and before retiring. Treatment of relapses: If drug is discontinued too soon, relapse may occur which promptly responds to 50 to 100 mg 4 times daily. Rectally, 100 mg powdered and suspended in 30 cc saline solution and instilled in the rectum; this route of administration may be repeated until oral retention is possible.

Supply: Dramamine—100 mg tablets.

PRISCOLINE **Adrenolytic and sympatholytic agent**

Chemical name: Benzazoline Hydrachloride

Action and uses: Causes vasodilation and relieves angiospasm. For use to improve circulation in patients with intermittent claudication, Buerger's disease, diabetes, Raynaud's disease, stasis ulcers, thrombophlebitis, saphenous vein ligation and frostbite.

Administration: Orally, 1 or 2 tablets 5 to 6 times daily. Dosage must be strictly individualized. Parenterally, (subc., IM, IV.) 25 to 50 mg 4 times daily.

Caution: Large doses may produce orthostatic hypotension with transient faintness or syncope on standing. Care should be exercised whenever a history suggestive of peptic ulcer or gastritis exists.

Supply: Priscoline—tablets 25 mgm each.

Louis Gdalan
Ass't. Director Pharmacy

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Alumnae Association, St. Luke's Hospital School of Nursing

1949

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Miss Elizabeth Vickery

List of committee members is incomplete

of St. Luke's Hospital School
of Nursing
Box 349
Evanston, Illinois

The Alumnae



DECEMBER, 1949

Alumnae Association, St. Luke's Hospital School of Nursing Officers and Members of Board of Directors

1949

		Term Expires
President	Mrs. Rosellyn K. Millis	1950
10 N. LaSalle St., Chicago 2	FR anklin 2-0700	
First-Vice-President	Miss Elizabeth W. Vickery	1949
1142 South Michigan Avenue, Chicago 5	HA rrison 7-8209	
Second Vice-President	Miss Marie Steinke	1950
1500 S. Indiana Avenue, Chicago 5	HA rrison 7-5040	
Treasurer	Mrs. Edna Travers	1950
812 E. 49th Street, Chicago 15	OA kland 4-5631	
Recording Secretary	Mrs. Rosemary Dace	1949
4643 Lake Park Avenue, Chicago 15	AT lantic 5-6411	
Corresponding Secretary	Mrs. Ruth Grant	1950
612 Patterson Avenue, Chicago 13	DI versey 8-8050	
Membership Committee Chairman	Miss Shirley Standsbury	1949
1020 Lake Shore Drive, Chicago 11	WH itehall 4-8600	
Relief Committee Chairman	Miss Maude Gooch	1950
1518 S. Michigan Avenue, Chicago 5	WE bster 9-3945	
Program Committee Chairman	Miss Sarah Zeeman	1950
1500 S. Indiana Avenue, Chicago 5	HA rrison 7-5040	
Nominating Committee Chairman	Miss Stella Konecko	1950
1500 S. Indiana Avenue, Chicago 5	HA rrison 7-5040	
Private Duty Committee Chairman	Miss Madge Boyington	1949
222 East Chestnut, Chicago 11	SU perior 7-7582	
Public Health Committee Chairman	Miss Hettie Gooch	1950
1518 S. Michigan Avenue, Chicago 5	WE bster 9-3945	
Industrial Committee Chairman	Mrs. Leone Vetren	1950
8242 S. Yates Avenue, Chicago 17	SA ginaw 1-9864	
Press and Publication Committee Chairman	Miss Stasy Mesec	1949
1142 S. Michigan Avenue, Chicago 5	HA rrison 7-8209	

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Miss Dorothy Armstrong	SU perior 7-4955	1949
1100 N. Dearborn Street, Chicago 10		
Miss Nora Gaulke	HA rrison 7-5040	1950
1500 S. Indiana Avenue, Chicago 5		
Miss Josephine Gilbert	HA rrison 7-5040	1950
1500 S. Indiana Avenue, Chicago 5		

Alumnae Pledge



An Assurance of Loyalty

With understanding of and the belief in the aims and purposes of the Alumnae Association of St. Luke's Hospital School of Nursing, I do solemnly affirm, that I will endeavor, by my daily life and service, to honor always the profession of which I am a member.

THE ALUMNAE

Official Organ of

The Alumnae Ass'n. of St. Luke's Hospital School of Nursing, Chicago, Ill.

Volume 47

December, 1949

No. 5

When You Put On Your Cap

Today, after many years of happy, hard work in nursing, the sight of the nurse's cap still fills me with the feeling the soldier has when he sees his flag—my spirit goes out in salute.

The cap is symbolic. It is the crowning touch in the uniform. Together, uniform and cap symbolize the altruism, the love for people, the desire for service, that mark every true nurse

When you put on your cap you are dedicating yourself to a great human service—a service that demands the highest and best in you, and one that brings enduring satisfaction to you individually. Wearing this cap you will represent not only your school but your profession. A sacred trust has been bestowed upon you.

As you take up your responsibilities our hearts are full of pride and love for you, and we look to you, the newest recruits in this great deathless army of human service, to carry on with dignity and power the Christ-inspired traditions of nursing.

Permit me one admonition: Never forget that nursing has grown into a beautiful and useful service because it is built around one thing—the patient's need. First and foremost in the heart of every nurse, first and foremost in the heart of the profession, must always come the comfort, and well-being of the patients entrusted to our care.

As you dedicate yourself to this beautiful service, we greet you with affection, we offer you the strength of our older shoulders, and we wish you Godspeed on your adventurous and lovely road.

(Taken from a message delivered by Miss Janet M. Geister, R.N. to students at University of Colorado School of Nursing published in "First" magazine.)

Alumnae Members—Important!!!

Alumnae Dues by the year.....\$2.50

Life Membership can be paid in full

OR

or over a period of one year.

Graduates of 1887 through 1915.....\$15.00

Graduates of 1916 through 1920..... 22.00

Graduates of 1921 through 1925..... 29.00

Graduates of 1926 through 1930..... 36.00

Graduates of 1931 through 1935..... 43.00

Graduates of 1936 through 1940.... 50.00

Graduates of 1941 through 1945.... 57.00

Graduates of 1946 through 1950.... 65.00

Send your dues for Life Membership fees to your Alumnae Treasurer.

Send your District, State, and National dues to the first District Illinois State Nurses' Association, 8 South Michigan Avenue, Chicago 3, Illinois.

Report of the Illinois State Nurses' Convention

The forty-eighth annual Illinois State Nurses' Convention was held at the Hotel Pere Marquette in Peoria, Illinois, between October 4th and 8th, 1949. Delegates from St. Luke's Hospital School of Nursing included Miss Madeleine McConnell, Mrs. Grace Mateo, Miss Jean Coffin, Miss Mabel Johnson, and Miss Stella Konecko. Two students, Barbara Campbell and Elizabeth Weeks, also attended the first day of the convention. The theme this year was "New Horizons in Nursing."

The delegates spent the first day of the meeting in the Opening Session of the House of Delegates at which time amendments to the proposed By-Laws of the State constitution were discussed and voted. Article LX on dues was amended so that State dues will be increased by \$4.00 starting next year. Reports of the special committees were also given by the various chairmen. In the afternoon the delegates voted for new officers. In the evening a banquet was held, and Dean Maurice F. Seay of the University of Kentucky spoke on "New Horizons in Nursing." He urged nurses to use a basic plan of education which would conform to the changing world and to work democratically in the resulting controversies over new ideas. He urged the leadership to follow democratic methods of teaching, to improve in-service education, and to coordinate various general sciences with particular specialties.

The second convention day was devoted to programs given by various sections of the association, ie: industrial nurses, institutional nurses, private-duty and public health sections. In the evening there was a panel discussion on "Nursing for the Future" in which one of the participants, Dr. A. C. Ivy, vice-president in charge of professional schools at the University of Illinois, told the nurses that nursing service was an important corollary to nursing education. He urged greater effort on the part of nursing schools to interest young women in entering the profession. Other speakers were: Nancy Allen, First District Registrar; Pearl Hamilton, educational director for the division of Public Health nursing, Illinois Department of Public Health; Margaret Carrington, executive secretary, Chicago Council of Community Nursing; Loretta Heidgerken, associate professor of Nursing Education, Catholic University Washington, D.C.; and Emily Cardew, president of the State League of Nursing Education.

On the last morning of the convention, the House of Delegates held its closing session at which time the elected candidates for office were announced: Ruth Kirk, State President; Minnie Carlson, Treasurer; and Gladys Jorgensen, second vice-president.

Miss Stella Konecko
Your Alumnae Representative

Welcome New Members of the Alumnae Association!

Hermonna VanKooy	1921	Edna Hanson Rothe	1921
Jane Pontius	1921	Clara Lillie	1921
Jane Cornwell	1948	Bonine Baker Brown	1949
Ruth Christofersen	1947	Mary Chollar	1948
Phyllis Jean Mueller	1943	Marion Fox	1948
Ruth Holzschuh	1932	Aimee Sutherland Merrill	1907
Zella Messner	1941	Olive Pendell	1897
Leone Rembleske	1948	Grace Marshall Wells	1926
Ferne Hobson Wilden	1926	Peggy Cavanagh Ahlfeld	1944
Mrs. Frank Bloemer	1922	Barbara Brown	1949
Patricia Gerhard	1949	Bernice Bochman House	1948
Joanne Ryan Johnson	1946	Jane Meithe Pickens	1948
Jane Orr Rosi	1940	Muriel Stewart	1949
Lucy Younger	1918	Elaine Bernard	1946
Artis Mary Long	1948	Adrienne Roberts	1948
Dorothy Bliss Rogers	1932	Elizabeth Ross	1948
Alice Brice Theobald	1941	Annalee Hewitt	1948
Marion Wellnitz	1949	Roberta Witkowski	1940
Alice Drueck	1940		

Engagements

Miss Harriet Berger, class of 1945, has announced her engagement recently and says she is planning to be married in December, 1949.

* * *

Miss Joyce Nanette Coley, class of 1945, is planning to be married in the spring of 1950.

Mr. and Mrs. Harry Faulkner are happy to announce the marriage of their daughter, Margaret Marie, to Mr. Lester E. Veme on September 10th, 1949, at the Saint Bartholomew's Episcopal Church in Granite City, Illinois. Mrs. Veme is a member of the class of 1937. Mr. and Mrs. Veme are at home at 5 Diagonal Street, Savannah, Illinois.

* * *

Wedding Bells

Miss Joyce Lea Heacock, class of 1949-B, and Mr. Lee Raymond Carlson were married on November 24, 1949, at the Methodist Church in Paxton, Illinois. The wedding reception followed at the Middlecroft Hotel in Paxton.

* * *

Miss Eunice MacPhail, class of 1948-B, and Mr. Thomas Blaine Pitts were married in DePere, Wisconsin, on October 22, 1949, in St. Ann's Episcopal Church.

* * *

Miss Jerome Zach, class of 1948, and George Zahour, Jr. were married on October 29th, 1949.

* * *

Miss Dorothy Willits, class of 1940, and Mr. E. J. Settevendemie of Cleveland, Ohio, were married on October 15, 1949. They are at home in East Cleveland, Ohio.

Miss Nancy Brodbeck (class of 1947) and Mr. Raymond Christien were married on October 23rd, 1949, in South Bend, Indiana, at the Westminster Presbyterian Church.

NEW CITIZENS

Congratulations!!

Mr. and Mrs. Hiscox are the happy, new parents of a baby boy born on October 24th, 1949, at St. Luke's Hospital. Mrs. Hiscox is the former Marion Hermance, class of 1946.

* * *

Dr. and Mrs. James Salomon are proud to announce the arrival of a baby boy born to them at St. Luke's Hospital on November 16th, 1949. Mrs. Salomon is the former Ahlene Groves, class of 1946.

A baby girl was presented to Mr. and Mrs. Guy (Jeanne Disosway—class of 1945) on November 2nd, 1949, at St. Luke's Hospital.

* * *

Mr. and Mrs. Arthur Pickens were presented with a baby boy at St. Luke's Hospital on November 6th, 1949. Mrs. Pickens is the former Jane Meithe of the class of 1948.

* * *

A baby girl was added to the family of Mr. and Mrs. Samuel Davie on October 27th, 1949, at the St. Luke's Hospital. Mrs. Davie is the former Marietta Logeland, class of 1937.

* * *

Dr. and Mrs. Rowland Webb are proud to announce the arrival of a baby boy at St. Luke's Hospital on October 28th, 1949. Mrs. Webb is the former Maxine Mueller, class of 1947.

* * *

A baby boy made his appearance at St. Luke's Hospital on November 6th, 1949. His proud parents are Mr. and Mrs. Robert Norris (Betty Jane Daube—class of 1946).

* * *

Dr. and Mrs. George Anison (Jean Lenzi—class of 1946) are the proud parents of a baby girl born to them at St. Luke's Hospital on November 3rd, 1949.

* * *

A baby girl was born to Mr. and Mrs. Kerner (Mary Jane Shaddon—class of 1947) on September 24th, 1949, at the St. Luke's Hospital.

* * *

Mr. and Mrs. Hirtzer are the new parents of a baby boy born to them at St. Luke's Hospital on October 23rd, 1949. Mrs. Hirtzer is the former Mary Lee Morgan, class of 1949.

* * *

Mr. and Mrs. Ames were presented with a baby boy at St. Luke's Hospital on October 14th, 1949. Mrs. Ames is the former Elaine Cooper, class of 1942.

* * *

Dr. and Mrs. Leon J. Witkowski are the proud, happy parents of a baby boy, Robert, born to them at St. Luke's Hospital on November 13th, 1949. Mrs. Witkowski is the former Roberta Vacheront, class of 1940.

Mr. and Mrs. Ray D. Hinton (Dorothy Colton—class of 1947) are happy to announce the arrival of a daughter, Karen Rae, on November 4th, 1949. Mr. and Mrs. Hinton are living in Pacoima, California.

* * *

Mr. and Mrs. Richard Newton (Lucille Frances Hathaway—Class of 1941) are the proud parents of a baby girl, who arrived at St. Luke's Hospital on November 15th, 1949.

* * *

Dr. and Mrs. G. W. Graupner have been presented with a baby girl born at St. Luke's Hospital on November 20th, 1949. Mrs. Graupner was the former Joanne Knight, class of 1943.

* * *

Dr. and Mrs. Owen Rowlands are the happy parents of a baby boy. Mrs. Rowlands is the former Lillian Drost, class of 1945.

* * *

A baby boy was born to Dr. and Mrs. Rosi on November 20th, 1949, at the Wesley Memorial Hospital. Mrs. Rosi is the former Jean Orr, class of 1940.

* * *

Mr. and Mrs. Sims are happy to announce the arrival of a baby boy, their second son, born on July 15th, 1949, in Cleveland Heights, Ohio. Mrs. Sims is the former Nan Thomson, class of 1945.

St. Luke's Fashion Show

The St. Luke's Woman's Board once again held a very successful and magnificent Fashion Show on October 19th at the Medinah Temple for the worthy purpose of care for thousands who come to St. Luke's for assistance.

Chicago's historical water tower that stands on Chicago Avenue and Michigan Boulevard provided the background scenery for the impressive event. The stage was blanketed in snow and typical scenes from the "boulevard" were depicted throughout the show. An audience of 40,000 watched this fabulous spectacle take place and were enchanted by the beautiful fashions and the impressive finale in which twenty-two student nurses marched proudly to highlight the entire show and to remind the audience of the worthwhile purpose of this annual, much-looked-forward-to event.

In Memoriam

St. Luke's Alumnae Association extends heartfelt sympathy to Mrs. O. D. Tobey (Gladys Becklian—class of 1945) in the recent death of her father in Waukegan, Illinois.

* * *

St. Luke's Alumnae Association extends deep sympathy to the family and friends of Mrs. Harriet Corrick, who passed away on October 15th, 1949.

Interment was at Sarnia, Ontario. Mrs. Corrick was the former Hattie Wiggins, class of 1901.

* * *

St. Luke's Alumnae Association extends deep sympathy to Helen McNab, who recently lost her sister in Los Angeles, on November 9th, 1949. Miss McNab went to Los Angeles to attend the services. She is a member of the class of 1905.

MARCH OF TIME

1902

Mary Kinzie Hopkins is now in charge of "The Convalescent Ward" at Maryhaven in Wilmette, Illinois. She tells us that Maryhaven is the old Kenilworth Sanatorium which was purchased by six Catholic priests two and one-half years ago and is a beautiful home for the aged. Mrs. Hopkins enjoys being here in Wilmette near all her old friends in Evanston, Kenilworth, and Winnetka. Mrs. Hopkins had been out of nursing for twenty-eight years, and after taking two refresher courses and the state board oral examination, she is back in the field again. We all wish Mrs. Hopkins all success and happiness in her new work.

1915

Ruth Marlin of Santa Fe spent the summer in Maine. She visited in Chicago for one week on her way back home.

1918

Ruth Fair visited Ida Swanson Peterson in Los Angeles. They called on Mary Eleanor Ming in Pasadena, where she is doing private duty.

1919

Margaret Wyne is now evening supervisor on staff of the City Hospital in St. Louis, Missouri.

1923

Miss Elvira Fenn of Sheboygan, Wisconsin, visited St. Luke's recently.

1924

The following is a letter received

from Helen Benjamin en route to India:

"My classmates have asked me to thank the Alumnae Association on their behalf for the very lovely and helpful anniversary occasion at which the association entertained us. I had never realized how much the Alumnae Association did in sponsoring the 25th and 50th celebrations. My own interest goes back to three years ago when I knew I could not return to the U.S.A. at my regular furlough period. I immediately thought 'At least, I'll be home for our class' 25th celebration.' And my two and one-half years' delay for furlough was well repaid after the experience of a week ago. (Banquet and class reunion in May, 1949).

"The renewed fellowship with members of our own class meant much. The recalling of what St. Luke's meant to us was a helpful experience. The meeting with other alumnae, realizing the progress made during the past fifty years, as we listened to Miss Collins speak, and meeting the 1949 class has given us greater faith in the future.

"We thank you for making this experience possible. I am certain that at least the sixteen of us who were present will be more faithful Alumnae members."

1926

Ann Stark spent the summer in Fond du Lac, Wisconsin, and returned to Los Angeles in October.

1932

Mae Lee, who is now Director of Nursing Service in the State Mental Hospital in Reno, Nevada, visited St. Luke's recently.

Captain E. Breitung is acting Chief Nurse from August to February at Beaumont Army General Hospital (1000 beds) in El Paso, Texas.

1936

Dr. and Mrs. Ray Rumel (Evangeline Dougherty) of Salt Lake City, Utah, were recent visitors in Chicago and stopped in to say "Hello" to friends at St. Luke's. Dr. Rumel was a former St. Luke's interne.

1940

Mrs. John G. Meyer II (Carolyn Ogden) will move to Springfield, Illinois, in April, 1950. They have two sons: John G. III, who is two years old, and Frederick Harris, who arrived on July 15, 1949. Dr. Meyer finishes his surgery residency in March and will practice in Springfield, Illinois. Mrs. Meyer hopes to attend her class' 10th Reunion in 1950.

1943

Peggy Waldo Fisher is planning a trip to Texas.

1944

Ruth Boswell Williams is obstetrical supervisor in the Chandler Hospital in Savannah, Georgia.

Marie Merrill Hubbard has accepted a position on the staff of the Georgetown University Hospital in Washington, D.C.

1945

Miss Sally Zeman is now attending classes at Northwestern University and is living at home in Villa Park.

Fern Johnson is now Mrs. Noel D. Cain and is living in Grand Prairie, Texas.

Evelyn Starz has become Mrs. John Waasdorp and is residing in La Crescenta, California.

Nan Thomson Sims sends us word that she has two boys, one 19 months and one five months of age.

Lucille Schultz has become Mrs. Hugo Enz and is living in Aurora, Colorado.

Mrs. Harry R. McLean, Jr. (Eleanor Glenna Forbes) is working for the Memorial Hospital in Houston, Texas, as clinical instructor in medical and

surgical nursing. Since leaving school, Mrs. McLean has done two years of head nursing and one year of teaching. She spent one year in college obtaining her B.A. Degree.

Mrs. Marvin S. Kagen (Virginia Johnson) is residing in Appleton, Wisconsin, where her husband is practicing dermatology. Dr. and Mrs. Kagen visited in Chicago in August.

Mrs. O. D. Tobey (Gladys A. Becklian) was a recent visitor in town and has now returned to San Francisco, California, where they are now living.

Venita Hansen Fons recently visited St. Luke's. She proudly displayed pictures of her lovely baby boy.

Helen Stengard visited friends and family here in Chicago. She is working in Ann Arbor, Michigan.

1947

Patricia Crowley has been traveling around the country and send us word that she attended Dr. John W. Kearns' wedding on October 22nd in Baltimore, Maryland. She spent one week in New York City taking in the sights and having fun. She then went to her home in Albert Lea, Minnesota, and made short visits to Rochester, Minnesota and Medford, Wisconsin, on her way back to Chicago, where she is now doing private duty.

Evelyn Rogers is now doing modeling in Los Angeles, California. She is living with Ginger Rodgers and Marion Nash in Los Angeles. Miss Rogers is planning to stay out in the West until after the 1st of the year.

Dorothy Jane Kernchen is doing polio nursing in New York.

Katherine Hollister and Louise Benn have been living in Madison, Wisconsin, but have now returned to Chicago to work.

Ann Woodworth Meissner visited in Chicago with her daughter.

1948

Harriet Holtom and Lois Schroyer have gone to Texas and are living and working in San Antonio.

Kay Keefe recently visited Mrs. R. Hooker (Avonne Welty) in Ann Arbor, Michigan.

1949

Barbara Brown and Patricia Gerhardt are now in Bethesda, Maryland, working as Navy nurses.

Around the Corridors

Although the hospital seems to be as busy as possible at all times, it actually became busier recently with the activity involved in producing the television show held here for the American College of Surgeon's convention. It was very successful, as anyone that saw it will tell you. Congratulations and thanks are hereby given to the surgeons and nurses who made it possible.

We would like to take this opportunity to welcome all of the new graduates that have joined our staff. We hope to see their names soon on our alumnae roll.

Miss Jean Bulow is rapidly adjusting to her return to duty on M-17. We have heard that she has some nice pictures taken on her vacation in Europe, but we have also heard that she is very appreciative of our United States.

We are proud to announce some new appointments to the staff. Miss Kay Keefe is assistant head nurse on M-17. Miss Margaret Swanson is assistant on M-15, and Mrs. Lois Matz Chapman is head nurse in M-8 nursery. Miss Nora Gaulke is now Instructor of Auxiliary Personal. Miss Jane Cornwall is the new assistant on M-11, and Miss M. Broderson is head nurse on C-floor. Congratulations and best wishes!

Schweppe House is busy getting its Christmas schedule made out, and on the 6th floor of Schweppe the activity revolves around catalogues. Miss Loretta De Mars is busy placing Christmas orders. If anyone desires a catalogue, please see her.

Miss Phoebe Penn is now in New Mexico recovering from a recent illness. Hurry back, Phoebe. Mrs. Lucille Narva is also back on duty after a recent, short hospitalization.

The classes of 1950-B and 1951-B received their cuffs and crosses re-

cently in a traditionally impressive ceremony in Grace Chapel. A lovely tea followed afterward in Schweppe and group celebrations were held throughout the house. Another step on that ladder has been successfully mastered toward your ultimate goal at the top—your "whites." Congratulations to all of you!

News about our doctors: Dr. William J. Baker was recently appointed as Associate Professor of Urology at Northwestern University. Dr. Jack Wright, former St. Luke's intern, announces his practice in internal medicine in Miami, Florida. Dr. Howard Wakefield was elected Treasurer of the American Therapeutic Society at its 50th Anniversary meeting in Atlantic City.

On July 30th, several members of the St. Luke's Medical Staff and their wives were entertained by the Santa Fe Railroad at the Indian Village, Railroad Fair. Mr. Lee Lyles, Assistant to the President and executive of the Public Relations Department of the Santa Fe, officiated as host at the dinner. Following the dinner Dr. T. P. Grauer was made an honorary Indian Chief by the Kiowa Tribe. He was named Chief Thom Zoh Yah (Chief Water Fountain) and was presented with a blanket. Present at the dinner were Dr. and Mrs. T. J. Coogan, Dr. and Mrs. J. R. Norcross, Dr. and Mrs. Don Murray, Dr. and Mrs. R. F. Brown, Dr. and Mrs. J. Davis, Dr. Guy Pontius, Dr. and Mrs. John Baylor, Dr. and Mrs. T. P. Grauer, and others.

We are all very sorry to hear that Mr. Louis Gdalan, Assistant Director of Pharmacy, is leaving St. Luke's. But happy for him in his new advancement with Michael Reese Hospital. We all appreciate his worthwhile, educational contribution to "The Alumnae" journal, and wish him success and happiness in his new work.

PLEASE SEND ALL CHANGES OF ADDRESS TO: :

Miss Rosemary Scott
5455 South Blackstone Avenue
Chicago 15, Illinois

Alumnae News

The closing of the year 1949 brings to mind the many accomplishments of our Alumnae Association for which we may all be proud. The following are the most important contributions of our association for the past year:

- 1). A scholarship granted to a student nurse which pays her tuition through a three-year course of training.
- 2). A \$50.00 scholarship award given to a 1949 graduate.
- 3). \$200.00 contribution for a week of free care.
- 4). \$50.00 as a contribution to the Bordeaux School in France.
- 5). A plan for Life Membership in our Alumnae Association.
- 6). The 1950 year-book to be completed this year and distributed to all members. This listing includes the names and addresses of all our graduates and our By-Laws.
- 7). Plans are well under way for our 65th Anniversary celebration of the school of nursing to be held in 1950, to celebrate the founding of our school. Our Alumnae Association and the Nursing Council are planning this celebration.
- 8). Our membership has increased by 29 members as of August 1st over that of last year.

* * *

In May of 1950 the school of nursing will celebrate its 65th anniversary of the founding of the school; the Alumnae Association and Nursing Council are planning to make this time a most happy occasion with the following purposes in mind:

- 1). To celebrate the anniversary of the school of nursing and the Alumnae Association.
- 2). To increase the interest in all of our graduates.
- 3). To inform the graduates of present day developments in nursing and nursing education.

We all hope to be an active part of this celebration and also hope to see all our members present at this time.

Color Television at St. Luke's

The week of October 17th to the 23rd was full of activity for the seventy-five hundred doctors who came to Chicago for the Annual Clinical Congress of the American College of Surgeons and the 6th Inter-American Congress of Surgery.

Together with the scientific sessions hospital conferences, official meetings medical motion pictures and exhibits the program was highlighted by telecasts of surgical operations in color at St. Luke's Hospital, which is considered one of the greatest advances in medical education since the start of the century. The color television equipment was especially designed for teaching surgery and medicine. The telecasts at St. Luke's were only the third demonstration of color television in surgery, the first having been at Atlantic City in June and the second in Colorado in September.

The operations scheduled for television from St. Luke's were in the fields of general surgery, neurosurgery, orthopedics, gynecology, thoracic surgery, genito-urinary surgery and ophthalmology, with St. Luke's attending men doing all the surgery. Dr. Foster McMillan acted as Television Chairman, and had the able assistance of Dr. Charles Shannon and Dr. Burton C. Kilbourne.

The demonstration was one of a series of nation-wide medical convention presentations sponsored by Smith, Kline and French laboratories as a contribution to medicine, and we were all very proud to be a part of this great institution in which medical history was being made.

DOG'S LIFE

"Mother, shall I run out and post this letter?" asked the little girl.

"No, child, certainly not," answered the mother. "It's raining in torrents and not fit for a dog to be out. Let your father go."

* * *

So busy have British doctors become, under Health Act conditions, that one is reported to have a sign in his waiting room: "Please have your symptoms ready."

ALUMNAE NEWS

Revision and By-Laws Committee

Present By-Law

Article I—Membership

Section 1. **Classes, Membership** shall consist of five classes: Active, Associate, Tentative, non-resident, and Honorary.

Proposed By-Law

Article I—Membership

Section 1. **Classes.** Membership shall consist of two classes: Regular and Honorary.

Present By-Law

Section 2. **Application for Membership:** nurses eligible for membership may become members of this Association by filing application upon form provided for that purpose with the chairman of the membership committee, such application to be accompanied by dues for the year and to be presented to the Board of Directors at its regular meeting.

Proposed By-Law

Section 2. **Application for Membership:** Nurses eligible for membership may become members of this Association by filing application upon form provided for that purpose with the chairman of the membership committee, such application to be accompanied by dues for the year and proof of current state registration and to be presented to the Board of Directors at its regular meeting.

Present By-Law

Section 3. **Active, Associate, Tentative, and Non-Resident Membership** in this association shall consist of nurses graduating from St. Luke's Hospital School of Nursing, who are in good standing in the profession. Any nurse graduating after January 1, 1945, applying for membership to the Alumnae Association must be currently registered except for Tentative Members.

Proposed By-Law

Section 3. **Regular Membership** in this Association shall consist of nurses graduating from St. Luke's Hospital School of Nursing, who are in good standing in the profession.

Present By-Law

(a) **Active Members** consist of those registered graduate nurses who are actively engaged in the nursing profession or any branch thereof. They

have all the rights and privileges of members in the Association in the 1st District of Illinois, in the State Nurses' Association, and in the American Nurses' Association. Active members shall meet the following requirements:

1. Residing or practicing in the First District of Illinois (Cook, Lake and DuPage Counties).

Proposed By-Law

(a) Delete

Present By-Law

(b) **Tentative Membership** shall be available to graduate nurses during the first six months following graduation. Tentative members shall meet the following requirements.

1. Residing or practicing in the First District of Illinois, after six months from graduation.
2. Application for examination by State Board of Nurse Examiners. Upon receipt of the State Registration number and transference by the treasurer of dues held for tentative members to active account, the treasurer shall transfer such Tentative member to Active Membership and issue an Active Membership card.

Tentative members shall be dropped from membership if not transferred to Active Membership within the specified six months. Tentative Members are eligible to Relief as shown in Article X, Section 2, governing Relief, and shall be reported to the 1st District as members for purposes of registration but have no right or privilege of Active Members until so admitted.

Proposed By-Law

(b) Delete

Present By-Law

(c) **Associate Membership** shall consist of graduate nurses residing in the First District of Illinois who are not employed in any professional capacity.

Technicians, assistants in Doctors' offices in Public Health or Social Service work shall not be admitted as Associate Members. Associate Members shall have all rights and privileges of Active Members in matters pertaining to the Alumnae Association, except to hold office.

Proposed By-Law

(c) Delete

Present By-Law

(d) **Non-Resident Members** are graduate nurses of St. Luke's Hospital School of Nursing, residing outside of the First District of the State of Illinois.

Proposed By-Law

(d) Delete

Present By-Law

(e) **Honorary Membership** may be conferred upon persons who have rendered some special service to the organization, such membership shall be confirmed by vote of the Association at any Annual Meeting following the approval of the Membership Committee and Board of Directors. Honorary Members shall pay no dues and have social privileges only.

Proposed By-Law

(e) No change—(e) becomes (a)

Present By-Law

Section 4. **Duties of Members.** It shall be the duty of each member to attend meetings of the Association whenever possible; also meetings of the First District, Illinois State Nurses' Association and of the American Nurses' Association.

Proposed By-Law

Section 4. **Duties of Members.** It shall be the duty of each member to attend meetings of the Association whenever possible.

*Present By-Law***Article II—Dues**

Section 1. The annual dues for Active Members shall be determined by the Alumnae Association upon the recommendation of the Board of Directors and shall be paid in January of each calendar year. These dues shall include dues to First District, Illinois State Nurses' Association; the Illinois State Nurses' Association; and the American Nurses' Association.

*Proposed By-Law***Article II—Dues**

Section 1. The annual dues for Regular Members shall be determined by the Alumnae Association upon the recommendation of the Board of Directors and shall be paid in January of each calendar year.

Present By-Law

Section 2. The annual dues for Associate Members and Non-Resident Members shall be determined by the Alumnae Association upon the recom-

mendation of the Board of Directors and shall be paid in January of each calendar year.

Proposed By-Law

Section 2. Delete

Present By-Law

Section 3. Active, Associate and Non-Resident Members may pay their dues on a life-membership basis which is as follows:

Graduates of

0 to 5 years shall pay \$65.00

Graduates of

5 to 10 years shall pay \$57.00

Graduates of

10 to 15 years shall pay \$50.00

Graduates of

15 to 20 years shall pay \$43.00

Graduates of

20 to 25 years shall pay \$36.00

Graduates of

25 to 30 years shall pay \$29.00

Graduates of

30 to 35 years shall pay \$22.00

Graduates of 35

years or more shall pay \$15.00

Graduates of the years previous to 1900 shall automatically become life members.

Payment of life-membership dues shall be completed within one calendar year. Life-membership dues cannot be refunded to any member or to the family of any deceased member.

Proposed By-Law

Section 3. Regular Members may pay their dues on a life-membership basis which is as follows:

Graduates of

0 to 5 years shall pay \$65.00

Graduates of

5 to 10 years shall pay \$57.00

Graduates of

10 to 15 years shall pay \$50.00

Graduates of

15 to 20 years shall pay \$43.00

Graduates of

20 to 25 years shall pay \$36.00

Graduates of

25 to 30 years shall pay \$29.00

Graduates of

30 to 35 years shall pay \$22.00

Graduates of 35

years or more shall pay \$15.00

Graduates of the years previous to 1900 shall automatically become life members.

Payment of life-membership dues shall be completed within one calendar

year. Life-membership dues cannot be refunded to any member or to the family of any deceased member.

Present By-Law

Section 4. Tentative Members pay dues pending transference to Active Membership. These dues to be held by the treasurer until requirements for Active Membership are complete.

Proposed By-Law

Section 4. Delete

Present By-Law

Section 5. Honoray Members pay no dues.

Proposed By-Law

Section 5. Delete

Present By-Law

Section 6. (a) Members failing to pay dues before March 15th shall be notified at once by the treasurer and those not paying before the next annual meeting shall forfeit their rights of membership and their names shall be taken from the roll.

Proposed By-Law

Section 6 shall become Section 4.

(a) Members failing to pay their dues before February 15th shall be notified at once by the treasurer and their names removed from the mailing lists. Those who have not paid their dues before June 15th shall forfeit their rights of membership and their names removed from the roll.

Present By-Law

(b) Reinstatement shall be by action of the Board of Directors and payment of reinstatement fee of three dollars.

Proposed By-Law

(b) No change

Present By-Law

(c) Dues paid by new members admitted at the October, November, or December meetings shall include membership for the remainder of that year as well as for the full calendar year following. This ruling shall not apply to reinstatements.

Proposed By-Law

(c) Dues paid by new members admitted at the October or December meetings, shall include membership for the remainder of that year as well as for the full calendar year following. This ruling shall not apply to reinstatements.

Present By-Law

(d) Dues received by the Alumnae Association after January 31, shall be paid monthly to the First District, Illinois State Nurses' Association during each year.

Proposed By-Law

(d) Delete

The Editor wishes to state that the article entitled "Nursing for the Future", by Miss Madeleine McConnell, which appeared on page 2 of the October issue of "The Alumnae" was quoted from Dr. Esther Lucile Brown's book "Nursing for the Future", pages 73 and 74.

The Psychosomatic Approach in the Nursing Care of the Patient

The emotional plight of the anxious and fearful hospital patient, obsessed with doubts of his own and his family's security has been overshadowed the last few decades by the increasing and absorbing interest in clinical medicine and research. To many doctors and to many nurses who work with them and are influenced by the philosophy and attitude of these doctors, the outstanding interest is the clinical symptom and the resultant diagnosis. The increasing complexity of medical investigation with its countless clinical and laboratory procedures has often

consumed the interest and energy of the doctor to the point where the patient as a person has been ignored. In the search for scientific knowledge it has been easier to merely think of the hypertensive patient in bed No. 10 instead of thinking of Mr. G., who is forty years old, has a wife who works for a small weekly salary in a clothing manufacturing house to support their family of four children, shows the physical symptoms of limitation of motion, headaches and blurred vision, the psychological distress of not being able to provide for his family as a bread-

winner, and is extremely worried about the future security for himself and his family. Beyond the impersonal sphere of studying his clinical symptoms and observing their response to therapy, the plan of care for Mr. G. should include the psychological, social and economic aspects as well as the physical aspects of Mr. G's problems. As Francis Peabody says in his book, **Doctor and Patient**, "What is spoken of as a clinical picture is not just a photograph of a man sick in bed; it is an impressionistic painting of the patient surrounded by his home, his work, his relatives, his friends, his joys, sorrows, hopes and fears."

The way to health is through understanding the total reaction of the patient to his environment. The psychosomatic approach in the nursing care of a patient is largely dedicated to a sympathetic understanding of the patient's personality and situation as presented at the time, as conditioned by his heredity, childhood experiences, environment and familial relationships, and to understand how this personality is related to his illness. Modern medicine recognizes the significance of psychologic factors in the causation of disease and their influence on the course of an illness. It is not the purpose of this paper to dwell on the underlying principles of psychosomatic medicine and to explain the physiological effect of emotional factors, the basis of diagnosis and the forms of treatment. This lies within the province of the physician. However, a brief description of psychosomatic medicine at this time may serve to define this new and rapidly growing branch of medicine and to dispel many misconceptions that, as around any new method or therapy, grow up from misunderstanding or incomplete knowledge of the basic structure of this new approach.

Sometimes patients present symptoms or syndromes suggestive of disturbance of some organ without the presence of any organic change. The symptoms may be so suggestive that they convince the patient that he is suffering from some organic disease; he may have indigestion with abdominal pain, or pain over the precordium similar to the pain in coronary disease. Symptoms of this kind may be referred to any organ known to the pa-

tient. In all these cases the most careful examination fails to reveal objective evidence of organic disease. The patient's disorder is then considered functional. In functional disorders the organs to which the symptoms are referred are anatomically normal. However, functional disorders cover two concepts: disordered function, and disordered sensation of normal function. The former is more closely related to organic medicine; the latter to psychopathology, and for this field of medicine the term "psychosomatic" has been coined to indicate the close relation between the soul (psycho) and the body (somo). Neither of them can be ignored as nuisances or something beyond the pale of clinical medicine. On the contrary, both require the most careful study and individual treatment, and psychosomatic medicine is developing to a most important border field between psychiatry and clinical medicine.

The greatest pitfall in diagnosis is the fact that patients with functional complaints are not protected against organic diseases. Thus it is very embarrassing if a patient who has for years been treated for "nervous indigestion" one day presents unmistakable signs of inoperable cancer, the early stages of which were masked by what appeared to be functional complaints. Every patient with functional complaints must be checked from time to time. His story must be heard again and again in case he has developed some new symptoms which may be significant. Periodic physical examinations must guard against the insidious development of some organic change.

The etiology of functional disorders must be divided into the predisposing and the precipitating factors. The predisposing factors are probably the more important and is determined both by constitutional predisposition and by childhood environment. Children born to high-strung and emotionally immature parents are themselves likely to be high strung and emotionally unstable, while children of parents with even tempers are unlikely to develop such traits. In some other cases the manifestations are precipitated by acute emotional crises and at other times the complaints develop as the result of long-continued but less dra-

matic emotional trauma. Economic or domestic worries continued through months and years may eventually result in the appearance of functional disorders. It is curious that emotional troubles should thus result in the appearance of functional disorders.

In the general human emotions, those which seem most apt to lead to conflict and finally cause a symptom complex of disease are: resentment, hatred, dissatisfaction, guilt, insecurity or inferiority. These cases usually can be readily recognized by the patient as being in operation to a greater or lesser extent, and therefore, possibly an etiologic factor in his complaint. In addition to, or in place of, expressing himself verbally or through his actions, the patient may reveal his feelings by actual alterations in bodily functions. In everyday life we see many examples of such interrelationships; for example, shaking with fear, blushing with embarrassment or palpitation with excitement. When the emotions involved are more intense and cannot find a satisfactory outlet, the body may then resort to a symbolic kind of expression or so-called "organic language." As may be expected, the attempt to use an organ to express an emotion or attitude interferes with the organ's normal functioning. A plausible theory to explain structural injury in psychic disturbances is that the exaggeration of a normal function in a constitutionally predisposed person will create fixation of the exaggerated function to the point where somatic changes occur.

How does the physician recognize that a given symptom is generated by organic diseases or by conflict? Obviously, there is no hard and fast rule but there are certain patterns of symptoms and observations that can be made which makes one suspect that there may be a large emotional factor in the complaints of the individual. The frequent sighing respiration can be quickly noted—the cold, mottled clammy hands can also be observed. A headache which is described as a band around the head or as having arisen in the neck and spreads over the head and way out over the shoulders is usually due to tension, the precordial pains which are short and stabbing and fleeting are usually not caused by heart disease. The "indigestion" which

is of no definite pattern is probably not due to organic disease although in this department it is more difficult to be quickly certain of the cause. And lastly, the chronic fatigue which is worse in the morning and usually is less by the end of the day is rather obviously not caused by organic disease.

What is the role of the doctor in treating these psychosomatic complaints? And here we are speaking of the doctor of internal medicine who has hordes of patients visiting his office who tell him of a variety of vague or painful complaints that nevertheless are very real and distressing to the patient. The approach of this doctor to the problem of psychosomatic disorder is of necessity different from that of the psycho-therapist or the analyst. The internist's orientation is more diffuse by definition, and, therefore, there may be considerable time wasted by the doctor in discovering the nature of the disorder. Also a major problem is that of enabling the patient to recognize the genesis of his symptoms. Occasionally the doctor will find a patient all ready to attribute his symptoms to psychic conflicts but far more often there is a great unconscious and conscious resistance to considering such a possibility. Two case studies taken from the records of a doctor of internal medicine who has been practising for twenty years may clarify some of these points.

Case History No. 1

This doctor saw Mrs. A. recently. He was called by her husband who said she was suffering from a terrible pain in her shoulder and was having difficulty breathing. In a few minutes he called again saying she was having a convulsion. When the doctor got to the house, the pulmotor squad was there along with the fire chief and a policeman or two. He went in and saw a woman lying in bed, head drawn back and breathing deeply and rapidly. After some sedation to the woman and assurance to the half-dozen well-doers in the room that she was not having a serious type of convulsion, the doctor got the woman to talk. She told him where she was having "excruciating" pain in her chest. He injected these trigger areas with novocaine and discussed with her briefly how she had finally worked herself into a convul-

sion—in other words, the “Hyperventilation Syndrome.” That evening the husband called this particular doctor and asked him to see his wife the next day. She had been under treatment for arthritis for a year because of aching in her fingers, across her shoulders, and something she described as an “empty feeling” in her knees. There was no evidence of any joint pathology. This doctor believed that if there had been an active rheumatoid arthritis for a year there would be some evidence of swelling and deformity of the joints. With the previous day’s performance and no evidence of active arthritis, he questioned her about life in general. She and her husband and three children were getting along all right except that she could never get caught up with her housework or her outside work that had something to do with genealogies. She talked about her childhood and how guilty she felt because she hated her mother. Her mother had come to live with her six months ago. She told of the humiliation she had had because she had no graduation dress for high school. Her mother wouldn’t let her have one although she was earning some money. There was much else in her past which pointed to the hostility of her mother towards her. The doctor tried to reassure the patient that there was nothing pathologic or perverted about hating a parent. Some parents have earned hatred. This doctor believed that most—if not all—of her pains were due to tension—holding on to herself made her hands ache and bracing herself against her mother made her neck and shoulders ache. The intolerable load of guilt made her knees feel like buckling under her. At the end of this visit the patient felt that she had a clearer insight into her problems and expressed the feeling that she could begin to cope with them.

In the records of this doctor were also reports of cases where he mistook at first a symptom complex as being pathological when serious organic disease was the actual cause. An outstanding, dramatic and tragic report follows:

Case Study No. 2

Mrs. T. complained of pains and headache. She stated that her husband was impotent, that their only common

pleasure was golf. Lately she would lose her temper on the golf course, swear like a trouser and develop a headache. This doctor told her that he thought her trouble was due to the conflict over her unsatisfactory marriage. The doctor received a telephone call from a nearby city one morning saying that Mrs. T. was coming right in with a terrific headache. He was in his office when the door was violently thrown open and an apparently hysterical woman rushed in, crying and holding her head. The doctor could find no changes in her physical condition although examination was difficult. He learned from her husband that the headache started three days before following a golf game at a popular resort with another couple, business friends of her husband whom the wife did not particularly care for. The doctor discussed with the husband what he thought was the source of the wife’s headache. The husband was quite ready to cooperate and talked freely of their marital problem. Heavy sedation did not relieve the headache and the doctor decided hospitalization should be done for a double check. A spinal tap revealed increased pressure and at operation a brain tumor was found. Two weeks later the patient was dead.

These two reports show both sides of the picture. The fact is that doctors can make mistakes either way—treating a functional disease as an organic one, or labeling a case of organic disease as functional. One error makes the doctor very wary of labeling any disorder psychosomatic, especially since in every case one can find some elements of anxiety. Because of possible error, even greater care must be taken in the history and physical examinations and such supplementary tests as seem indicated, both to prevent grievous error and to carry conviction in one’s statement to the patient that there is no disorder present which can be treated by pill or knife. Often there are cases of patients whose symptoms seem to be obviously psychosomatic, yet the doctor is unable to uncover any factors that he can convert into tools for therapy. These cases are the real challenge to the conscientious doctor.

From the above review of psychosomatic medicine, it can be readily

seen that the outstanding qualities for a doctor engaged in this type of medicine must be those of infinite patience, sympathetic objectivity, thorough grounding in his field of medical knowledge, a genuine liking for people and an understanding of human behavior. He must be a willing and apparently unhurried "listening post" even though his waiting room is crowded with patients, a skilled detective in the placement of his questions and an adroit director in indirect suggestions for future modes of action, doing this in such a way that the patient often thinks of the solution for his own problems himself. It is well known in everyone's experience what a relief and a release it is to talk over one's problems with a sympathetic friend. In psychosomatic medicine, as well as in all other fields of medicine, the doctor is the friend who considers his patient as a person and an individual that has physical discomfort and through his skill, knowledge and understanding is able to evaluate the symptoms and institute the indicated clinical investigation and subsequent therapy.

The qualities described above, as essential for a doctor in clinical and psychosomatic medicine, are no less essential for the nurse who is in essence the keystone in the doctor-nurse-patient relationship. Possession and development of these qualities in the nurse is the underlying principle in the psychosomatic approach in the nursing care of a patient. With these characteristics an integral part of the personality of the nurse she then has the capacity to be aware of and to understand the total situation of which the patient is the center. She, by her close contact with the patient, can be an invaluable

aid to the doctor in deriving knowledge during her bedside care of what has contributed to the development of the total personality of her patient and can understand how the patient's personality is related to his illness. Her report to the doctor will include the emotional manifestations she has observed that may be component parts of the illness and, with proper management by doctor and nurse, can dispel apprehension and at time hasten recovery. The nurse will recognize home problems and contact the social service department or Visiting Nurse Association in an attempt to assuage, if not control, distressing economic, familiar and situational factors that may play a major role in the patient's illness. The team of nurse and doctor can furthermore teach the family to understand the needs of the patient and thus add a valuable contribution to the therapy of the patient.

The psychosomatic approach in nursing, in conclusion, is the philosophy the nurse will develop and the direction she will take in planning and executing her nursing care by perceiving and understanding the picture of the total situation that surrounds and contributes to the personality of her patient. Her patient will be an individual who has physical symptoms of distress or discomfort—he will not be the mere receptacle of the symptom displayed. In such an environment of sympathy, gentleness, patience and understanding the patient will truly receive intelligent nursing care of the spirit as well as of the body.

Constance Amesbury
Medical Supervisor
St. Luke's Hospital

PHARMACOLOGY DIGEST

By Louis Gdalmán

ALIDASE Enzyme

Description: Brand of hyaluronidase

Action and Uses. This enzyme hydrolyzes the gel or "cement substance" (hyaluronic acid) of connective tissue and thus increases the rate of absorption of fluids given subcutaneously, including saline, saline in glucose, Hartman's and Ringer's solutions, and plasma. Also effective in increasing the absorption of drugs in solutions including penicillin, streptomycin, adrenalin and procaine.

Administration: Subcutaneously, in the same syringe when small amounts of fluid are to be injected; with large quantities, as in hypodermoclyses, the

usual dose is 250 viscosity units injected through the wall of the rubber tube near the hypodermoclysis needle after the first few cc of the fluid has been given.

Supply: Alidase—Serum type ampul containing 250 viscosity units with sufficient sodium chloride added so that when dissolved in 1 cc of U.S.P. sterile distilled water, an isotonic solution results.

ARTANE TRIHEXYPHENIDYL Antispasmodic

Chemical Name: 3-(1-piperidyl)-1-phenyl-cyclohexyl-1-propanol MC1.

Description: Each tablet contains 2 mg. or 5 mg.

Action and Uses: This organic compound possesses antispasmodic properties. Improves involuntary tremor of the extremities and spasticity of the muscles, and ability to achieve coordination of the muscular motions with relief of mental depression. For use in the syndrome known as parkinsonism, whether arteriosclerotic or postencephalitic in origin.

Administration: Orally, 2 mg. 3 times daily with meals; if a fourth dose is required, it may be given at bedtime. Therapy must be instituted gradually to an effective dose. Many patients derive maximum benefit from a total of 6 to 10 mgm daily. A considerable number, chiefly those in the postencephalitic group, may require a total of 12 to 15 mgm. daily.

Caution: Blurring of the vision may occur and usually lasts for only short periods; when nausea or blurred vision occurs, the drug should be discontinued temporarily for several days and then resumed at a lower level.

Supply: Artane Trihexyphenidyl—Tablets, scored 2 mg, 5 mg.

BENZEDREX Nasal Decongestant

A nasal inhaler containing 1-cyclohexyl-2-methylaminopropane. Provides rapid, complete and prolonged shrinkage of nasal mucosa without central nervous stimulation. For use in the relief of nasal congestion due to colds, hay fever and sinusitis.

Administration: By nasal inhalation as needed (once an hour is usually sufficient).

Supply: Benzedrex—Inhaler—single plastic tubes.

CARMETHOSE Gastric, antacid, demulcent

Description: Each tablet contains a combination of 225 mg sodium carboxymethylcellulose and 75 mg magnesium oxide; small, easily swallowed tablets that are tasteless.

Action and use: Reduce gastric acidity and provides a tenacious mucin like coating of the mucosa and ulcer crater. It gives prompt and prolonged relief of the ulcer symptoms with no adverse effects on the system. It will not cause constipation or diarrhea. There is no secondary hyperacidity. There is no effect on the electrolyte and acid-base balance. For use in reducing hyperacidity and promoting the healing of peptic ulcers.

Administration: Orally, 2 to 4 tablets 4 to 6 times daily, spaced between meals to coincide with the supposed peak of gastric acidity. The tablets should be taken with a glass of water or milk and should not be chewed.

Supply: Carmethose—Tablets—Bottles of 100.

(To be continued)

A young ruffian was brought in from a street fight pretty well banged up. His hands were a bloody mess. As the doctor looked him over, the lad anxiously asked; "Do you think I'll have full use of my hands again, Doc?"

"Certainly."

"Do you think I'll be able to play the piano?"

"No doubt about it."

"Gee, thanks, Doc, I never could before."

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